

# MCMINN SENIOR ACTIVITY CENTER

## MARCH 2025

### LIVE ACTIVE | LIVE WELL

205 McMinn Ave | PO Box 1005 | Athens, TN 37303

www.mcminnseniors.com | 423-745-6830

Open 8:30 am-2 pm | Mon-Fri

## March HIGHLIGHTS

Please remember, the calendar is subject to change.

**\*Please register for event.**



## Happy March Birthday to...

Jasper C, Tim V, Linda G, Pat P, Phil A, Melva F,  
James C, Opal H, Emily P

Please let us know if we accidentally left you off the list!

### Hearing Health w/ UTK

Monday, March 3 @12pm

### Poker

Tuesday, March 4 @1pm

### Candle Making\*

Thursday, March 6 @9am

### Rug Making\*

Monday March 10, @ 9am

### Nails\*

Thursday, March 13 @9am

### St Patty's Dance

Friday, March 14, @7pm

### St. Patty's Party w/ FCE\*

Monday, March 17 @1:00pm

### Craft Day\*

Tuesday, March 18 @ 9am-2pm

### March Trivia

Wednesday, March 19 10am

### Jewelry Class\*

Wednesday, March 26 @ 9am

### Health Care Directives\*

Tuesday, March 25 @12pm

### Board Meeting

Thursday, March 27 @ 12pm

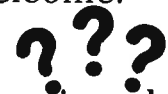


### Women of Valor Bible Study

Every Thursday in March @ 2pm.  
Everyone welcome!



*Remember to  
set your clocks  
forward @2am  
March 9*



### Questions about your hearing?

Get your questions  
answered by Julie Beeler  
from UT Health Sciences  
Speech and Hearing  
Monday, March 3 @12pm



**St.  
Patrick's  
Day Dance**  
Friday,  
March 14  
@ 7 p m

**If you're sick,  
please stay HOME**



**We have masks  
available in the  
front office.**



**Come learn about  
Health Care  
Directives with  
Leah, Tuesday,  
March 25 @12pm**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>9:30am - Zion OP Church</p> <p>12pm - Ch of God</p> <p>5pm - Zion OP Church</p>	<p>10am - Bingo</p> <p>11am - Chess Club</p> <p>11:30am - Lunch</p> <p>12pm - Chair Yoga</p> <p>6pm - Card Class</p>	<p>9am - Fall Risk Evals</p> <p>10am - Choir</p> <p>11am - Chess Club</p> <p>11:30am - Lunch</p>	<p>9am - Nails</p> <p>10am - Bingo</p> <p>10:30am - Knit/Crochet</p> <p>11:30am - Heart Health</p> <p>11:30am - Lunch</p>	<p>10am - Bingo</p> <p>11:30am - Lunch</p> <p>12pm - Board Mtg</p> <p>2pm - Woman Of Valor</p>	<p>8:30am - Friday Flick</p> <p>11am - Chair Yoga</p> <p>11:30am - Lunch</p>	<p>Call 423-745-6830 today!</p> <p>Did you know you can rent the Center?</p>
<p>9:30am - Zion OP Church</p> <p>12pm - Ch of God</p> <p>5pm - Zion OP Church</p>	<p>World Hearing Day</p> <p>10am - Bingo</p> <p>11am - Chess Club</p> <p>11:30am - Lunch</p> <p>12pm - Chair Yoga</p>	<p>9:30am - Choir</p> <p>10:30am - Bingo</p> <p>11am - Chess Club</p> <p>11:30am - Lunch</p> <p>1pm - Poker</p>	<p>10am - Bingo</p> <p>10:30am - Knit/Crochet</p> <p>11:30am - Lunch</p> <p>12pm - Chair Yoga</p>	<p>Oreo Cookie Day</p> <p>9am - Essential Oil</p> <p>10am - Bingo</p> <p>11:30am - Lunch</p>	<p>8:30am - Friday Flick</p> <p>11:30am - Lunch</p>	<p>Call 423-745-6830 today!</p> <p>Did you know you can rent the Center?</p>
<p>Daylight Saving Time</p>	<p>8:30am - Tech Goes Home</p>	<p>11am - Chess Club</p> <p>11:30am - Lunch M</p>	<p>10am - Bingo</p> <p>10:30am - Knit/Crochet</p> <p>11:30am - Lunch</p> <p>12pm - Chair Yoga</p>	<p>9am - Nails</p> <p>10am - Bingo</p> <p>11:30am - Lunch</p> <p>12pm - Dominoes MTrain</p>	<p>11am - Chair Yoga</p> <p>11:30am - Lunch</p> <p>7pm - Dance</p>	<p>Call 423-745-6830 today!</p> <p>Did you know you can rent the Center?</p>
<p>9:30am - Zion OP Church</p> <p>12pm - Ch of God</p> <p>5pm - Zion OP Church</p>	<p>St. Patrick's Day</p> <p>10am - Bingo</p> <p>11am - Chess Club</p> <p>11:30am - Lunch</p> <p>12pm - Chair Yoga</p>	<p>9am - Baseball Opening</p> <p>9am - Craft Day</p> <p>10am - Choir</p> <p>11am - Chess Club</p> <p>11:30am - Lunch</p>	<p>10am - Trivia</p> <p>10:30am - Knit/Crochet</p> <p>11:30am - Lunch</p> <p>12pm - Card Class</p> <p>12pm - Chair Yoga</p>	<p>1st Day of Spring</p> <p>10am - Bingo</p> <p>10am - Volunteer</p> <p>11:30am - Lunch Starr R</p> <p>1pm - Poker</p>	<p>8:30am - Friday Flick</p> <p>11am - Chair Yoga</p> <p>11:30am - Lunch</p>	<p>Call 423-745-6830 today!</p> <p>Did you know you can rent the Center?</p>
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