

Do you love riding your bike, participating in spinning classes, running, or walking? Join Congregation Ahavas Achim's team as we participate with the entire Western Mass. Jewish community in this year's Ride to Provide! Choose between a 9, 18, or 36 mile bike ride, a 5K run/walk, a virtual ride or donating to support our team.

This family-friendly event will be held on **Sunday, October 15, 2023** at the Hillel House at UMass Amherst.

Nancy Goldberg Rapisarda is CAA's team captain! If you have any questions, feel free to [contact her](#).

Donations to Ride to Provide will support the Jewish Federation of Western Massachusetts' Annual Campaign, which raises funds to meet the needs of its beneficiary agencies and community partners (including Congregation Ahavas Achim). 30% of the money raised by our team will go directly to CAA! It's a win-win: enjoy some great outdoor exercise, stand up to antisemitism, and help our Jewish community while supporting your spiritual home at the same time!

There will be a post-Ride celebration that will include food, music, a presentation, and opportunities for participants to come together and connect with other organizations.

Between now and Saturday, September 23, please use the following early bird discount codes:

Student participant early bird code: EBSTUDENT2023

Individual or Virtual participant early bird code: EBINDIVIDUAL2023

Family participant early bird code: EBFAMILY2023