



Burr's Running Club Registration Form (4th grade only)

Believe in yourself & you will be unstoppable

4th graders are invited to join the running club starting **September 12**. The running club was created to prepare students for the mile run requirement in Physical education in the fall of 4th grade. Basic running techniques will be reviewed as well as exercises to build endurance. This is a great opportunity to incorporate physical activity before the school day. All students will be encouraged to work hard and do their personal best.

The Running Club will meet for six Thursdays starting **9/12 from 8:00am -8:45am**. Students will meet on the Burr field. **Remember to bring a water bottle and wear sneakers for each session.**

Student Name: _____ Teacher: _____

Parent(s): _____

Email Address: _____

Phone: _____ Cell Phone: _____

Emergency Contact: _____

Emergency Phone: _____ Cell Phone: _____

Volunteers wanted! Please sign up if you would like to help.

(1) I can assist at the Running Club practice on the following date(s): (please circle)

9/12 9/19 9/26 10/3 10/10 10/17 10/24 Name _____

(2) I can donate a healthy snack on the following date: (exact quantity TBD)

9/12 9/19 9/26 10/3 10/10 10/17 10/24 Name _____

Please return this form to Burr, Attn: 4th Grade Running Club by Tuesday, 9/10

Questions? Please contact: Greg Bloom (203) 913-3297 gsbloom@hotmail.com

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