



October



Mon	Tue	Wed	Thu	Fri
<p>The following alternate fruits and/or vegetables will be served to children in our Seedlings, Sprouts, and Little Buds classrooms:</p> <p>*Applesauce instead of sliced apples</p> <p>*Mixed vegetables instead of tossed salad</p> <p>>While we try to adhere to this menu, sometimes there are unforeseen circumstances that occur that result in changes</p>	<p>1</p> <p>Breakfast French Toast Sticks w/ Syrup, Pears & Milk</p> <p>Lunch Ground Beef Spaghetti, Mixed Green Salad, Mixed Fruit & Milk</p> <p>PM Snack Vanilla Wafers, Bananas & Water</p>	<p>2</p> <p>Breakfast Yogurt & Cheerio Parfait w/ Mixed Berries & Milk</p> <p>Lunch BBQ Chicken, Baked Beans, Wheat Roll, Applesauce & Milk</p> <p>PM Snack Ritz Crackers, Pepperoni, Cream Cheese & Water</p>	<p>3</p> <p>Breakfast Cheese Grits, Turkey Sausage & Milk</p> <p>Lunch Pepperoni Pizza, Corn, Crinkle Fries & Milk</p> <p>PM Snack Butter Cookies, Apple Slices & Water</p>	<p>4</p> <p>Breakfast Cinnamon Toast, Tropical Fruit & Milk</p> <p>Lunch Turkey & Cheese Sandwich, Veggie Straws, Peaches & Milk</p> <p>PM Snack Fruit Bar & Water</p>
	<p>7</p> <p>Breakfast Kix Cereal, Bananas & Milk</p> <p>Lunch Chicken Alfredo Pasta w/ Broccoli, Pears, & Milk</p> <p>PM Snack Teddy Grams, Raisins & Water</p>	<p>8</p> <p>Breakfast Yogurt, Blueberries & Milk</p> <p>Lunch Ground Beef Tacos w/ Lettuce, Cheese, Refried Beans, Corn & Milk</p> <p>PM Snack Cheese Its, Apple Slices, & Water</p>	<p>9</p> <p>Breakfast Waffle Sticks w/ Syrup & Strawberries & Milk</p> <p>Lunch Mac & Cheese w/ Diced Ham, Broccoli, Peaches & Milk</p> <p>PM Snack Graham Crackers, Sliced Oranges & Water</p>	<p>10</p> <p>Breakfast Biscuit w/ Turkey Bacon, Mandarin Oranges & Milk</p> <p>Lunch BBQ Chicken w/ Wheat Roll, Baked Beans, Cole Slaw, & Milk</p> <p>PM Snack Saltines, String Cheese, & Water</p>
<p>14</p> <p>Breakfast Cornflakes Cereal, Raisins, & Milk</p> <p>Lunch Chicken Nuggets, Mixed Greens Salad, Green Beans & Milk</p> <p>PM Snack Graham Crackers, Bananas & Water</p>	<p>15</p> <p>Breakfast Blueberry Muffins & Milk</p> <p>Lunch Cheese Quesadillas, Refried Beans, Corn & Milk</p> <p>PM Snack Veggie Straws, Apple Slices & Water</p>	<p>16</p> <p>Breakfast Biscuit w/ Turkey Sausage, & Milk</p> <p>Lunch Meatloaf, Mashed Potatoes, Lima Beans & Milk</p> <p>PM Snack Vanilla Wafers, Sun butter & Water</p>	<p>17</p> <p>Breakfast Oatmeal, Strawberries & Milk</p> <p>Lunch Teriyaki Chicken w/ Steamed Carrots, Broccoli, Rice & Milk</p> <p>PM Snack Chex Mix, Raisins & Water</p>	<p>18</p> <p>Breakfast Toast w/ Jelly, Pineapple, & Milk</p> <p>Lunch Ham & Cheese Roll up, Zucchini Fries, Peaches & Milk</p> <p>PM Snack Jell-O w/ Fruit & Water</p>
<p>21</p> <p>Breakfast Cheerios, Bananas, & Milk</p> <p>Lunch Ranch & Turkey Bacon Shell pasta, Sweet Peas, Mixed Greens Salad & Milk</p> <p>PM Snack Graham Crackers, Sun Butter & Water</p>	<p>22</p> <p>Breakfast Yogurt, Strawberries & Milk</p> <p>Lunch Vegetable Beef Soup, Cornbread, Apple Slices, & Milk</p> <p>PM Snack Animal Crackers, Craisins, Water</p>	<p>23</p> <p>Breakfast Pancakes w/ Syrup, Mandarin Oranges, & Milk</p> <p>Lunch Creamy Chicken & Rice Casserole, Carrots, Green Beans, & Milk</p> <p>PM Snack Chex Mix, Orange Slices & Water</p>	<p>24</p> <p>Breakfast Mixed Berry Muffins, Strawberries & Milk</p> <p>Lunch Steak Nuggets, Applesauce, Lima Beans & Milk</p> <p>PM Snack Cheese Its, String Cheese & Water</p>	<p>25</p> <p>Breakfast Cinnamon Toast, Mixed Fruit & Milk</p> <p>Lunch Hamburger w/ Whole Wheat Bun, Baked French Fries, Corn & Milk</p> <p>PM Snack Fruit Bar & Water</p>
<p>28</p> <p>Breakfast Rice Crispy Cereal, Bananas, & Milk</p> <p>Lunch BBQ Meatballs, Rice, Lima Beans, Pineapple & Milk</p> <p>PM Snack Veggie Straws, Raisins & Water</p>	<p>29</p> <p>Breakfast Mini Bagels, Cream Cheese, Peaches & Milk</p> <p>Lunch Baked Ziti w/ Ground Turkey, Broccoli, Mixed Greens Salad & Milk</p> <p>PM Snack Gold Fish, Orange Slices & Water</p>	<p>30</p> <p>Breakfast French Toast Sticks, Blueberries & Milk</p> <p>Lunch Cheese Pizza, Corn, Pears & Milk</p> <p>PM Snack Ritz Crackers, String Cheese & Water</p>	<p>31</p> <p>Breakfast Pumpkin Muffin, Tropical Fruit & Milk</p> <p>Lunch Crawling Chicken Pot Pie w Scary Peas and Creepy Carrots, Spooky Strawberries & Milk</p> <p>PM Snack All Hallows Eve Apples w/ Supernatural Sun Butter & Water</p>	