


ACTIVE AGING SENIOR EXPO 2018 AGENDA

October 11, 2018

<p>9:00am-9:45am Room 1 Library</p> <p>11:00am-11:45am Room 1 Library</p>	<p>SENIOR LIVING DISCUSSION PANEL Melody Moses, MSAC Operations Director Moderator Aging adults have more housing choices than ever before but navigating those options can be a bit overwhelming. To help separate fact from myth, the McMinn Senior Activity Center will host a moderated panel discussion with professionals from the senior housing industry. This collaborative education presentation is designed for boomers, seniors, children of aging parents, or anyone else interested in finding out more about the different types of living options available for the 55+ population.</p>
<p>10:00am-10:45am Room 1 Library</p> <p>1:00pm-1:45pm Room 1 Library</p>	<p>FINANCIAL PLANNING Skylar Dean Edward Jones Join Skylar Dean with Edward Jones as he provides financial planning education for Baby Boomers, seniors and their care-givers in a non-sales venue, enabling those 55 and older to learn, explore and examine the possibilities of their financial future.</p>
<p>9:00am-9:45am Room 2 Conference Room</p> <p>11:00am-11:45am Room 2 Conference Room</p>	<p>VETERANS AFFAIRS Q&A Susan Peglow McMinn County Veterans Affairs Numerous VA benefits for eligible veterans are available, but navigating the bureaucracy can be a real challenge, and many people miss out on benefits they have earned because they don't know where to start. Get your questions about VA benefits answered by an expert.</p>
<p>10:00am-10:45am Room 2 Conference Room</p> <p>11:00am-12:00pm Room 2 Conference Room</p>	<p>FLU & SHINGLES VACCINATIONS Walgreens Pharmacy Older adults can take charge of their health by receiving vaccines for preventable diseases at the Active Aging Expo from Walgreen Pharmacists. Medicare Part B and D plans accepted. Wear loose-fitting clothing. Bring your insurance information and photo ID.</p>
<p>10:00am-10:45am 1:00pm-1:45pm One-on-One counseling with Amy in Room 4 Computer Lab</p>	<p>SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) Amy Wilson Southeast Area Agency on Aging and Disability More than half of all McMinn County seniors who qualify for SNAP are not enrolled in the program, making low-income seniors especially vulnerable to hunger. Amy Wilson, SNAP Benefits Coordinator with the Southeast Tennessee Agency on Aging, will be on hand to talk about the SNAP Program and what it can do for you and to assist you with your application.</p> <p>Sign up for free and confidential one-on-one counseling with Amy to see if you qualify for SNAP. Call 423-745-6830 to sign up or register with Amy at her booth during at the Expo.</p>

<p>11:45am-12:15pm Inman Activity Room</p>	<p>LUNCH SERVED</p> <p>Sponsored by Starr Regional Medical Center</p> <p>Tickets available at the McMinn Senior Activity Center starting October 1, 2018. Ticket required to receive a meal. Number of tickets are limited.</p> 
<p>12:00pm-12:45pm Inman Activity Room</p>	<p>KEYNOTE SPEAKER</p> <p>Dr. Bob Overholt The Allergy, Asthma and Sinus Center</p> <p>"Dr. Bob," as he is known to patients, friends and fans, has been in private practice since 1970 and is a renowned expert on medical and health issues. For more than 25 years, Dr. Bob has been the host of the popular "Dr. Bob Show," which features timely and important medical topics and a guest expert in various medical specialties. The award-winning public affairs television show is the recipient of more than two dozen Telly Awards for excellence in broadcast programming. The Dr. Bob Show is broadcast throughout East Tennessee and parts of Kentucky, Virginia and middle Tennessee on PBS affiliates and 10News2. Dr. Bob has also been part of the NBC affiliate WBIR-TV's 10 News family for almost 30 years. He appears on news programs twice each week to discuss current medical topics, address local health concerns, dispel medical myths and answer questions from viewers. He is certified by both the American Board of Internal Medicine and the American Board of Allergy and Immunology.</p>
<p>10:00am-11:00am Room 3 Craft Room</p> <p>1:00pm-2:00 pm Room 3 Craft Room</p>	<p>HEARING SCREENINGS</p> <p>Jennifer King King Audiology</p> <p>Concerned about your hearing? Want your ears checked for earwax? The McMinn Senior Activity Center is partnering with the Dr. Jennifer King at King Audiology to provide free hearing screenings and consultations at the 2018 Active Aging Expo.</p>
<p>9:00am-9:45am Room 3 Craft Room</p> <p>11:00am-11:45am Room 3 Craft Room</p>	<p>LEGAL AID</p> <p>Andrew Bateman Law Office of Andrew Bateman, PLLC</p> <p>Have questions? Join the Law Offices of Andrew E. Bateman, PLLC, a local law firm whose mission is to serve the legal needs of the community of Athens and surrounding counties, as they share general legal information that is important to seniors citizens today.</p>
<p>10:00am-10:45am Room 4 Computer Lab</p> <p>1:00pm-1:45pm Room 4 Computer Lab</p>	<p>SHIP MEDICARE COUNSELING</p> <p>Southeast Area Agency on Aging and Disability</p> <p>Get the answers to your questions about Medicare, Medicare supplements, Medicare Advantage, and prescription drug coverage. State Health Insurance Assistance Programs (SHIPs) provide free help to Medicare beneficiaries who have questions or issues and helps people enroll in Part D & Assistance Programs. Trained volunteers and counselors from the Southeast Tennessee Agency on Aging provide counseling and assistance, and the best part is that it's free and objective!</p>