



The 27th Annual Indiana Association for Play Therapy Conference

**June 16 & 17 2022
Greenwood, IN**

Featuring
Kara Carnes-Holt
Ph.D., LPC, RPT-S, CCPT-S, CPRT-S



About the Presenter

Kara Carnes-Holt, Ph.D., LPC, RPT-S, CCPT-S, CPRT-S, is an associate professor in the counseling program at the University of Wyoming. She is a professional counselor, a registered play therapist, and approved play therapy supervisor (RPT-S). She is also the founder and director of the Rocky Mountain Center of Play Therapy Studies at the University of Wyoming. Kara has special interests in utilizing humanistic play therapy, CPRT, and expressive arts interventions as they utilize the therapeutic relationship as the primary and foundational agent of change for children, adolescents, and their families. She has a personal and professional passion for supporting adoptive and foster families. Most importantly, Kara enjoys being with perfectly imperfect family, random dance parties, and time away from ZOOM.

Conference Workshop Overview: Skill Level: This program is appropriate for professionals of beginner to intermediate skill level.

Day 1: What Children Need Most: Strategies and Tools for Effective Parent Consultations Within the Play Therapy Process

Play therapists may often lack confidence or the practical skills to effectively work with parents in the play therapy consultation process. Parent consultations can serve as a setting to empower parents with skills for understanding and guiding their child during difficult times. Participants will learn conceptualization techniques that help therapists better understand and connect with different types of parents and other adults who comprise children's interpersonal systems. When parents feel connected to the therapist, it increases the likelihood for their continued investment and involvement in their child's therapy, and their willingness to follow through with the therapist's therapeutic suggestions. This training will provide counselors a model to assist parents with increased self-understanding, specific strategies, and the ability to reframe difficult behaviors from a relationship-based model.

Day 2: Healing Relational Trauma and Attachments Through Humanistic Play Therapy

Description: Children deserve the experience of belonging to a family that prizes and nurtures the unique abilities and gifts they have to offer the world, but attachment disruptions coupled with trauma often compromise a child's ability to feel safe, loved, and accepted in the context of a positive relationship. Early life experiences lay the foundation for children's holistic development and secure primary relationships, the most significant determinants of healthy development. Early relational experiences can hinder children's ability to form secure attachments and impair their ability to form close emotional connections with others. Humanistic play therapy utilizes the power of the therapeutic relationship to support children and their caregivers on this healing journey throughout the lifespan.



Ethics Training is Back during Lunch on June 16th

Ethics Presenter: ***Davi Stein-Kiley, LCSW, LMFT, LCAC, RPT-S***



Once upon a time, Davi had a dream to design toys, and that love for play led toward play therapy, where she has found "home" for healing the hearts of children and guiding other professionals in both sound and ethical use of the playful healing methods. Stein-Kiley has been a play therapy practitioner for more than 30 years. She is the owner of Kiley Consulting and Counseling in Plainfield, Indiana. She is a Certified Brainspotting Clinician and serves on the board of World Association for Sand Therapy Professionals, Hendricks County Mental Wellness Coalition/Ethics Committee, and currently a doctoral candidate in Behavioral Science at the International University for Graduate Studies.

Ethics Training (1 CE): *Ethical considerations in providing family play therapy with children and family members.*

In the context of family play therapy, working with youth and their families can present significant challenges that require ethical problem solving on the part of the clinician. Clinicians are not only responsible for the psychosocial wellbeing of their child clients, but also that of their caregivers and other family members. (Maragokis, 2021, Crane & Myrick, 2018). Some of these challenges may include the extent of confidentiality, privacy, appropriate context for the play therapy, and promoting positive rapport among all family members (Voltelen, 2018).

Presentation participants will be provided with a Play therapy ethical decision-making model (Seymour & Rubin, 2006) to support clarification of process in family play therapy while also maintaining professional goals. Maintaining competence, informed consent, confidentiality, and adequate boundaries are modern challenges for today's clinicians. Presentation participants will also be able to create a goal plan for ethical management of situations in play therapy where ethical dilemmas arise.

Conference Schedule

Thursday June 16th

8:00 – 8:30 Registration
8:30 – 11:45 Presentation (Break 10 – 10:15 AM)
11:45 – 12:15 Lunch (Provided)
12:15 – 1:15 Ethics Workshop
1:15 – 4:30 Presentation (Break 2:30 – 2:45)
CE Hrs: 6.00 hrs.
CE Hrs: 1.00 (Ethics Workshop)

Friday June 17th

8:00 – 8:15 Registration
8:15 – 11:45 Presentation (Break 10 – 10:15 AM)
11:45 – 12:15 Lunch (Provided)
12:15 – 1:00 Annual Meeting
1:00 – 4:00 Presentation (Break 2:30-2:45)
CE Hrs: 6.00 hrs.

ADA: If you have special needs, please contact Jill Hunsberger via email at Inapt4u@gmail.com or by phone at (317) 332-4843. The conference center does have an alternate entrance to accommodate needs.

Conference Location:

Valle Vista Conference Center
755 E Main St.
Greenwood, IN 46143
(317) 882- 2955

Lodging:

Home2 Suites by Hilton (317) 851- 8518
5215 Noggie Way Indianapolis, IN 46237
*Link for special group rate. If calling, please reference block for IN Association for Play Therapy Group
<https://group.home2suites.com/2fqf7s>

LAST DAY TO BOOK AT SPECIAL RATE: 5/15/2022

Continuing Education

Continuing education credit for this event is co-sponsored by the Indiana Assoc. for Play Therapy and *The Institute for Continuing Education*. The program offers a total of 12.00 contact hours, with full daily attendance required. The Ethics Workshop offers 1.00 contact hours, with full attendance required. It is the responsibility of participants of the Ethics workshop to determine if the content meets regulations of their licensing/certification board. The CE processing fee is included with registration. Continuing education forms will be available onsite. CE verification will be mailed to applicants following the Conference. If you have any questions regarding continuing education, the program, speakers, grievance issues, or learning objectives, please contact *The Institute* at: 800-557-1950; email: instconted@aol.com

Psychology: The Institute for Continuing Education is an organization approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling/MFT: For counselors seeking CE credit, The Institute for Continuing Education will submit a co-sponsorship application to NBCC for this program. This website will be updated for accreditation.

Social Work: This program has been approved for 6.00 social work continuing education hours per day for re-licensure, in accordance with 258 CMR, NASW-MA Chapter CE Approving Program. Authorizations: *Indiana Behavioral Health* and Human Services Licensing Board, Provider 98000996A, expiration 4/1/2023.

Play Therapy: The Institute for Continuing Education is approved by the Association for Play Therapy to sponsor continuing education specific to play therapy. The Institute maintains responsibility for the program. APT Provider 98-040.



INAPT 26th Annual Play Therapy Conference Registration Form

Online registration and payment only

<https://www.eventbrite.com/e/the-27th-annual-indiana-association-for-play-therapy-conference-tickets-269082471917?aff=erelexpmlt>

Conference Costs and Deadlines

★ Continuing Education is included in registration fee.
Lunch (both days) is included in conference fee for no additional charge!

INAPT Member:*

1 Day \$175
2 Days \$295

Early Bird Discount for 2 Days \$250*

**Eventbrite registration fees not included in above conference costs*

Non-Member: *

1 Day \$225
2 Days \$350

Early Bird Discount for 2 Days \$305

Student:*

1 Day \$125
2 Days \$200

**Eventbrite registration fees not included in above conference costs*

You are invited to join APT by going online: <https://www.a4pt.org/page/Membership>

DEADLINES:

Early Bird Discount if registration completed by end of day, May 1, 2022

Late Registration entered after May 14, 2022

LATE REGISTRATION CHARGE: \$25.00

No registrations accepted after June 1, 2022

Notify of cancellation by June 1, 2022

****In the event of cancellation, Eventbrite registration fees will not be refunded**

Questions regarding registration? Please contact Amy Earl by email lnapt4u@gmail.com or phone at (317) 835-9660.