VOLUNTEER APPLICATION

A CELEBRATION OF RECOVERY to benefit Gosnold Cape Cod

SPONSORED BY BOTELLO LUMBER COMPANY

NAME_____

MAILING ADDRESS_____

STATE_____ ZIP _____ PHONE_____

EMAIL_____

SHIRT SIZE: ____ S ____M ____L ____XL

I AM INTERESTED IN:

PRE-RACE VOLUNTEER OPPORTUNITIES

_____ Solicit Donations (Sponsors, Raffle Items, Donations)

_____ Distribute brochures and maintain supplies. (Recreation Centers, Gyms, Schools, Skating Rinks, Coffee Shops, other local races.)

_____ Sell Raffle Tickets

_____Attend a Brochure Folding Meeting (Typically once a month on Wednesdays)

_____Assemble Registration Bags (Typically one evening the week prior to race day.)

_____AUGUST 10th - Falmouth Road Race Expo: Runner Gift Bag Construction

____12-3 pm _____1-4 pm _____2-5pm _____3-6pm _____4-7 pm

RACE DAY VOLUNTEER OPPORTUNITIES

I am available: ____ 7:00 AM - 11:00 AM ____ 9:00 AM - 1:00 PM ____ All Day

Have you volunteered with us before? ____YES ____ NO

Previous Tasks and/or Special Skills?: _____

I hereby for myself my heirs, executors and administration, waive any and all rights and claims for damages I may have against Gosnold on Cape Cod, the Town of Falmouth, Sippewisset Highlands Association, all sponsors, coordinating groups and any individuals associated with this event, their representatives, successors, assigns, and will hold harmless for any and all injuries suffered in connection with this event. I attest that I am physically fit to compete in this event. Further I grant full permission to Gosnold on Cape Cod and all foregoing to use my likeness in all media's including photographs, pictures, recordings, or any other record of this event for any legitimate purpose.

SIGNATURE_____
(signature of parent if participant is under age 18)

EMAIL APPLICATION TO: jlanders@gosnold.org

OR PRINT AND MAIL TO: David Lewis 5K Post Office Box 501 Osterville, MA 02655