

Progressive Fitness, LLP

1 Client						
Clients	Months	Sessions/wk	Cost/Session	Total Sessions	Paid in Full (cash)	Paid monthly (+2.9%)
1	1	1	\$72.15	4	\$288.61	\$296.98
1	1	2	\$70.25	9	\$632.27	\$650.61
1	1	3	\$68.35	13	\$888.58	\$914.35
1	1	4	\$66.45	17	\$1,129.69	\$1,162.45
1	3	1	\$62.65	13	\$814.48	\$279.37
1	3	2	\$60.75	26	\$1,579.57	\$541.79
1	3	3	\$58.85	39	\$2,295.25	\$787.27
1	3	4	\$56.95	52	\$2,961.53	\$1,015.80
1	6	1	\$53.15	26	\$1,381.97	\$237.01
1	6	2	\$51.25	52	\$2,665.13	\$457.07
1	6	3	\$49.35	77	\$3,800.14	\$651.72
1	6	4	\$47.45	103	\$4,887.61	\$838.22
1	12	1	\$43.65	52	\$2,269.93	\$194.65
1	12	2	\$41.75	103	\$4,300.51	\$368.77
1	12	3	\$39.85	155	\$6,177.14	\$529.69
1	12	4	\$37.95	206	\$7,818.22	\$670.41

2 Clients						
Clients	Months	Sessions/wk	Cost/Session	Total Sessions	Paid in Full (cash)	Paid monthly (+2.9%)
2	1	1	\$76.90	4	\$292.23	\$300.70
2	1	2	\$75.00	9	\$641.27	\$659.87
2	1	3	\$73.10	13	\$902.82	\$929.00
2	1	4	\$69.30	17	\$1,119.24	\$1,151.69
2	3	1	\$67.40	13	\$832.42	\$285.52
2	3	2	\$65.50	26	\$1,617.91	\$554.94
2	3	3	\$63.60	39	\$2,356.47	\$808.27
2	3	4	\$59.80	52	\$2,954.24	\$1,013.31
2	6	1	\$57.90	26	\$1,430.19	\$245.28
2	6	2	\$56.00	52	\$2,766.52	\$474.46
2	6	3	\$54.10	77	\$3,957.60	\$678.73
2	6	4	\$50.30	103	\$4,922.10	\$844.14
2	12	1	\$48.40	52	\$2,516.93	\$215.83
2	12	2	\$46.50	103	\$4,789.76	\$410.72
2	12	3	\$44.60	155	\$6,913.39	\$592.82
2	12	4	\$40.80	206	\$8,405.32	\$720.76

3 Clients						
Clients	Months	Sessions/wk	Cost/Session	Total Sessions	Paid in Full (cash)	Paid monthly (+2.9%)
3	1	1	\$86.40	4	\$328.33	\$337.85
3	1	2	\$84.50	9	\$722.50	\$743.45
3	1	3	\$82.60	13	\$1,020.14	\$1,049.72
3	1	4	\$78.80	17	\$1,272.66	\$1,309.57
3	3	1	\$76.90	13	\$949.75	\$325.76
3	3	2	\$75.00	26	\$1,852.56	\$635.43
3	3	3	\$73.10	39	\$2,708.45	\$929.00
3	3	4	\$69.30	52	\$3,423.54	\$1,174.28
3	6	1	\$67.40	26	\$1,664.84	\$285.52
3	6	2	\$65.50	52	\$3,235.82	\$554.94
3	6	3	\$63.60	77	\$4,652.52	\$797.91
3	6	4	\$59.80	103	\$5,851.67	\$1,003.56
3	12	1	\$57.90	52	\$3,010.93	\$258.19
3	12	2	\$56.00	103	\$5,768.26	\$494.63
3	12	3	\$54.10	155	\$8,385.89	\$719.09
3	12	4	\$50.30	206	\$10,907.70	\$935.34

Dietitian

Package 1 \$125
 Initial Consultation (60 minutes)
 Meal Plan
 One Follow-up visit (30 minutes)

Package 2 \$275
 Initial Consultation (60 minutes)
 Meal Plan
 Three Follow-up visits (30 minutes)
 Body Gem Testing

Package 3 \$425
 Initial Consultation (60 minutes)
 Meal Plan
 Seven Follow-up visits (30 minutes)
 Body Gem Testing

Extras

\$175 4 Follow-up visits (30 minutes)
 \$325 8 Follow-up visits (30 minutes)
 \$480 12 Follow-up visits (30 minutes)
 \$60 One Follow-up visit (30 minutes)
 \$55 Body Gem Testing
 Free Body Fat Testing
 Free 30 Minute Assessment