

Summer Class Descriptions (2 pages long):

Dance Conditioning is a practice that focuses on strengthening, toning, and stretching different parts of the body. Within the different genres of dance, students use a plethora of body parts and muscles. The goal of dance conditioning is to provide a regimen of exercises for the development of a dancers physical endurance, strength, flexibility, and coordination. At Movement Theater, our dance conditioning classes include a variety of exercises and techniques. Students will work at the barres, on floor mats, across the floor, and more. The teacher typically focuses on isolated body parts to work out for an allotted period of time within each class. While the classes are work-intensive and require a great deal of perseverance, our dancers appreciate the chance to rigorously work out their muscles and thus improve their overall ability. Dancers should bring to class a yoga mat and theraband (everything can be purchased at Five Below).

Tween Theater Class: 4th-6th gr

Week 1: Introduction to Improv- Improvisation is a key skill to have as a performer! Learn how to think on your feet and create scenes and characters never before seen, on the spot! Students will learn techniques created by Del Close, and do exercises in the style of "Whose Line is it Anyway?"

Week 2: Introduction to Shakespeare- Calling all kings, queens, fairies, and soldiers! Students will learn about the world's most well-known playwright's work, how today's theatre is influenced by it, and stage some scenes from some of his most famous plays.

Week 3: Creating a Character/Movement for the Actor- Students will perform exercises from The Checkov, Linklater, and Alexander Techniques to explore all the different ways their bodies can move onstage, and how to use their voice to become countless different characters.

Week 4: Stage Makeup Basics- From Old Age to Animals, learn how to become someone (or something!) completely different with nothing but makeup!

Week 5: Script Writing- From "Once Upon a Time..." to "The End" ! Students will work as a group to create a "mini play" to stage in class.

Week 6: Audition Technique- Auditioning can be scary! Learn what to expect when going to an audition. Students will learn how to introduce themselves to directors, perform cold (on the spot) readings of scenes, and shake off all the butterflies!

Kids Theater Class: Grade 1-3 -- Storytelling

Over the course of 6 weeks, students will discover all of the ways a story can be told in the theater. With exercises utilizing methods of improvisation, movement, and acting techniques, students will see just how strong their imaginations can be and develop key skills to use as both a performer and a storyteller.

Teen Theater Class: 7th gr & up

June 25th-

Emotions

In this class we will be exploring a wide range of emotions. Young actors can learn how to show emotions using different parts of our bodies and faces, as well as verbal and non verbal cues. We will also talk about different methods actors use to find inspiration for each emotion.

July 2nd-

Accents

This week we will be focusing on different Accents. We will learn the basics of a British accent and a southern accent. The students will learn a bit about dialect and how to shape your mouth to make different sounds.

July 9th-

Comedy

This week will learn about different forms of comedy. The students will get to try a few methods including slapstick, deadpan, and character comedy.

July 16th-

Improv

After a brief introduction to the history of improv and it's uses today, we will play a variety of improv games. This class is all about imagination and coming up with things on the spot. Through a series of games students will learn how to think quickly and create resolutions.

July 23rd-

Props

This class will focus on the introduction of props. From cups and baskets to funny hats, actors will learn how to use a prop with some light scene work. We will talk about the life of a prop and the responsibility an actor has to their prop.

July 30th-

Stage Combat

Our last class will be all about Stage Combat. First we will discuss safety and the rules of combat. Then actors will learn stage falls, and a small hand to hand fight combo. Please wear comfortable clothing as we will be rolling around and moving quite a lot during this class.

Pre-Dance – an intro to ballet and creative movement

Ballet – proper ballet technique taught with barre work, center and across the floor

Hip Hop – a form of jazz dance using elements of street dance to fun upbeat music

Modern – a creative dance form based off of space, timing, force, and expression

Lyrical – is an expressive dance based loosely on ballet technique

Acro – basically a form of gymnastics using only tumbling floor work

Theater Jazz – jazz technique focusing on dance styles/choreography from Broadway shows