



High Frequency Words

Testing Strips Words 1-500



Directions: Give the student the strip you want to test. As they read the words, check them off on the Student Record Sheet. Use a different colored pen each time you test the same list, and date it. Allow students to use book-marks to help them keep their place, if needed.

High Frequency Words

Testing Strips

Many states use high frequency words as benchmarks of a child's progress through reading standards. These testing strips are handy for keeping the word lists together, organized, and easy to use. Each strip contains 25 high frequency words, numbered and in order. The pattern at the top of each strip corresponds with the pattern used for all the materials presented by Integreat! Thematic Units, so it's simple to coordinate the testing strips with the materials you have been using. Corresponding Student Record Sheets are available, as well. Just pull out the testing strips, gather your record sheets, and you, or a classroom volunteer, can quickly assess the progress your students are making in learning sight words.

Preparing the Materials: Run the Testing Strips off on cover stock or manila tag board. Laminate them and cut them apart on the dotted lines. Punch a hole in the top, left corner of each card, put them in order, and attach them with a ring.

Using the Testing Strips: When you're ready to individually test your kiddos, give a student the strip that has the words they are working on. Let them use a book mark to keep their place, if you feel that is appropriate, and have them read down the strip of words. You can quickly check off the words they know on the Student Record Sheet. If you want to keep track of progress made, you could use a different color ink each time you test the words—that way you'll see what new words have been mastered and what the child still needs to work on. Keep the record sheets in a notebook, or have a file of benchmark materials for each student. If it's difficult for you to find the time to individually test each child yourself, you could use a classroom volunteer or an older student tutor, as long as this is acceptable in your school district. I hope this will make your task a little easier!



★ List 1

1. the
2. of
3. and
4. a
5. to
6. in
7. is
8. you
9. that
10. it
11. he
12. for
13. was
14. on
15. are
16. as
17. with
18. his
19. they
20. at
21. be
22. this
23. from
24. I
25. have

 List 2

26. or
27. by
28. one
29. had
30. not
31. but
32. what
33. all
34. were
35. when
36. we
37. there
38. can
39. an
40. your
41. which
42. if
43. said
44. their
45. do
46. will
47. each
48. about
49. how
50. up

 List 3

51. out
52. them
53. then
54. she
55. many
56. some
57. so
58. these
59. would
60. other
61. into
62. has
63. more
64. her
65. two
66. like
67. him
68. see
69. time
70. could
71. no
72. make
73. than
74. first
75. been

 List 4

76. its
77. who
78. now
79. people
80. my
81. made
82. over
83. did
84. down
85. only
86. way
87. find
88. use
89. may
90. water
91. long
92. little
93. very
94. after
95. words
96. called
97. just
98. where
99. most
100. know



List 5

101. get
102. through
103. back
104. much
105. before
106. go
107. good
108. new
109. write
110. our
111. used
112. me
113. man
114. too
115. any
116. day
117. same
118. right
119. look
120. think
121. also
122. around
123. another
124. came
125. come



List 6

126. work
127. three
128. word
129. must
130. because
131. does
132. part
133. even
134. place
135. well
136. such
137. here
138. take
139. why
140. things
141. help
142. put
143. years
144. different
145. away
146. again
147. off
148. went
149. old
150. number



List 7

151. great
152. tell
153. men
154. say
155. small
156. every
157. found
158. still
159. between
160. name
161. should
162. Mr.
163. home
164. big
165. give
166. air
167. line
168. set
169. own
170. under
171. read
172. last
173. never
174. us
175. left



List 8

176. end
177. along
178. while
179. might
180. next
181. sound
182. below
183. saw
184. something
185. thought
186. both
187. few
188. those
189. always
190. looked
191. show
192. large
193. often
194. together
195. asked
196. house
197. don't
198. world
199. going
200. want

 **List 9**

- 201. school
- 202. important
- 203. until
- 204. money
- 205. form
- 206. food
- 207. keep
- 208. children
- 209. feet
- 210. land
- 211. side
- 212. without
- 213. boy
- 214. once
- 215. animals
- 216. life
- 217. enough
- 218. took
- 219. sometime
- 220. four
- 221. head
- 222. above
- 223. kind
- 224. began
- 225. almost

 **List 10**

- 226. live
- 227. page
- 228. got
- 229. earth
- 230. need
- 231. far
- 232. hand
- 233. high
- 234. year
- 235. mother
- 236. light
- 237. parts
- 238. country
- 239. father
- 240. let
- 241. night
- 242. following
- 243. seen
- 244. picture
- 245. being
- 246. study
- 247. second
- 248. eyes
- 249. soon
- 250. times

 **List 11**

- 251. story
- 252. boys
- 253. since
- 254. white
- 255. days
- 256. ever
- 257. paper
- 258. hard
- 259. near
- 260. sentence
- 261. better
- 262. best
- 263. across
- 264. during
- 265. today
- 266. others
- 267. however
- 268. sure
- 269. means
- 270. knew
- 271. it's
- 272. try
- 273. told
- 274. young
- 275. miles

 **List 12**

- 276. sun
- 277. ways
- 278. thing
- 279. whole
- 280. hear
- 281. example
- 282. heard
- 283. several
- 284. change
- 285. answer
- 286. room
- 287. sea
- 288. against
- 289. top
- 290. turned
- 291. didn't
- 292. learn
- 293. point
- 294. city
- 295. play
- 296. toward
- 297. five
- 298. using
- 299. himself
- 300. usually

List 13

- 301. living
- 302. black
- 303. eat
- 304. short
- 305. United States
- 306. run
- 307. book
- 308. gave
- 309. order
- 310. open
- 311. ground
- 312. cold
- 313. really
- 314. table
- 315. remember
- 316. tree
- 317. course
- 318. front
- 319. American
- 320. space
- 321. inside
- 322. ago
- 323. sad
- 324. early
- 325. I'll

List 14

- 326. learned
- 327. brought
- 328. close
- 329. nothing
- 330. though
- 331. idea
- 332. before
- 333. lived
- 334. became
- 335. add
- 336. become
- 337. grow
- 338. draw
- 339. yet
- 340. less
- 341. wind
- 342. behind
- 343. cannot
- 344. letter
- 345. among
- 346. able
- 347. dog
- 348. shown
- 349. mean
- 350. English

List 15

- 351. rest
- 352. perhaps
- 353. certain
- 354. six
- 355. feel
- 356. fire
- 357. ready
- 358. green
- 359. yes
- 360. built
- 361. special
- 362. ran
- 363. funny
- 364. town
- 365. complete
- 366. oh
- 367. person
- 368. hot
- 369. anything
- 370. hold
- 371. stare
- 372. list
- 373. stood
- 374. hundred
- 375. ten

List 16

- 376. fast
- 377. felt
- 378. kept
- 379. notice
- 380. can't
- 381. strong
- 382. voice
- 383. probably
- 384. area
- 385. horse
- 386. matter
- 387. stand
- 388. box
- 389. start
- 390. that's
- 391. class
- 392. piece
- 393. surface
- 394. river
- 395. common
- 396. stop
- 397. am
- 398. talk
- 399. whether
- 400. fine

List 17

- 401. round
- 402. girl
- 403. either
- 404. gone
- 405. moon
- 406. power
- 407. deep
- 408. beautiful
- 409. game
- 410. shall
- 411. ice
- 412. fact
- 413. distance
- 414. heart
- 415. rain
- 416. lay
- 417. miss
- 418. main
- 419. stay
- 420. wide
- 421. happened
- 422. else
- 423. rock
- 424. walk
- 425. map

List 18

- 426. dark
- 427. road
- 428. held
- 429. finally
- 430. animal
- 431. problem
- 432. heavy
- 433. everyone
- 434. system
- 435. dry
- 436. ship
- 437. third
- 438. although
- 439. real
- 440. suddenly
- 441. size
- 442. pattern
- 443. someone
- 444. itself
- 445. least
- 446. foot
- 447. gold
- 448. tall
- 449. check
- 450. friend

List 19

- 451. past
- 452. blue
- 453. already
- 454. summer
- 455. mind
- 456. longer
- 457. carefully
- 458. leave
- 459. bring
- 460. within
- 461. themselves
- 462. quite
- 463. sat
- 464. simple
- 465. leaves
- 466. wild
- 467. sky
- 468. center
- 469. boat
- 470. tiny
- 471. care
- 472. build
- 473. alone
- 474. fall
- 475. language

List 20

- 476. ball
- 477. instead
- 478. warm
- 479. understand
- 480. outside
- 481. winter
- 482. follow
- 483. everything
- 484. watch
- 485. floor
- 486. begin
- 487. carry
- 488. possible
- 489. snow
- 490. easy
- 491. weather
- 492. walked
- 493. field
- 494. question
- 495. hour
- 496. low
- 497. glass
- 498. bottom
- 499. poor
- 500. job