



DAY 16

Sometimes I can get easily distracted. How about you? It is so easy to get distracted by all the things going on in our lives. We can get wrapped up in all of the things that we have to do that we constantly find ourselves living in the fast lane of life. I suppose it is okay to be in the fast lane, as long as you are making regular rest stops to get alone with God. Even Jesus had to create space for His Father to fill.

Both Moses and John the Baptist created space for the Father to fill. They were in the desert when they heard God's voice. I'm not saying you have to get a machete and hack your way out in the wilderness or travel to some desert somewhere, but whether it's in your car, your bedroom or whatever, get alone with God so you can hear the voice of your heavenly Father.

Hearing from God doesn't need to take a long time, but neither can it be rushed. You don't have to pray and cry out to God for two hours a day every single day of the week to hear His voice. Reading your Bible doesn't mean it has to be four chapters a day. We make this more complicated than it has to be. What you do need is a time that is set aside, a time for nothing but you and God, and you need to guard that time. Pick a place that works for you where you can really get along with God and detach from the usual distractions. Come prepared to hear from Him, having things like your Bible, a pen, a highlighter, and a journal readily available. Have worship music within reach too. Keep your time with God fresh and new but also simple and sustainable. Find out what works for you and create space for God.

Excerpts taken from *Awakening: A New Approach to Faith, Fasting, and Spiritual Freedom* by Stovall Weems (pp. 44-45)

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