MOSS HALL NURSERY SCHOOL  Spring / Summer 2021						
WEEK I	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.	14333
19/04, 10/05, 07/06, 28/06, 19/07 <b>Option 1</b>	Macaroni Cheese	Organic Beef Burger	Roast Turkey served with Stuffing, Roast Potatoes and Gravy	Tandoori Chicken served with Steamed Rice	Gluten Free Battered Fish served with Chips	3
Option 2 V Vegetarian	Pesto and Cherry Tomato Pasta (Ve)	Bean Burger (Ve)	Loaded Potato Skins	Chick Pea, Sweet Potato and Spinach Balti served with Steamed Rice (Ve)	Vegetable Nuggets served with Chips (Ve)	AIR
Option 3						
Vegetables	Cabbage Sweetccorn	Cauliflower and Broccoli Garden Peas	Roasted Root Vegetables Sweetcorn	Green Beans Carrots	Baked Beans Garden Peas	E P
Dessert	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fruit Salad	Fresh Fruit or Yoghurt	Apple and Cinnamon Crumble Slice	YB
WEEK 2 26/04, 17/05, 14/06, 05/07 Option 1	Monday.  BBQ Vegetable Pizza served with Potato Wedges	Tuesday.  Organic Beef Cottage Pie	Wednesday. Sticky Chicken served with Steamed Rice	Thursday.  Chicken Sausage served with Mashed Potato and Gravy	Friday.  Breaded Fish Fingers or Salmon Fish Fingers served with Chips	
Option 2 V Vegetarian	Cheese and Tomato Pizza served with Potato Wedges	Vegetarian Pie with a Mashed Potato Top	Broccoli and Cauliflower Cheese Bake served with New Potatoes	Vegetarian Sausage (Ve) served with Mashed Potato and Gravy	Cheese Flan served with Chips	5
Option 3						
Vegetables	Garden Peas Carrots	Broccoli Sweetcorn	Carrots Cabbage	Green Beans Carrots	Baked Beans Garden Peas	
Dessert	Fresh Fruit or Yoghurt	Peach Sponge with Custard	Fresh Fruit or Yoghurt	Fruit Salad	Carrot Cake	6
WEEK 3 03/05, 24/05,	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.	
21/06, 12/07 Option 1	Sweet Chilli Quorn served with Noodles	Organic Beef Pasta Bolognaise	Roast Chicken served with Stuffing, Roast Potatoes and Gravy	Chicken Meatballs with a Piri Piri Sauce served with Cous Cous	Gluten Free Battered Fish served with Chips	
Option 2 V Vegetarian	Cheese and Tomato Quiche served with New Potatoes	Vegetarian Pasta Bolognaise (Ve)	Roast Quorn served with Stuffing, Roast Potatoes and Gravy	Gnocchi, Broccoli and Bean Bake	Vegetable Nuggets served with Chips (Ve)	5
Option 3			*			LOOK FOR THE SUGAR SHERIFF THESE MEALS ARE COMPLETELY FREE FROM ADDED SUGARI
Vegetables	Carrots Green Beans	Medley of Vegetables	Roasted Butternut Squash Sweetcorn	Carrots Green Beans	Baked Beans Garden Peas	
Dessert	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fruit Salad	Fresh Fruit or Yoghurt	Strawberry Ice Cream	
Freshly Baked Bread, Salad Bar, Yoghurt THIS MENU SUPPORTS:						