

From the Clinic

In my opinion, Dr. Paul Gustafson is a lifesaver. I had been experiencing pain in the right side of my lower back off and on for several years. In 2014, it gradually worsened to the point that I could do very little without excruciating pain. Any movement at all was at times very difficult. Diagnostic tests were inclusive, and, needing some relief, along with fearing surgery, I decided to talk to Paul. Following his instructions, and doing the exercises as prescribed, I can now do essentially whatever I want with no back pain. At 71 years of age, it's a tremendous blessing to be able to move as if I were thirty or forty years younger. I give all the credit to Dr. Gustafson.

Kurt M. – North Augusta, SC