

# WESTCHESTER TRAILS ASSOC.

## **SPRING HIKING SCHEDULE APRIL, MAY and JUNE, 2022**

## **Covid-19 Policy**

## You must be vaccinated in order to participate in WTA outings and events.

Hikers must have their own Personal Protective Equipment (PPE) with them at all times. This includes a mask or other face covering, which should be worn in crowded areas and when indoors or sharing vehicles. Those who are not from the same household should maintain at least 6' of social distance.

For the safety of all concerned, anyone who answers "yes" to any of these questions cannot be allowed on the hike:

- 1. Do you currently have any symptoms of a respiratory infection (including cough, fever, sore throat, shortness of breath, or loss of taste/smell)?
  - 2. Have you had any of the above symptoms in the past 10 days?
  - 3. Have you tested positive for COVID-19 in the past 10 days?
- 4. As far as you know, have you had contact with any confirmed or suspect COVID-19 case within the last 10 days?
  - 5. Have you traveled outside of the U.S. in the last 10 days?



Hiking boots and sufficient water (1-2 liters) are required on all hikes. A trail lunch should be carried unless otherwise noted. Hikers with improper footwear, without enough water, or who are otherwise unprepared, may be refused or turned back by the leader. In fairness to yourself and others, please be honest about your hiking experience and choose a hike within your abilities. Check with the leader if you have any questions about pace, terrain, or any other aspect of the hike.

Ratings are based on terrain (mileage is stated separately in the description). An "easy" hike is one with relatively flat terrain. A "moderate" hike has steeper grades, possibly going up and down all day, and may involve some bushwhacking or short rock scrambles (like much of Harriman Park). A "strenuous" hike has steep ascents, often with rough or difficult terrain on much of the hike (like most Schunemunk trails, Breakneck Ridge, etc.). These ratings apply during good weather; bad weather may lead to poor footing and increase a hike's difficulty.

Carpooling arrangements are entirely voluntary and entail no obligation on the part of the drivers. Passengers should reimburse the driver for a share of the expenses. We suggest that you multiply the miles driven round trip (to and from the trailhead) by  $30\phi$  per mile, add tolls and parking fees if applicable, and divide the total by the number of people in the car (including the driver). You may wish to round these amounts up or down to the nearest dollar, to make things easier.

#### Saturday, April 2 - TWO HIKES TODAY:

Saturday, April 2 - **Garrison Metro North to Sugar Loaf**. 5-6 miles, moderate terrain. Join the leader in a moderate hike from the Garrison Metro North station to Sugar Loaf and possibly beyond. There is an elevation gain of at least 750 feet (hence the "moderate" designation) and a sweeping view from the top. Bring a lunch and 1.5 liters of water; hiking poles are recommended. Hikers must

be vaccinated and follow Covid policy. Leader Steve Klepner, (845) 297-7066, <a href="mailto:spk010@yahoo.com">spk010@yahoo.com</a>. Email preferred with 'hike' in the subject line. *Joint with ADK Mohican*.

Saturday, April 2 - **Georges Island/Montrose State Forest**. 5 miles, easy to moderate terrain. Woods, water, some ups and downs and a bit of history. Hikers must be vaccinated and follow Covid policy. Leader: Debbie Farrell, debfarpr@gmail.com or (914) 282-9942. *Joint with ADK Mohican*.

## Sunday, April 3 - TWO HIKES TODAY:

Sunday, April 3 - Hudson Highlands/Bull Hill Full Loop via Washburn Trail. 5-6 miles, moderate to strenuous terrain. The hike starts near Little Stony Point with an ascent of the Washburn Trail, a persistent 50 minute climb past an abandoned quarry and intermittent vistas overlooking the Hudson River. After reaching the summit, we'll follow the Notch, Brook and Cornish trails, which are mostly flat or downhill (but with notable exceptions). Lunch break at the Cornish ruins if we're on a quick pace, otherwise en route beforehand. Hikers must be vaccinated and follow Covid policy. Leader: Hank Zupnick, hank.zupnick@gmail.com.

<u>Sunday, April 3</u> - **Muscoot Farm**. 4-5 miles, easy to moderate terrain. Nice hike on the first weekend of the Spring lineup. A little steep at the beginning and easy to moderate (mostly farmland) for the rest of the way. Stone walls abound (there's a stone wall song we can sing along the way...short and sweet). Relaxed pace. Hikers must be vaccinated and follow Covid policy. Leader: Art Almeida, (914) 319-4701 or <a href="mailto:arta@croton10520.com">arta@croton10520.com</a>. Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 58).

## Saturday, April 9 - TWO HIKES TODAY:

Saturday, April 9 - **West and Bear Mountains**. 8-9 miles, moderate to strenuous terrain. This loop hike in Harriman State Park is quite challenging - the only reason it doesn't have a strictly "strenuous" designation is that we get to walk along pretty Hessian Lake before tackling the second summit. Starting from the parking area on Seven Lakes Drive, we'll climb West Mountain on the A.T., descend on the S-BM to Hessian Lake, then ascend again to Bear Mountain on the Major Welch Trail before heading down to our cars on the A.T. We will have almost constant views and some scrambling, especially on the Major Welch Trail. Hikers must be vaccinated and follow Covid policy. Leader: Kevin McGahren, kmcgc@optonline.net or (914) 772-0600. *Joint with ADK Mohican*.

<u>Saturday, April 9</u> - **Butler Sanctuary**. 3-4 miles, easy to moderate terrain. We start on the Orange trail with large ferns lining our path and then proceed to the Red trail around the perimeter of the park to the Hawk watch where will have lunch before returning to the cars. Along the way there are some ups and downs, we will walk through Evergreen and White Pine forests, some small stream crossings and beautiful glacial rock formations. Hikers must be vaccinated and follow Covid policy, Leader: Carol Pamm, <u>CarolJoyce2@aol.com</u> or (646) 346-0371. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 49).* 

<u>Sunday, April 10</u> - **Within the County: Mt. Vernon to Harrison. Part 3: The Eastern Side of Greenburgh**. 6-7 miles, easy terrain. This hike, alternately titled "if at first you don't succeed...", is on the schedule again after having been cancelled twice due to adverse weather conditions. Let's hope the third time's the charm. Using trails with a few hills in several preserves, plus a bike path and local streets, we start with a short loop through Ridge Road Park in Hartsdale and continue into Harts Brook Preserve where we'll hike around the perimeter of this former estate. Then we head over to the newest portion of the Bronx River Pathway (the "missing link" between Hartsdale and Scarsdale) and walk south towards Scarsdale. Leaving the Pathway, we'll pass Crane's Pond, ascend to the Greenburgh

Nature Center, and amble around the trails in that small but lovely preserve. This hike involves a short shuttle. Hikers must be vaccinated and follow Covid policy. Leader: Eileen West, <a href="mailto:eileenw1000@gmail.com">eileenw1000@gmail.com</a>. Rain cancels. Joint with ADK Mohican. Qualifies for the Westchester 100 (Nos. 5 and 69 (if done with Part 5 of this series)).

## Saturday, April 16 - TWO HIKES TODAY:

<u>Saturday, April 16</u> - **Bald Mountain, Timp, and Doodletown**. 6-7 miles, moderately strenuous terrain. This hike is steep and rocky with most of the climbing before lunch. We will take the Cornell Mine and RD trails to Bald Mountain for great views, and then continue to the Timp, with more great views. After lunch we descend to Timp Pass, and access the 1777E. Hikers must be vaccinated and follow Covid policy. Leader: Catharine Raffaele, <u>catharineraffaele@gmail.com</u>. *Joint with ADK Mohican*.

Saturday, April 16 - Twin Lakes/Nature Study Woods (Eastchester to New Rochelle loop). 4.6 miles, easy terrain. Enjoy shady woodlands, waterfalls and a walk around Twin Lakes. This is a circular hike with gentle ups and downs. While it is a mostly smooth hike, stretches on the Nature Study path can be rocky. The entrance to the parking area is at 960 California Road, at the Twin Lakes Farm Stable northern entrance. Park in the lot to the left, available to hikers. There is also street parking off California Road. Hikers must be vaccinated and follow Covid policy. Rain cancels. Leader: Lynn McBride, almcb@aol.com or (914)439-0879. Qualifies for the Westchester 100 (No. 43).

Sunday, April 17 - Trails Less Traveled: in the scenic Red Wing Conservation Area, Billings, NY. 5 miles, easy to moderate terrain. Never heard of Billings? It's little more than a widening of Route 82 near Hopewell Junction. It's also home to a private park with civilized, easy walking, well-marked trails, a viewpoint and plenty of scenery. There are three connected loops, each 2+ miles long and we'll do two of the three, mostly easy but definitely some moderate climbing too. Unfortunately, the maps of the park are at best rudimentary, so please bring your sense of adventure and discovery. Directions: use 2332 Route 82, Billings, NY 12510 as the address and park across the street (on the shoulder of Route 82). Hikers must be vaccinated and follow Covid policy. Leader: Howard Millman, isayso@runbox.com. Cell on the day of the hike only: (914) 439-8031. *Joint with ADK Mohican*.

## Saturday, April 23 - TWO HIKES TODAY:

<u>Saturday, April 23</u> - **Minnewaska State Park**. 8-9 miles, moderate terrain. This hike to Hamilton Point will be mostly on carriage roads with an option for some trail hiking. Expect over 1000' of elevation gain and great views from the cliffs. Hikers must be vaccinated and follow Covid policy. To register contact leader Janice Miller at <a href="madjan11@optonline.net"><u>madjan11@optonline.net</u></a> or (845)891-7434. *Joint with ADK Mohican*.

Saturday, April 23 - Birthday Hike on the OCA. 4-5 miles, easy terrain. What better way to celebrate Ellie Carren's 100<sup>th</sup> birthday than with an easy-paced hike on the Old Croton Aqueduct! We will meet at 11 AM on Dows Lane in Irvington near Memorial Park, head south to the Keepers House in Dobbs Ferry which is expected to be open on weekends and has a nature center and interesting exhibits, and then return to our starting point. Those who wish to shorten the hike can return to Memorial Park to wait for the rest of the hikers. You are welcome to bring your own lunch and celebrate Ellie's birthday with dessert (courtesy of her family, who will be coming from Colorado and will join us on the hike). If you can't attend this hike but still want to celebrate with Ellie, Cynthia Moro is organizing a similar OCA walk on Thursday, April 28 - contact Cynthia for details at <a href="mailto:cyntyn24@gmail.com">cyntyn24@gmail.com</a>. Directions: From U.S. Route 9 in Irvington, head west on Dows Lane; parking is available adjacent to Memorial Park on both sides of the street near the intersection where the OCA crosses the road. Hikers must

be vaccinated and follow Covid policy. Leader: Ellie Carren. No need to register; for questions, email Ellie at elliecarren@gmail.com. Joint with ADK Mohican.

<u>Sunday, April 24</u> - **Westmoreland Sanctuary**. 4-5 miles, easy to moderate terrain. This is an old favorite, with lots of wonderful stone walls and sweeping topography. There are a fair amount of ups and downs and some of those are long, but nothing we can't handle. Relaxed pace. Hikers must be vaccinated and follow Covid policy. Leader: Art Almeida, (914) 319-4701 or <a href="mailto:arta@croton10520.com">arta@croton10520.com</a>. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 65)*.

## Saturday, April 30 - TWO HIKES TODAY:

<u>Saturday, April 30</u> - **Hudson Highlands Circular**. 7 miles, moderate to strenuous terrain. We'll begin with an ascent of Breakneck Ridge on the new Green Trail, then continue along the ridge with multiple ups and downs and frequent Hudson views. Our return will be by way of the Wilkinson Trail with an ascent of Sugarloaf Mountain before descending to our cars. Hikers must be vaccinated and follow Covid policy. Leader: Kevin McGahren, <a href="mailto:kmcgc@optonline.net">kmcgc@optonline.net</a> or (914) 772-0600. *Joint with ADK Mohican*.

Saturday, April 30 - Hilltop Hanover Trails, Yorktown Heights. 3 miles, easy to moderate terrain. This is a short hike through shady woods, passing a vernal pond and rock cliffs, and ascending to a leafy hilltop. Meet in the trailhead parking area on Hanover Street, opposite Hilltop Hanover Farm (you can use 1260 Hannover St, Yorktown Heights for navigation). From the Taconic State Parkway, take the Millwood/Rt. 100 exit. At the traffic light at Rt. 100, turn right. Head north for 3.9 miles and then turn left onto Rt. 118. Take the first right turn onto Hanover St. and proceed 1.4 miles to the trailhead parking area on the right, across the road from the Farm. Bring water and a snack. Please register with the leader not later than Friday, April 29, before 5 PM. Hikers must be vaccinated and follow Covid policy. Leader: Barry Leibowitz, <a href="mailto:barry.leibowitz@gmail.com">barry.leibowitz@gmail.com</a> or (914) 774-5321. Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 6).

#### Sunday, May 1 - TWO HIKES TODAY:

Sunday, May 1 - Diltz Lane Exploration. 8 miles, moderate to strenuous terrain. Come check out this lesser used corner of Harriman State Park - the climbs/descents are moderate, but the condition of some of the trails can be difficult. We will start from the Diltz Lane parking area, follow the Tuxedo-Mt.Ivy and Suffern-Bear Mountain trails to see the views from Eagle Rock, Panther Mountain, and Hawk Cliff. Then we will explore the unmarked Pittsboro trails to see some abandoned cars and farms. We will return to the parking area on the flat power line cuts. Hikers must be vaccinated and follow Covid policy. Rain cancels. Please register with Lauren Linkowski at <a href="mailto:linkowski@gmail.com">linkowski@gmail.com</a> or (914) 907-6764. Joint with ADK Mohican.

Sunday, May 1 - **Brinton Brook Sanctuary, Croton on Hudson**. 4-5 miles, easy to moderate terrain. Another delight. Lots of ups and downs, some steep but nothing long. Extra Bonus: a wonderful vista. Some sections can be quite gnarly. And, some interesting face pareidolia (look it up!) Relaxed pace. Hikers must be vaccinated and follow Covid policy. Leader: Art Almeida, (914) 319-4701 or <a href="mailto:arta@croton10520.com">arta@croton10520.com</a>. Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 22).

#### Saturday, May 7 - TWO HIKES TODAY:

<u>Saturday, May 7</u> - **Mt. Tremper**. 6 miles, moderate to strenuous terrain. This Catskills fire tower is located near Phoenicia, NY; it is said to be the original from 1917 and was in use until 1971.

There is a 2,000 foot climb to get to the tower, which is always a challenge. If you are up for it register with the leader Jane Restani at <a href="mailto:irabjanea@aol.com">irabjanea@aol.com</a> between Monday and 5:00 PM Thursday of the hike week. Hikers must be vaccinated and follow Covid policy. *Joint with ADK Mohican*.

<u>Saturday, May 7</u> - **Teatown Lake Reservation and Cliffdale Loops**. 7 miles, easy to moderate terrain. We'll walk along the east side of the lake, then through Griffin swamp and along the Cliffdale-Teatown Trail to Cliffdale Farm, continuing on the Cliffdale loop and Catamount hill trails, and returning via the southern shore of the lake. Bring lunch or a snack. Meet in the lakeside parking lot on Blinn Road - there is a parking fee of \$5 per car. Hikers must be vaccinated and follow Covid policy. To register, e-mail the leader, Sheila Sarkar, at <a href="mailto:shechris6@gmail.com">shechris6@gmail.com</a>. *Joint with ADK Mohican*. *Qualifies for the Westchester 100 (No.62)*.

Sunday, May 8 - Within the County: Mt. Vernon to Harrison. Part 6: Cranberry and Silver Lakes. 6 miles, easy to moderate terrain. This hike, closer to moderate than easy, allows us to visit two central Westchester destinations which were the site of quarrying operations that provided the stones for the Kensico Dam. We'll begin with a hike around Cranberry Lake Preserve, through forested areas, past water views and up to the top of the quarry where we'll have lunch and enjoy the view. Then we'll take a local road and the White Plains Heritage Trail to the Stoney Hill Cemetery, the last remaining parcel of land in a community of formerly enslaved African Americans known as "the Hills". The Heritage Trail continues into Silver Lake Preserve, where we'll explore its woodlands, hike along the lake, and pass by the site of a Revolutionary War skirmish before ending our hike, and this season's "Within the County" series. A short shuttle is involved. Hikers must be vaccinated and follow Covid policy. Leader: Eileen West, <a href="eileenw1000@gmail.com">eileenw1000@gmail.com</a>. Rain cancels. Joint with ADK Mohican. Qualifies for the Westchester 100 (Nos. 40 and 51).

## Saturday, May 14 - TWO HIKES TODAY:

<u>Saturday, May 14</u> - **Iron Mines Loop, Harriman State Park**. 9.1 miles, moderate terrain. This loop hike will traverse the ridge of Black Rock Mountain and pass the remnants of four iron mines along the Dunning and A-SB trails. Hikers must be vaccinated and follow Covid policy. Rain cancels; contact leader for meeting time and other information. Leader: Mike Jablonski, mjab5749@gmail.com.

Saturday, May 14 - Monumental West to East - Northwest Van Cortlandt Park. 5-6 miles, easy to moderate terrain. This is a woodsy traverse from the Equestrian Center (free parking) to two monuments. The "Sandhog" Memorial honors 23 workers who died constructing NYC Water Tunnel 3, finished in 2020. The "Indian" monument pays homage to Native American chief Nimham, allied with the patriots, who died fighting for liberty in 1778. Hikers must be vaccinated and follow Covid policy. Leader: Debbie Farrell debfarpr@gmail.com or (914) 282-9942. Joint with ADK Mohican.

## Sunday, May 15 - TWO HIKES TODAY:

<u>Sunday, May 15</u> - **Pelton Pond and Shenandoah Mtn**. 6 miles, easy to moderate terrain. Join the leader on a circular hike from Pelton Pond to Shenandoah Mountain and back on a different route. This hike is closer to moderate than easy - the elevation gain is flat to gradual at the beginning but it steepens as the mountain is ascended and the descent is somewhat rocky. Bring a lunch (which we'll have at the summit, with views to enjoy), two liters of water, a hat, bug spray and sunblock. Hiking poles are recommended. Hikers must be vaccinated and follow Covid policy. Leader Steve Klepner, (845) 297-7066, <a href="mailto:spk010@yahoo.com">spk010@yahoo.com</a>. Email preferred with 'hike' in the subject line. *Joint with ADK Mohican*.

Station and amble around the City looking at the sculptures, murals, architecture, parks, the gems and the unusual. Many surprises when we stop and look around corners! We will wander south to find what is new, a huge split star, what is old, a group of four trees. Options to shorten the walk are available. Participation is limited to 12 people. Hikers must be vaccinated and follow Covid policy. For questions and to register, contact the leader, Linda Wildman, at <a href="mailto:lindawildman88@gmail.com">lindawildman88@gmail.com</a> or text/call (914) 316-5674.

## Saturday, May 21 - TWO HIKES AND A CANOE/KAYAK TODAY:

Saturday, May 21 - Schunemunk Mountain Two Ridges Circular. 8-9 miles moderately strenuous terrain. This will be a loop hike starting at the Otterkill Road parking area. The hike begins on the Otterkill Trail and continues with an ascent up the Jessup Trail to its ridge. We'll continue on the ridge with its many beautiful viewpoints along the way and head over to the Megaliths. From there, we'll take the Ridge-to-Ridge Trail which connects to the Western Ridge and make our way along this ridge to the Trestle Trail, where we'll descend back to our cars. Hikers must be vaccinated and follow Covid policy. Leader: Alice Benash, ajrb3@verizon.net. Joint with ADK Mohican.

<u>Saturday, May 21</u> - **Manitoga**. 3-4 miles, easy to moderate terrain. We will meet at Manitoga off Route 9D in Garrison (584 Route 9D, Garrison) and explore all the trails within Manitoga for an easy hike with some ups and down for about two-three hours. This historic property was once owned by Russell Wright, an industrial designer. Hikers must be vaccinated and follow Covid policy. Contact Carol Harting at <u>c.harting@verizon.net</u> to register. *Joint with ADK Mohican*.

Saturday, May 21 - Canoe / Kayak, Mohansic Lake and Crom Pond. Meet at the boat launch on Mohansic Lake in FDR State Park. After checking out the Eagle's nest at the launch site we will explore the marsh at the south end of the lake looking for the tiny connector into Crom Pond: truly a wilderness retreat. Bring your own canoe or kayak, lifejacket, and lunch. Plan on a short walk at lunch on the path next to the pond. There may be a \$10 charge for boat access. There are no rentals nearby. To register call or email Jane Smalley at (914) 276-0413 or <a href="mailto:jsmallpt@aol.com">jsmallpt@aol.com</a>. Participants must be vaccinated and follow Covid policy. Joint with ADK Mohican.

Sunday, May 22 - Castle Rock. 5 miles, easy to moderate terrain. This is an interesting variant of a hike from Route 403 south of Garrison up to a junction where we hike on a woods road over to Lake Lucretia. Then back down and up where we'll hike to an overlook on the relatively new Green Trail. Down again onto the AT and back to the cars. Trail conditions may modify the hike, and mileage and time will vary. Relaxed pace. Hikers must be vaccinated and follow Covid policy. Leader: Art Almeida, (914) 319-4701 or arta@croton10520.com. *Joint with ADK Mohican*.

<u>Saturday, May 28</u> - **Leatherstocking Trail and Larchmont Reservoir**. 5 miles, easy terrain. This is a linear hike and will involve a short shuttle. Named for the character in James Fenimore Cooper's novels, the Leatherstocking Trail cuts through a swath of New Rochelle, Larlchmont and Mamaroneck with woodlands and wetlands (including the Sheldrake River Conservation Area.) A short road walk near the south end of the trail leads to the lovely Larchmont Reservoir, a haven for birds and people. Hikers must be vaccinated and follow Covid policy. Leader: Carolyn Hoffman, <u>carohof2@gmail.com</u>, cell (914) 420-5778. *Joint with ADK Mohican. Qualifies for the Westchester 100 (Nos. 68 and 99a).* 

<u>Sunday, May 29</u> - **Ward Pound Ridge Reservation**. 7 miles, moderate terrain. This loop hike from the Michigan Road parking area offers a sweeping westward vista from the Leatherman's Loop overlook, an exploration of the Leatherman's Cave, and a second expansive view to the east from Raven Rocks. We'll pass some interesting rock formations and enjoy some ups and downs as we

explore the southern half of this large county park. Hikers must be vaccinated and follow Covid policy. Leader: Kevin McGahren, <a href="mailto:kmcgc@optonline.net">kmcgc@optonline.net</a> or (914) 772-0600. Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 63).

Monday, May 30 (Memorial Day) - Catfish Loop. 5 miles, moderate terrain. This will be a circular hike with gentle ups and downs on the Catfish Loop in Fahnestock State Park, starting (and ending) on Dennytown Road. The parking area is 1.2 miles down Dennytown Road coming from Route 301. Hikers must be vaccinated and follow Covid policy. Contact Carol Harting at <a href="mailto:c.harting@verizon.net">c.harting@verizon.net</a> to register. Joint with ADK Mohican.

## Saturday, June 4 - TWO HIKES AND A CANOE/KAYAK TODAY:

Saturday, June 4 - Pingyp Mt., Harriman Park Circuit Hike. 6 miles, moderate to strenuous terrain. This hike has 1800 feet of elevation gain, is steep and exposed in parts, and is considered difficult. Another problem is the half mile road walk necessary to reach the hike, and the Palisades Parkway must be crossed coming and going. There is no bridge or tunnel. After all of that, the hike is still worth it, but it is not for faint of heart. If you dare, register with the leader Jane Restani at <a href="mailto:irabjanea@aol.com">irabjanea@aol.com</a> between Monday and 5:00 PM Thursday of the hike week. We will meet at the pullout on Tiorati Brook Road, about halfway between the Beech Trail and Lake Welch Drive; for gps use: 41.252242, -74.055642. Hikers must be vaccinated and follow Covid policy. *Joint with ADK Mohican*.

<u>Saturday</u>, <u>June 4</u> - **Sunny Ridge Preserve**. 4-5 miles, easy to moderate terrain. This is a wonderful little gem in Ossining that is usually passed over. With a wonderful surprise (don't ask, you have to be there). Usual ups and downs with one steep climb. Lots of interesting trail texture. Relaxed pace. Hikers must be vaccinated and follow Covid policy. Leader: Art Almeida, (914) 319-4701 or <a href="arta@croton10520.com">arta@croton10520.com</a>. Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 19).

<u>Saturday</u>, <u>June 4</u> - **Canoe** / **Kayak**, **Basher Kill**. This is the largest freshwater wetland in southeastern New York which protects acres of habitat for all kinds of wildlife. If we are lucky we may catch the spring bird migration; also keep an eye out for the Osprey nest shortly after boats are launched. The leader will set up a short shuttle for a one way paddle through the entire wetlands. There are no rentals nearby. Bring lifejacket, binoculars, lunch, and a sense of adventure. We will meet at 10 AM at the the first put in above Haven Road. To register call or email Jane Smalley at (914) 276-0413 or <a href="mailto:jsmallpt@aol.com">jsmallpt@aol.com</a>. Participants must be vaccinated and follow Covid policy. *Joint with ADK Mohican*.

#### Sunday, June 5 - TWO HIKES TODAY:

<u>Sunday, June 5</u> - **Sterling Forest**. 7 miles, moderate terrain. We will ascend the Bare Rock Trail and stop at scenic Bare Rock with its scenic view of Greenwood Lake. Return on the Sterling Ridge Trail with a stop at the Fire Tower. Hikers must be vaccinated and follow Covid policy. Leader: Catharine Raffaele, catharineraffaele@gmail.com. *Joint with ADK Mohican*.

Sunday, June 5 - Within the County "Make-Up" Hike: Hillside Woods/Dobbs Ferry Circular (plus ice cream). 5-6 miles, easy to moderate terrain. This area was to be explored about a year ago as part of an earlier "Within the County" series but the hike fell victim to an all-day rain, so we'll try again. Beginning in Hillside Woods in Hastings, we'll ascend to a height of land on the Algonquin Trail, reputedly part of a Native American route that went from the Hudson River to the Long Island Sound. As we continue north on other trails we'll encounter the relatively new Estherwood Trail, which will take us into Dobbs Ferry. Then we'll head over to the Old Croton Aqueduct and return

to Hastings for a visit to Draper Park, passing by Draper Cottage (home of the Hastings Historical Society). The cottage, a National Historic Landmark, houses an observatory where some of the earliest photos of identifiable features on the moon were taken through a telescope in 1863. We'll have lunch in the park and, for dessert, take a detour to Penny Lick Ice Cream for some great homemade treats. Then we head back to Hillside Woods by way of local streets with some interesting historical landmarks, hike along pretty Sugar Pond, and return to our cars. Hikers must be vaccinated and follow Covid policy. Leader: Eileen West, eileenw1000@gmail.com. Rain cancels. Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 30).

## Saturday, June 11 - TWO HIKES TODAY:

Saturday, June 11 - **Storm King State Park**. 5.5 miles, moderate to strenuous terrain. This loop in Storm King will pass by some excellent views as well as the remains of 2 or 3 estates; while there is not a lot of mileage, there is plenty of elevation change on this hike. We will park at the Butter Hill trailhead, ascend steeply (hands and feet may be required), and continue on the Bluebird trail. We will explore the ruins off the Bluebird trail, then return to the lot via the Stillman Trail and the bypass. Hikers must be vaccinated and follow Covid policy. Rain cancels. Please register with Lauren Linkowski@gmail.com or (914) 907-6764. *Joint with ADK Mohican*.

<u>Saturday, June 11</u> - **Cranberry Lake Preserve**. 5 miles, easy to moderate terrain. Mountain laurel will hopefully be in bloom on this hike, and there will be options for more or less mileage. Enjoy shady woodlands, views of wetlands, history of quarrying for the Kensico Dam, broad views from the top of the quarry (optional). Hikers must be vaccinated and follow Covid policy. Leader: Carolyn Hoffman, <u>carohof2@gmail.com</u>, cell (914) 420-5778. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No 51)*.

Sunday, June 12 - WTA Annual Meeting.

#### Saturday, June 18 - TWO HIKES AND A CANOE/KAYAK TODAY:

<u>Saturday, June 18</u> - **AT Section in CT**. 7.5 miles, moderate terrain. This hike, on a Connecticut section of the A.T., has about 1,000' of elevation gain. We will hike from Cornwall Bridge uphill 0.7 mile along Cornwall Bridge Road to an intersection with the AT, climbing Silver Hill for some vistas, and then descend to walk about 4 miles along the beautiful Housatonic River. This is a very unique part of the Appalachian Trail as it is one of the longest flat stretches of the entire trail. The footpath eventually leads to the parking area below St. John's Ledges. Car shuttle required. Hikers must be vaccinated and follow Covid policy. To register or for questions, please contact Trish Johnston at <a href="mailto:patcjohnston@gmail.com">patcjohnston@gmail.com</a>. Joint with ADK Mohican.

<u>Saturday, June 18</u> - **Sylvan Glen Park Preserve**. 5-6 miles, easy to moderate terrain. Starting from the western end of the preserve, we'll do a full circuit, visiting a number of attractions, including the High Quarry and several smaller quarries and remains of quarry operations, the Quarry Oak, and a former riding ring, now overgrown with barberry. Meet at the Morris Lane entrance (from the Taconic State Parkway, take Route 202 west; at the traffic light in 1.8 miles turn right onto Lexington Ave.; in 0.6 miles turn right onto Morris Lane. The parking lot is 0.2 miles from there, at the end of the road). Hikers must be vaccinated and follow Covid policy. To register, contact leader Sheila Sarkar, <a href="mailto:shechris6@gmail.com">shechris6@gmail.com</a> or (914) 498 2464. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No.20)*.

<u>Saturday, June 18</u> - **Canoe / Kayak Black Creek, Highland, NY**. This is a new area for club paddlers. Paddle the secluded Black Creek, the inlet for Chodikee Lake. We will explore this small

meandering creek from Route 299 as far south and then north as water and blowdowns allow us. After, if time allows, we can put in at Chodikee Lake and paddle the inlet south. Beaver dams had prevented this exploration in previous years. Bring your own canoe or kayak, lifejacket, and lunch. To register call or email Jane Smalley at (914) 276-0413 or <a href="mailto:jsmallpt@aol.com">jsmallpt@aol.com</a>. Participants must be vaccinated and follow Covid policy. *Joint with ADK Mohican*.

## Sunday, June 19 - TWO HIKES TODAY:

<u>Sunday, June 19</u> - **Island Pond Circular**. 7-8 miles, moderately strenuous terrain. We'll start at the Elk Pen and take the A-SB and other trails to the Lichen Trail. After a scenic walk along the ridge, we'll head back down to the Lemon Squeezer for an optional short scramble, then to Island Pond for a tranquil rest, and back to the Elk Pen on the AT. PPE required as per Covid policy. Leader: Alice Benash, airb3@verizon.net or (914) 723-8722. Rain cancels. *Joint with ADK Mohican*.

<u>Sunday, June 19</u> - **Garrison**. 4-5 miles, easy to moderate terrain. Nice walk around woods roads and trails with great views of the Hudson. Interesting structures - some abandoned - and bamboo groves. Nice way to spend an enjoyable day. Hikers must be vaccinated and follow Covid policy. Leader: Art Almeida, (914) 319-4701 or <a href="mailto:arta@croton10520.com">arta@croton10520.com</a>. Joint with ADK Mohican.

## Saturday, June 25 - TWO HIKES TODAY:

Saturday, June 25 - **Nuclear Lake in Pawling New York**. 5-6 miles, moderate terrain. If you want to find out how this lake got its name, come on this hike. It is along the shores of the lake and onto the A.T. to West Mountain for lunch. Directions are easy: take Route 684 north to its end, then onto Route 22 north; then take Route 55 towards Poughkeepsie and travel for about 5.3 miles. Turn right onto Old Route 55 and the parking lot is immediately to the left. Hikers must be vaccinated and follow Covid policy. Contact Carol Harting at <a href="mailto:c.harting@verizon.net">c.harting@verizon.net</a> to register. *Joint with ADK Mohican*.

<u>Saturday, June 25</u> - **Old Croton Aqueduct**. 5-6 miles easy terrain. We will walk a less frequented section of the Aqueduct from Sleepy Hollow High School north towards Rockwood Hall and back. We might have a view of the NYC skyline. Hikers must be vaccinated and follow Covid policy. To register contact the leader, Cynthia Moro, at <a href="mailto:cyntyleader-cynthia-cynthia-cynthia-cyntyleader-cynthia-

#### Sunday, June 26 - TWO HIKES TODAY:

<u>Sunday, June 26</u> - **Kakiat, Cobus and Pine: Southeast Harriman**. 7 miles, moderate to strenuous terrain. Starting from the Kakiat County Park on Route 202, we'll hike to Pine Meadow, have lunch at the lake, and hike back via different trails. Hikers must be vaccinated and follow Covid policy. Leader: Mike Kaplan, <u>kaplanm2001@yahoo.com</u>. No first time hikers please. *Joint with ADK Mohican*.

Sunday, June 26 - **Buttermilk Ridge and Glenville Woods**. 5 miles, easy to moderate terrain. This is an out and back hike with a mix of easy sections and hills to climb. We will enter the preserve from the Tarrytown Lakes eastern end, take a white trail to reach Glenville Woods where we will break for lunch, and then return on the blue and white trails. Bring lunch and water. Meet at 9:45 a.m. at the Eastview commuter parking lot off Neperan Road. Directions: From the Saw Mill River Parkway, take the Eastview exit and turn west towards the park-and-ride. Hikers must be vaccinated and follow Covid policy. Leader: Sue Soni, surekhasoni1968@gmail.com.