



**HAPPY BIRTHDAY!**

*Kol HaNeshamah*

*Celebrating 20 Years as a Sacred Community*



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**This Week at KH...**

**Shabbat Services**

<b>Shabbat</b>	<b>Fri. 01/19</b>	<b>Candle lighting</b>	<b>4:39 pm</b>
	<b>Sat. 01/20</b>	<b>Shaharit BO</b>	<b>9:45 am</b>
		<b>Shabbat ends</b>	<b>5:41 pm</b>
<b>Shabbat morning services take place at St Pauls, 113 Engle St, Englewood. Children's services start at 10:45 a.m.</b>			

**UPCOMING KH EVENTS**

**w Kabbalat Shabbat and Potluck Dinner: Friday night, January 19, 6:30 p.m. at the home of Miriam and Bruce Pomeranz. The meal as usual will be dairy. Those who maintain kosher kitchens are invited to bring homemade dishes. All other food and beverages must be purchased either from providers under RCBC supervision or packaged with an appropriate Hecksher. To RSVP, get**

directions, or volunteer to bring food, beverages or paper goods, contact [Steve Haber](#).

⚡ This Shabbat, January 20, Please join us in welcoming guest rabbi Mia Simring. Rabbi Simring is a JTS-ordained rabbi living in her native New York City, raising two fourth-generation New Yorkers with her husband Jimmy. Her professional life has focused on loss and illness, and she is also a fellow with Immerse NYC, where she has worked with women struggling to conceive and helped to translate and create rituals for everyday milestones.

⚡ Volunteers needed to prepare and serve dinner for the Family Promise Shelter at St Anastasia's RC Church, 1095 Teaneck Rd, Teaneck. Volunteers will cook food at home and serve it to shelter residents. Sunday January 21—arrive by 5:00 pm—families will arrive around 5:30pm and dinner is served by 6:00. Evening hospitality will end around 7:30pm. Wednesday January 24—arrive by 6:00 pm—families will arrive around 6:30pm. Dinner is served by 7pm and evening hospitality ends around 8 pm. To sign up, email Gigi Brown at [gigiwb@aol.com](mailto:gigiwb@aol.com).

⚡ The Sixth Annual KH Progressive Dinner. Saturday night, January 27, 2018 7:00 p.m. Join us for a moveable feast as we dine on gourmet cuisine in gracious host homes in support of the KH community. Couvert \$136 per person. Sponsorships: \$360. RSVP by January 15 to [rsvp@KHNJ.org](mailto:rsvp@KHNJ.org).\*

⚡ Torah Yoga: Kol HaNeshamah and Freedom Within Yoga collaborate to bring a 4 week series of Torah Inspired Yoga beginning Jan 31 Tu'Bishvat (also a Blue Moon). Location: Freedom Within Yoga Studio located at 211 Chadwick Ave., Teaneck NJ. Wednesday evenings 8:15 pm on 1/31, 2/7, 2/14 & 2/21. The cost for the four sessions is \$80. Half of all proceeds will go to Kol HaNeshamah. RSVP by email to [RSVP@KHNJ.org](mailto:RSVP@KHNJ.org) no later than Friday January 26. (Checks should be made out to Kol HaNeshamah and mailed to PO Box 8002, Englewood, NJ 07631.)

⚡ Purim Wednesday, February 28. Megillah reading 7:00 p.m. followed by a KH Talent showcase. If you have a talent and want to participate, contact Steve Haber at [shaber85@verizon.net](mailto:shaber85@verizon.net) to sign up by Friday, Feb 23.

⚡ KH Book Club: The next book discussion will be on Sunday, Feb. 25 at 10:30 am at the home of Alice Twombly. We will discuss *Rashi's Daughter, Book 1: Yocheved*, by Maggie Anton. Please reply to [rsvp@khnj.org](mailto:rsvp@khnj.org) by Sunday, Feb 18.

**⚡ Cabaret Night! Saturday Night, March 3, 7:30 p.m. Cabaret Night with the Tiger Lilies, Princeton University's premier all female a cappella singers featuring KH's own Melanie Berman. Cover \$60 per person includes wine tasting, food, entertainment and fun!**

**⚡ Special Pre-Pesach Program, Tuesday, March 13, 7:30 p.m. Join Dr. Murray Spiegel for a presentation on 300 ways to create an unforgettable Seder. Details to follow.**

**⚡ Save The Date! Celebrate Israel Parade "70 and Sababa!" June 3, 2018. For the first time ever, KH is sending a delegation to the Celebrate Israel parade. To help prepare for the event, our shul is sponsoring a contest to design the commemorative T-shirt to be worn by our delegation in the parade. Details for the contest and parade to follow soon!**

**Divrei Torah:**

**If you would like to sign up to give a dvar, send an email to Toby Reifman at [tobyreifman@gmail.com](mailto:tobyreifman@gmail.com)**

**Kiddushim**

**⚡ February 3: The Haber family will sponsor a kiddush lunch in honor of Steve's birthday.**

**If you would like to sponsor or co-sponsor a kiddush in honor of a birthday, yahrzeit or any special occasion, send an e-mail to [kiddush@khnj.org](mailto:kiddush@khnj.org).**

## KH News

🕒 **New! KH Kosher Dessert Cookbook!** In honor of our 20<sup>th</sup> year we are creating a custom cookbook featuring favorite dessert recipes from our members. We are looking for your tastiest recipes from the following categories: Dairy—Pareve—Gluten Free—Holiday—“Light”

The cookbook will be professionally published and we are using the Morris Press Cookbook’s website to make it very easy to submit your recipes. If you do not want to use the website, you can submit hard copies of your recipes directly to Lucy Katzen. It is our hope that EVERY family will participate and submit at *least* 1 recipe—and more are certainly welcome! (We are required to list 50 *different* contributors so feel free to attribute the recipe to a family member who especially loves it!) We are also looking for short personal reflections—about your recipes or about desserts in general. These should be submitted directly to Lucy. The cookbook will also need a name—suggestions are invited! **Deadline for submissions is January 31. Please contact Lucy Katzen at [katzens@ptd.net](mailto:katzens@ptd.net) for more information.**

### To Submit Recipes Online:

- Go to [www.typensave.com](http://www.typensave.com) and click ‘Login.’
- Enter the User Name: khcooks
- Enter the password: (carrot700) and click ‘Submit.’
- Enter your name and click ‘Continue.’
- Click ‘Add Recipes’ to begin adding your recipes.

🕒 **Food Drive: The Center for Food Action in Englewood needs the following items:** Canned Meat (tuna, chicken, etc.), Canned Hearty Soups, Canned Vegetables, Macaroni & Cheese, Peanut Butter & Jelly, Tomato Sauce, Cold Cereal (low sugar) and Oatmeal, Powdered Milk and/or Boxed Milk, such as Parmalat, Canned Fruits, Instant Potatoes, 100% Juice, Baby Formula & Diapers sizes 4, 5 & 6, Bar or Bottled Soap, Toothpaste, Toothbrush & Dental Floss. Please bring any items to the food donation box in the KH davening space.

🕒 **Yahrzeits: Kol HaNeshamah remembers the following members of our greater community whose yahrzeits occur during the Hebrew month of Shevat:**

Herbet Cohen remembered by Susan Cohen DeStefano

Mollie David remembered by David Katzen

Ester Deroff remembered by June Kaplan

George Gorog remembered by Gigi Brown

Sandi Lesser remembered by Eric Lesser

Marlon Liberman Fishbein remembered by Toby Reifman

Sol Lieberman remembered by Sharon Morganstern

Jane Maier remembered by Bruce Maier

Kokab Dahlia Rastegar remembered by Farah Farhadian

Abraham Stone remembered by Barbara Soffer

### **SIMCHA CORNER**

**Congratulations to Barry Kaplan on the publication of his new book *The Power of Vulnerability: How to Create a Team of Leaders by Shifting INward*. The book reveals our counter-intuitive approach to unlocking potential and maximizing performance. Mazal tov!**

**If you have a simcha you would like to share with the community, please send information to Steve Haber.**

### **KH PROJECTS**

**Chumashim: Dedicate an Etz Hayim book of Torah and Commentary in memory of a loved one or in honor of a simcha. Just send your donation of \$72 to Kol HaNeshamah, PO Box 8002, Englewood, NJ 07631. Please indicate on your check that the donation is for the Chumashim Project. Your name, as donor, and the name of your loved one or honoree will be inscribed in a new volume.**

⚡ **KH Scrip**-- You can buy scrip cards at any time, or set up a monthly easy pre-payment plan. Shop at **ShopRite, Stop & Shop & Peapod (online shopping & delivery)**. **5% of all purchases go to KH!** To order scrip, contact Ellen Kaplan at [info@KHNJ.org](mailto:info@KHNJ.org).

⚡ **KH Chesed Cards:** Chesed cards are a meaningful way to send congratulation notes or sympathy messages to friends and family and help support KH at the same time. To purchase, contact Ellen Kaplan at [EKaplan01@aol.com](mailto:EKaplan01@aol.com) or 201—816—8794 or Fran Spiegel at [Swah2u@gmail.com](mailto:Swah2u@gmail.com) or 201—207—3565.

⚡ **Mi Sheberach List:** If you know of someone in need of our prayers and thoughts, please email [Rebecca Ivry](mailto:RebeccaIvry) with that person's name in English and Hebrew. If you had given a name which you wish to remove, please email that information as well.

⚡ **Memorial Board:** KH maintains a Memorial Board as a way to honor the memory of our loved ones. Plaques are available. For more information, please contact [Gigi Brown](mailto:gigiwb@aol.com) at [gigiwb@aol.com](mailto:gigiwb@aol.com).

### **Tikkun Olam Opportunities/Community Announcements**

⚡ **Jewish Federation invites you to participate in Super Sunday, our largest community telethon, on January 28 by volunteering, donating or 'answering the call'. You can do this all online at: [www.jfnnj.org/supersunday](http://www.jfnnj.org/supersunday) or contact Laurie Siegel at: 201-820-3956 or email [Lauries@jfnnj.org](mailto:Lauries@jfnnj.org).**

⚡ **Birthright: If you are between the ages of 18 and 26, now is the time to plan your free summer adventure with Birthright or Israel Outdoor Adventures. For information, dates and registration, go to <https://www.birthrightisrael.com/countries>**

⚡ **The Hebrew Home at Riverdale is accepting applications for their L'Dor V'Dor Summer Internship, an innovative, fun and meaningful four week program for Jewish teenagers. Interns volunteer at the Hebrew Home, connect with residents, and attend educational seminars & workshops. To request an application or for more information email: [LDorVDor@hebrewhome.org](mailto:LDorVDor@hebrewhome.org)**

⚡ **Onward Israel 2018: Spend summer 2018 living and working in the center of Tel Aviv! Build your resume • Experience Israel June 6 - July 31, 2018. Apply Today. [www.onwardisrael.org/nnj](http://www.onwardisrael.org/nnj) Deadline - March 15, 2018. \$500 Cost includes housing, food stipend and program costs. Participants are responsible for**

arranging their own flights. Accommodations, modern building in the heart of Tel Aviv. Live with Onward Israel participants from across the US. Open to students, ages 19-27, from northern New Jersey. For more information, please contact Ethan Behling | [ethanb@jfnj.org](mailto:ethanb@jfnj.org) | 201-820-3955

**Mailing Address**

**PO Box 8002**

**Englewood, New Jersey 07631**

**Telephone:**

**(201) 816-1611**

**[www.KHNJ.org](http://www.KHNJ.org)**