



2016

**PICKAWAY SENIOR CENTER**  
**2105 Chickasaw Drive**  
**Post Office Box 565**  
**Circleville OH 43113**  
**740-474-8831**  
[www.pickawayseniors.org](http://www.pickawayseniors.org)



**FROM THE DESK OF THE DIRECTOR**

November is a great month to spend time with your friends at the Center. We are having an Election Day Bake Sale on November 8<sup>th</sup>. We will accept donations of bake sale items anytime on Monday, or Tuesday morning by 9AM. As part of Alzheimer's Awareness month, Michelle Crum, Education Coordinator, Central Ohio Alzheimer's Association will be at the Center on November 10<sup>th</sup> for a session from 11-noon. Michelle is a great resource for our community to assist in connecting to information and services for dealing with this disease. November 11<sup>th</sup> we will be holding a spe-

cial Veteran recognition program beginning at 11:30 with lunch at noon. We would like your RSVP by Friday, November 4<sup>th</sup> so that we can be prepared to recognize each veteran by name. November 17<sup>th</sup> is our Annual Thanksgiving Monthly Fellowship. The Hill's will be providing our program and we will all enjoy a delicious turkey dinner. That same day at 2PM we will hold an informational meeting on our October 2017 National Parks & Canyons of the Southwest trip. Please join us to hear about this wonderful travel opportunity and get any questions you might have answered. Updates on other 2017 trips: You can still join us for the Febru-

ary Puerto Vallarta Trip, we have limited space left on the 2<sup>nd</sup> bus for our June, New York City Trip and we have started a waiting list for our August, Branson Trip. November 24<sup>th</sup> & 25<sup>th</sup> the Center will be closed so that our staff can spend time enjoying the Thanksgiving Holiday with their family and friends. I am so thankful for our wonderful staff! We wish you each a blessed Thanksgiving season and hope to see you often this month at the Center where "We're Living It Up"!  
  
*Cynthia Love*  
*Executive Director*

**IMPORTANT DATES:**

- TUESDAY, NOVEMBER 8**  
**ELECTION DAY BAKE SALE**
- WEDNESDAY, NOVEMBER 9**  
**BOARD MEETING 10:15 AM**
- THURSDAY, NOVEMBER 10**  
**UNLOCK THE SECRET LUNCH NOON**
- FRIDAY, NOVEMBER 11**  
**VETERANS DAY LUNCHEON NOON**
- TUESDAY, NOVEMBER 15**  
**COMMODITIES**
- WEDNESDAY, NOVEMBER 16**  
**LEGAL AID BY APPT.**  
**SOUP & SALAD BAR NOON**  
**S.A.L.T. MEETING 1:00 PM**
- THURSDAY, NOVEMBER 17**  
**MONTHLY FELLOWSHIP NOON**  
**NATIONAL PARKS TRIP MTG 2:00 PM**
- TUESDAY, NOVEMBER 22**  
**NEWSLETTER ASSEMBLY**  
**BREAKFAST BAR 9:00 AM**
- THURSDAY, NOVEMBER 24**  
**CENTER CLOSED**
- FRIDAY, NOVEMBER 25**  
**CENTER CLOSED**

# PICKAWAY SENIOR CENTER

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**www.pickawayseniors.org**

**OFFICE 740-474-8831  
TOLL FREE 888-397-7246  
NUTRITION 740-474-8617  
FAX 740-477-8114**

## Pickaway Senior Center Board of Directors

**LARRY HARRIS** President  
**DON WOLFORD** Vice President  
**DONNA RAINES** Treasurer  
**VIRGINIA MCCOY** Secretary  
**DEBBIE DUMM** Membership President  
**CYNTHIA LOVE** Center Director  
**DENNIS BOTHEL** Fiscal Officer  
**LISA ROBBINS** • **VINCE YANIGA**  
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**BRENDA STRITTMATTER**  
**ERIKA COWLES-WEST**  
Pickaway County Commissioners  
**JAY WIPPEL**  
**BRIAN STEWART**  
**HAROLD HENSON**

## Our services are provided for seniors ages 60 and over, Monday through Friday.

### **Adult Day Care:**

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

### **Congregate Meals:**

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

### **Homemakers:**

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

### **Meals on Wheels:**

A hot lunch delivered to your home five days a week.

### **National Family Caregiver Support Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

### **Supportive Services:**

Assistance with Medicare & Medicaid papers, HEAP and commodities paperwork.

### **Transportation:**

Transportation for medical appointments, dialysis, and grocery shopping.

**For information on any of these services, call the Senior Center:  
740-474-8831**

**The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:**

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers



PICKAWAY SENIOR CENTER NOVEMBER 2016 NEWSLETTER

**IN MEMORY OR HONOR OF.....**

This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift which means others in Pickaway County will be helped.

**Enclosed is my gift of \$**\_\_\_\_\_

In Memory or Honor of \_\_\_\_\_

Address \_\_\_\_\_

for \_\_\_\_\_ (birthday, anniversary, etc.)

Given by \_\_\_\_\_

Address \_\_\_\_\_

(Please make your check payable to the **Pickaway Senior Center.**)

Mail gift to: **Pickaway Senior Center, PO Box 565, Circleville, OH 43113**

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**Pickaway Senior Center Craft Show**

**When: December 9, 2016 (Friday)**

**Time: 9:00 a.m. – 2:00 p.m.**

- Only Handcrafted, Home Baked or New Items are acceptable
- Rental Spaces are one 8 ft. table with chair @ **10.00 per table, \$5 per additional table**
- Pickaway Senior Center is not responsible for accidents or for loss or damage to items
- Payment must accompany entry at time of reservation
- Reservation and money must be received by November 30, 2016.
- Lunch will be available for purchase
- Set-Up time: **Friday, December 9 beginning at 7:30 a.m.**
- Limited spaces available

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Name \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_

**Items to be sold:** \_\_\_\_\_

Make checks payable to: Pickaway Senior Center

# NOVEMBER BIRTHDAYS

**NOVEMBER 1**

AUDREY AZBELL  
WANDA HEETER  
BERTHA RITTINGER  
REBECCA STEELE  
JUDY TAYLOR

**NOVEMBER 2**

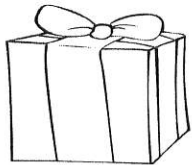
DELORES BROWN  
DAVID HOYLMAN  
SANDRA MANSON  
SANDRA OLIVER  
BOBBY ROBERTS  
PATRICIA STROUS  
PAT YOUNG

**NOVEMBER 3**

VIVIAN GARRETT  
VICTORIA REED  
JERRY STARKEY  
BETTY WINNER

**NOVEMBER 4**

JANE DIEHL  
CHARLES FORD  
ANTHONY KAMLER  
LOIS PARMER



**NOVEMBER 5**

VICKIE FANSKA  
WILLIAM GALLIVAN  
DIANE GOOD  
BETTY NEAL  
BETTY SHAEFFER  
ROBERT WOLF

**NOVEMBER 6**

THETA DELONG  
BETTY GAINES  
NETTIE JACKSON  
CONNIE KELLY

**NOVEMBER 7**

HOMER COTTRELL  
REAH CRIST  
RUTH HOOVER  
BEV MARTIN  
DENVER PETERS  
ELLEN STARKEY

**NOVEMBER 8**

SUE BINION  
MARVIN VALENTINE  
JOYCE WHITE  
JEAN YOUNG

**NOVEMBER 9**

NORTON BARNES  
JOYCE BUTTS

**NOVEMBER 10**

SHIRLEY ARLEDGE  
PAULINE GARRETT  
BARBARA LAVECK  
PEGGY MILLER  
MARGARET RITCHIE

**NOVEMBER 11**

EUGENE BOZMAN  
MAYNARD BURNS  
ROGER CONNELL  
ROBERTA HARRIS  
JANET HARTLEY

**NOVEMBER 12**

E. JEAN ADDY  
DEBBY BOYER  
GARY BURGGRAF  
LINDA WILLIS

**NOVEMBER 13**

PAULA EDWARDS  
JUDITH GOODE  
MARY HAIST  
DONALD STRAWSER

**NOVEMBER 14**

MARVALENE BIRTCHER  
LUCY ANN GROVES  
ARLENE HUNT  
MARY ANN MILLER  
MOLLIE NUNGESTER  
JULIANNE TEMPLE

**NOVEMBER 15**

MARY BAKER  
RUTH FIELDS  
CARROL HAMMOND  
NANCY LOONEY  
DONNA STILES  
JAMES ZIMMERMAN

**NOVEMBER 16**

JACKIE PENCE  
VICKIE SPUNG

**NOVEMBER 17**

MARILYN "JEANNIE" ADDY  
RON SKAGGS  
VEDA THOMAS

**NOVEMBER 18**

CHARLENE GRAMBO

**NOVEMBER 19**

RALPH HOFFMAN  
LES MENEAR  
COOKE METZGER  
PATTY VALENTINE

**NOVEMBER 20**

MARCIA HELWAGEN  
MARY QUINCEL  
JIM WONDER

**NOVEMBER 21**

ALMA BALL  
JANET CARDWELL  
PATSY DALTON  
TACIE DUMM  
SHARON GREINER  
JANICE JONES  
DONNA RAINES  
RANDY STOFFER

**NOVEMBER 22**

BELVA MORRISON

**NOVEMBER 23**

BILL FLETCHER  
LEATRICE SOWERS  
W. MAXINE STREBER  
DON WOLFORD  
MARCIA WYKOFF

**NOVEMBER 24**

CAROL BLANEY  
GLORIA BRICELAND  
CONNIE ARCHER  
PAM BOSTWICK  
BONNIE FAUSNAUGH  
ROBERT MORGAN

**NOVEMBER 26**

BRENDA CASSIDY  
DON HALL  
MARILYN KELLAM  
EVELYN TROUT

**NOVEMBER 27**

VIRGIL JOHNSON  
EDWARD JOHNSTON  
DONALD METZLER  
CHARLES NOGGLE  
SHIRLEY OBERLEY  
RODGER SOUTHWARD  
MARLENE WELLS  
SHARON WOOD

**NOVEMBER 28**

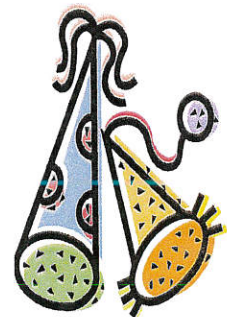
JUDY ALDERMAN  
MARY COOK  
JANE STRAWSER

**NOVEMBER 29**

DONNIE BETHEL  
EDNA COE  
DAVID MARTIN  
FLOSSIE MAZE  
ANDRA MCGILL  
LUCILE RIGGS  
LEO SHAW

**NOVEMBER 30**

JOE GOOD  
SHIRLEY NORRIS  
BEVERLY THATCHER  
MARTHA WARD  
DONNA YOUNG



HAPPY BIRTHDAY!

**SPECIAL THANKS TO THE FOLLOWING PEOPLE...**

**New Members**

Sharon Wood  
Patrick Bingham  
Thomas Bingham  
Ann DeWitt  
Barbara Bray  
Angela Stauffer  
Rose Henson  
Dolly Freeman



**November is Alzheimers Awareness Month**

Michelle Crum, Education Coordinator for the Alzheimer's Association of Central Ohio will be at the Center on November 10th from 11am-Noon

**\$10 Fund Donations**

Don & Linda Harden  
Shelby & Nancy Dye  
Jacquelyn Writsel  
Ruby Boyer  
Tom & Shirley Lutz  
Charles & Susan Patrick  
June Davis  
Marsh Barnes  
Helen Hartsaugh



Join us for the Breakfast Bar on November 22 @ 9 am

- Sausage Gravy
- Biscuits
- Scrambled Eggs
- Hash Browns
- Fruit Juice

**Memorial/Honor of Donations**

In Memory of  
Charlie Dunkle  
Given By,  
Shelby & Nancy Dye  
~~~~~  
In Memory of  
Carl Lindsey  
For anniversary of his passing 10-16-14  
Given By,  
His Wife, Freda  
~~~~~  
In Memory of  
Richard F. Wilcox, Sr.  
For his Birthday Oct. 10  
Given By,  
Gloria Wilcox  
~~~~~  
In Memory of  
Harold "Ed" Riffel  
Given By,  
Donna Riffel

## Monthly Fellowship November 17, 2016

Please RSVP by the day before. Call 740-474-8831 to make reservations. November birthdays & anniversaries eat free on November 17 at noon.

- Roast Turkey over Stuffing w/Gravy
- Mashed Potatoes & Gravy
- Seasoned Green Beans
- Fresh Vegetables w/Dip
- Roll
- Pumpkin Pie

**Entertainment:**  
Rev. William & Kathryn Hill

## VETERANS

Pickaway Senior Center and FairHope Hospice & Palliative Care are honoring Veterans on Friday, **November 11 at 11:30 am** with a luncheon and pinning ceremony. Senior Center Veterans will be honored. We are asking for names of our veterans and for those planning to attend. Please call 740-474-8831 by Friday, November 4 with your RSVP.



## Election Day Bake Sale

We will be having a bake sale on November 8th at the Center.



If anyone would like to donate any baked goods, please drop them off at the Center the day before or by 9 am the day of. Thank You.

## National Parks & Canyons of the Southwest Trip

If you are interested in more information for this trip there will be a trip meeting at the Center on November 17 @ 2 p.m.



## Unlock the Secret Lunch

November 10 @ Noon

Stitched with love  
Doesn't come from a can  
Better than store bought  
I am put together by hand

White or Dark  
Boneless or Not  
I prefer mine as wings  
A little spicy & hot

&

Thick or Thin  
A pasta the family loves  
Cut them yourself  
For you are sure to get lots of hugs

“ \_\_\_\_\_ & \_\_\_\_\_ ”  
(3 words)

October Answer: Pumpkin Pancakes



Pickaway Senior Center presents

# National Parks & Canyons of the Southwest

featuring Grand Canyon West, Zion & Bryce Canyon National Parks

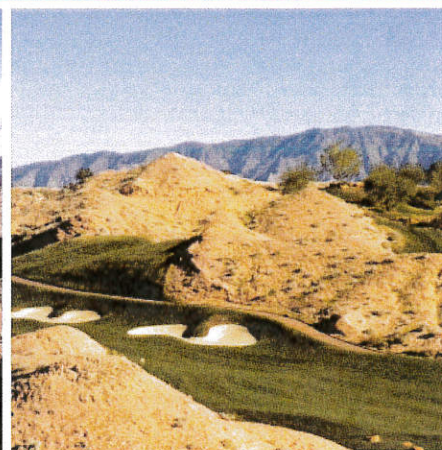
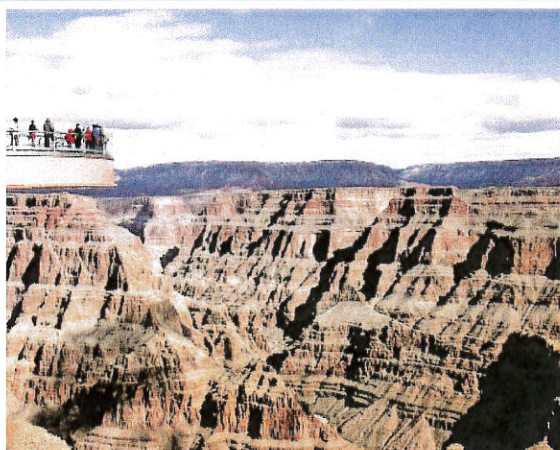
7 Days **October 8, 2017**

### Highlights

- Grand Canyon West
- Grand Canyon Skywalk
- Bryce Canyon National Park
- Zion National Park
- Zion Park Tram Tour
- Las Vegas, Nevada
- St. George, Utah
- Valley of Fire State Park
- 6 Nights - One Resort Hotel - Mesquite, NV
- *Optional Tour - Hoover Dam & Las Vegas*

### Inclusions

- Roundtrip Airfare - CMH
- Tour Director
- 9 Meals: 6-Breakfasts, 1-Lunch & 2-Dinners
- Motorcoach Transportation
- Sightseeing per Itinerary
- Hotel Transfers
- Baggage Handling



### Tour Rates

Booking Discount\*: \$1795 pp double  
 Regular Rate: \$1895 pp double  
 Single Supplement: +\$450

*\*See Reservation Info for Booking Discount details*

**Booking Discount - Save \$200 per couple!\***

### Contact Information

Pickaway Senior Center • Attn: Cynthia Love  
 2105 Chickasaw Drive • Circleville, OH 43113  
 740.474.8831 Fax: 740.477.8114  
 pscynthia@yahoo.com

Booking #103571