

North Knox Sprint Triathlon

Overall

Race Date

September 16, 2018

Place	Name	Bib No	AG Place	Swim			Trans 1			Bike			Trans 2			Run		Total Time
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace				
1	Jim Hall	347	1:M Opn	5	2:41.9	1:47	0:09.1	1	26:31.9	24.4	0:36.8	1	20:09.8	6:30	50:09.7			
2	Scott Stevens	174	2:M Opn	3	2:36.5	1:44	0:37.4	2	26:40.3	24.3	0:54.8	2	21:58.8	7:05	52:47.9			
3	Clay Griffin	314	3:M Opn	21	3:01.8	2:01	0:11.2	4	30:05.4	21.5	0:46.8	3	22:14.5	7:10	56:19.8			
4	Connor Brunson	318	1:M 15-19	1	2:08.9	1:25	0:30.9	8	31:46.9	20.4	0:37.8	5	22:51.2	7:22	57:55.9			
5	Jennifer Brigati	190	1:F Opn				34:57.3					7	23:35.2	7:36	58:32.5			
6	Steve Cole	344	1:M MTR	2	2:34.3	1:43	1:19.1	6	30:41.7	21.1	0:57.3	6	23:28.2	7:34	59:00.8			
7	Christopher Wells	326	1:M 45-49	43	3:33.4	2:22	0:54.7	3	29:17.8	22.1		19	26:44.0	8:37	1:00:30.0			
8	Joshua Carmichael	330	1:M 25-29	15	2:51.9	1:54	0:33.9	9	31:52.4	20.3	1:08.3	11	25:13.7	8:08	1:01:40.4			
9	Michael Barto	313	2:M 45-49	36	3:21.2	2:14	0:33.4	7	31:00.8	20.9	0:58.0	18	26:40.8	8:36	1:02:34.3			
10	Tony Williams	194	1:M 35-39	6	2:44.9	1:49	0:31.5	15	33:51.3	19.1	0:54.6	8	24:49.8	8:00	1:02:52.3			
11	Matthew Bailey	322	2:M 35-39	11	2:48.6	1:52	0:21.6	12	32:56.0	19.7	0:47.2	15	26:24.5	8:31	1:03:17.9			
12	Michael Selcer	343	1:M 30-34	13	2:50.6	1:53	1:03.9	13	33:15.6	19.5	1:24.9	9	24:55.3	8:02	1:03:30.5			
13	Thomas Collier	316	2:M 30-34	22	3:02.3	2:01	0:45.5	10	32:45.3	19.8	1:06.7	16	26:24.6	8:31	1:04:04.7			
14	Tyler Smith	303	2:M 25-29	18	2:57.3	1:58	1:33.8	25	37:04.0	17.5	0:38.4	4	22:19.0	7:12	1:04:32.6			
15	Brittany Schield	198	2:F Opn	38	3:23.1	2:15	0:33.5	17	34:49.4	18.6	1:14.4	10	25:10.5	8:07	1:05:11.0			
16	Steve Dittner	346	1:M 55-59	14	2:51.0	1:54	0:06.6	14	33:49.2	19.2	0:48.0	22	27:55.7	9:00	1:05:30.7			
17	Julie Grubaugh	308	3:F Opn	17	2:56.7	1:57	0:43.7	16	34:14.5	18.9	1:13.1	17	26:29.2	8:33	1:05:37.4			
18	Marsha Morton	189	1:F MTR	27	3:11.5	2:07	0:30.9	18	34:51.5	18.6	0:53.2	13	26:10.5	8:26	1:05:37.8			
19	Alex Petty	328	2:M 15-19	30	3:12.4	2:08	1:19.4	5	30:40.1	21.1	1:00.6	40	31:29.4	10:09	1:07:42.1			
20	Ben Johnson	183	1:M 50-54	23	3:04.0	2:03	1:44.4	11	32:51.5	19.7	1:07.7	28	29:40.6	9:34	1:08:28.3			
21	Kristi Jeffers	156	1:F 25-29	37	3:21.9	2:14	1:34.1	28	38:16.2	16.9	0:45.8	14	26:12.4	8:27	1:10:10.6			
22	Michael Brunson	317	2:M 50-54	25	3:06.9	2:04	0:34.3	21	35:09.5	18.4	1:24.7	37	31:08.4	10:03	1:11:23.9			
23	Lex Pulice-Farrow	159	2:F 25-29	9	2:46.2	1:51	0:50.3	30	39:22.5	16.5	1:16.8	21	27:17.6	8:48	1:11:33.6			
24	Casey Fitzpatrick	125	1:F 30-34	35	3:20.8	2:13	0:51.5	19	34:52.5	18.6	0:49.9	46	32:25.5	10:27	1:12:20.5			
25	Holly Selcer	342	2:F 30-34	66	3:57.8	2:38	1:50.6	27	37:53.0	17.1	0:51.1	23	27:56.2	9:01	1:12:28.8			
26	Kaleb Markey	179	3:M 25-29	10	2:48.5	1:52	1:06.5	22	35:39.7	18.2	1:01.3	49	33:01.0	10:39	1:13:37.2			
27	Reid Evans	188	3:M 35-39	39	3:26.3	2:17	0:21.6	26	37:30.6	17.3	2:28.9	30	30:07.4	9:43	1:13:55.0			
28	Victor Hugo Agreda	162	1:M 65-69	64	3:57.0	2:38	1:39.2	33	40:04.1	16.2	0:53.1	27	29:34.5	9:32	1:16:08.1			
29	Matthew Declercq	182	4:M 25-29	24	3:04.7	2:03	0:46.7	24	36:45.4	17.6	1:20.7	56	34:10.6	11:01	1:16:08.2			
30	Theresa Gregg	164	1:F 35-39	65	3:57.1	2:38	1:30.0	29	39:20.5	16.5	0:41.0	36	31:01.6	10:00	1:16:30.3			
31	Maia Delaney	323	1:F 15-19	32	3:18.9	2:12	1:06.9	38	40:56.0	15.8	0:47.1	35	30:38.5	9:53	1:16:47.6			
32	Bruce Haas	184	2:M 65-69									93	1:17:08.5	24:53	1:17:08.5			
33	Deb Meservy	307	1:F 55-59	68	4:01.7	2:41	1:43.0	23	36:02.0	18.0	1:16.9	58	34:22.5	11:05	1:17:26.3			

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				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace				
34	Kyrus Lanxter	334	5:M 25-29	46	3:38.8	2:25	2:24.6	43	41:52.8	15.5	0:54.4	26	29:01.7	9:22	1:17:52.5			
35	Joey Barbeauld	319	3:M 30-34	16	2:51.9	1:54	1:09.3	64	47:41.8	13.6	0:54.0	12	25:36.1	8:15	1:18:13.2			
36	Katie Selcer	341	3:F 30-34	20	3:01.4	2:01	1:41.7	45	42:12.3	15.4	0:51.3	33	30:27.4	9:49	1:18:14.3			
37	Steven Brooks	306	4:M 35-39	45	3:38.0	2:25	1:21.8	50	45:07.2	14.4	1:06.4	20	27:07.4	8:45	1:18:21.1			
38	Steven Pyles	187	4:M 30-34	49	3:42.0	2:28	1:14.0	35	40:34.6	16.0	1:12.5	43	31:49.6	10:16	1:18:32.8			
39	Preston Hood	336	1:M 20-24	29	3:12.4	2:08	1:33.6	51	45:19.4	14.3	0:50.3	24	28:42.0	9:15	1:19:37.8			
40	Nikki Riemen	197	3:F 25-29	4	2:39.0	1:46	1:48.4	46	43:08.8	15.0	1:34.5	34	30:28.5	9:50	1:19:39.4			
41	Matt Hagaman	333	1:M 40-44	54	3:48.3	2:32	1:43.7	31	39:30.6	16.4	2:05.8	50	33:09.7	10:42	1:20:18.2			
42	Steve Tompkins	320	2:M 55-59	34	3:19.9	2:13	0:58.6	37	40:47.9	15.9	1:27.6	52	34:00.1	10:58	1:20:34.4			
43	Benjamin Lampkin	340	5:M 30-34	61	3:54.8	2:36	1:34.3	42	41:35.8	15.6	2:23.9	39	31:26.5	10:08	1:20:55.4			
44	Kelley Harrell	339	4:F 30-34	55	3:48.7	2:32	0:59.4	40	41:22.1	15.7	1:09.2	55	34:05.3	11:00	1:21:25.0			
45	Lindsey Caperton	157	4:F 25-29	8	2:46.2	1:51	2:27.9	36	40:38.5	15.9	1:56.4	53	34:04.4	10:59	1:21:53.6			
46	Shane Sandefur	181	6:M 30-34	40	3:27.6	2:18	2:36.2	39	41:02.0	15.8	2:14.2	51	33:23.9	10:46	1:22:44.1			
47	Bradford Taylor	180	6:M 25-29	50	3:42.3	2:28	1:33.5	52	45:21.9	14.3	1:01.5	47	32:31.8	10:29	1:24:11.3			
48	Sherri Roberts	167	1:F 50-54	74	4:10.4	2:47	1:54.9	61	47:26.5	13.7	0:49.3	32	30:10.3	9:44	1:24:31.6			
49	George Holt	191	1:M 11-14	12	2:49.0	1:53	0:36.7	66	47:51.7	13.5	0:44.7	48	32:59.6	10:38	1:25:01.9			
50	Leslie Latterman	154	1:F 60-64	84	4:54.7	3:16	3:08.1	57	46:11.5	14.0	0:58.0	29	29:55.0	9:39	1:25:07.5			
51	Buck Fleming	186	5:M 35-39	75	4:17.3	2:51	1:59.9	32	39:57.8	16.2	1:59.6	66	37:32.2	12:06	1:25:47.0			
52	Ian Reitz	321	6:M 35-39	51	3:43.8	2:29	4:12.5	58	46:33.6	13.9		41	31:37.0	10:12	1:26:07.1			
53	Darrell Watson	105	3:M 45-49	41	3:28.7	2:19	1:22.4	71	49:22.8	13.1	2:05.3	31	30:07.9	9:43	1:26:27.3			
54	James Tewrll	329	3:M 15-19	53	3:44.4	2:29	1:13.8	41	41:26.3	15.6	1:18.5	76	39:48.6	12:50	1:27:31.7			
55	Marl Murphy	196	2:M 40-44	63	3:56.6	2:37	2:15.5	47	43:47.8	14.8	1:51.7	61	35:42.8	11:31	1:27:34.6			
56	Blake Tarr	338	3:M 40-44	56	3:49.2	2:33	2:04.3	77	51:53.1	12.5	1:01.6	25	28:49.7	9:18	1:27:38.0			
57	Elizabeth Hansen	331	1:F 40-44	42	3:31.4	2:21	2:27.3	59	46:58.9	13.8	2:48.0	45	32:05.0	10:21	1:27:50.8			
58	Melissa Granju	332	2:F 40-44	81	4:45.4	3:10	1:42.8	56	46:08.3	14.0	1:19.9	57	34:19.8	11:04	1:28:16.4			
59	David Latterman	144	1:M 60-64	79	4:30.4	3:00	3:06.3	65	47:50.7	13.5	1:35.4	38	31:14.1	10:05	1:28:17.1			
60	Annabel Henley	168	2:F 55-59	58	3:51.9	2:34	2:27.1	34	40:33.6	16.0	1:40.0	78	40:48.5	13:10	1:29:21.1			
61	Olivia Jones	324	1:F 20-24	19	2:58.5	1:59	1:23.5	75	51:39.1	12.5	1:47.4	42	31:42.0	10:14	1:29:30.8			
62	Rachel Enigk	348	5:F 30-34	62	3:56.2	2:37	1:29.6	73	50:57.6	12.7	1:44.3	44	31:56.6	10:18	1:30:04.5			
63	Ryne Roberts	325	7:M 25-29	26	3:08.4	2:05	1:39.8	72	49:36.9	13.1	0:53.1	59	34:53.1	11:15	1:30:11.5			
64	Pamela Smith	302	3:F 55-59	88	5:16.6	3:31	1:57.3	55	45:56.1	14.1	0:48.8	65	36:51.2	11:53	1:30:50.1			
65	Jessica Bocangel	304	2:F 35-39	67	3:58.3	2:39	1:20.9	53	45:28.1	14.3	1:57.1	69	38:54.2	12:33	1:31:38.8			
66	Kelsey Johnikin	192	6:F 30-34	60	3:53.3	2:35	1:15.0	68	48:03.2	13.5	2:10.9	63	36:47.0	11:52	1:32:09.5			

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				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace				
67	Happy Lee	118	3:F 35-39	86	4:57.5	3:18	3:18.6	44	42:00.5	15.4		82	42:16.2	13:38	1:32:33.0			
68	Flippers, Pedals and Sneakers	345	1:M 0-10	7	2:45.7	1:50	0:10.3	20	34:55.2	18.6	0:38.4	92	54:17.3	17:31	1:32:47.1			
69	Kristina Howard	166	4:F 35-39	78	4:26.1	2:57	1:56.1	62	47:27.8	13.7	1:05.3	73	39:20.5	12:41	1:34:16.0			
70	Brian Mountain	178	7:M 35-39	52	3:44.3	2:29	3:08.7	63	47:32.5	13.6	2:21.1	68	37:57.8	12:15	1:34:44.5			
71	Ashley Pace	175	3:F 40-44	59	3:52.4	2:35	2:24.0	67	47:54.4	13.5	1:17.9	75	39:43.2	12:49	1:35:12.2			
72	Austin Kirk	200	2:M 20-24	33	3:19.4	2:13	1:52.9	60	47:06.0	13.8	1:24.2	80	41:32.5	13:24	1:35:15.2			
73	Kathryn Taylor	158	7:F 30-34	48	3:41.4	2:27	2:23.1	69	48:25.3	13.4	1:23.2	77	40:31.7	13:04	1:36:24.8			
74	Eric Ayers	165	8:M 35-39	31	3:18.4	2:12	4:03.1	70	48:48.7	13.3	2:35.3	70	38:57.3	12:34	1:37:43.0			
75	Liz Lovelace	335	4:F 55-59	73	4:09.8	2:46	1:05.9	82	54:36.4	11.9	1:03.2	64	36:49.8	11:53	1:37:45.3			
76	Clarence Brown	176	4:M 45-49	69	4:02.6	2:41	2:30.3	84	56:57.6	11.4	0:47.1	54	34:04.8	10:59	1:38:22.6			
77	The Octos	315	1:M 80-99	28	3:12.1	2:08	0:17.4	48	44:40.8	14.5	0:55.3	90	50:56.3	16:26	1:40:02.2			
78	Sally Goade	312	2:F 60-64	85	4:57.3	3:18	2:47.4	49	44:52.6	14.4	2:39.6	85	44:52.6	14:28	1:40:09.6			
79	Bridget Landis	155	2:F 20-24	44	3:35.2	2:23	2:54.7	74	51:32.0	12.6	1:45.8	79	40:59.8	13:13	1:40:47.7			
80	James Petty	327	2:M 60-64	91	6:18.3	4:12	2:07.0	78	52:10.0	12.4		83	42:21.3	13:40	1:42:30.6			
81	Erin Patrick	173	5:F 35-39	71	4:05.4	2:43	2:24.0	83	55:54.4	11.6	0:59.4	74	39:32.8	12:45	1:42:56.2			
82	John Rausin	309	9:M 35-39	57	3:50.0	2:33	2:09.3	54	45:33.0	14.2	3:46.3	89	47:52.6	15:26	1:43:11.3			
83	Joshua Day	171	8:M 25-29	47	3:40.5	2:27	2:16.9	86	59:27.1	10.9	1:48.9	62	36:19.8	11:43	1:43:33.3			
84	Aubrey Woodruff	199	8:F 30-34	87	5:14.6	3:29	1:21.7	87	1:01:14.3	10.6	1:26.7	60	35:27.4	11:26	1:44:44.9			
85	TeamTennova	310	3:F 60-64	82	4:46.1	3:11	0:41.4	76	51:49.2	12.5	0:53.8	88	47:47.6	15:25	1:45:58.2			
86	Vic Jr	161	2:M 0-10	72	4:07.6	2:45	0:33.6	88	1:02:00.6	10.5	0:56.0	72	39:11.9	12:38	1:46:49.9			
87	Crystal Southerland	160	4:F 40-44	83	4:50.9	3:13	2:57.0	79	53:31.2	12.1	1:44.3	86	45:24.6	14:39	1:48:28.1			
88	Loren Fine	195	7:M 30-34	77	4:21.6	2:54	2:06.7	85	57:36.9	11.3	1:44.8	84	44:00.1	14:12	1:49:50.4			
89	Sharlyn Hjelmstad	163	1:F 45-49	80	4:38.8	3:05	2:22.8	81	54:34.5	11.9	1:21.0	87	47:43.4	15:24	1:50:40.7			
90	Melissa Hill	311	2:F 50-54	90	5:43.1	3:49	1:43.1	80	54:28.9	11.9	1:32.9	91	53:52.1	17:23	1:57:20.3			
91	Abby Fleming	185	9:F 30-34	89	5:27.4	3:38	4:04.4	89	1:17:55.5	8.32	1:04.1	67	37:52.4	12:13	2:06:24.0			
92	Kara Day	170	5:F 25-29	76	4:18.2	2:52	4:38.6	90	1:20:24.8	8.06	1:35.3	71	39:00.5	12:35	2:09:57.7			
93	Courtney Capehart	169	6:F 25-29	70	4:04.5	2:43	5:02.2	91	1:22:04.1	7.90	1:07.6	81	41:44.5	13:28	2:14:03.1			