



## Class and Level Description

DANCE GENRES	
Children's Dance:	Basic movement and coordination skills are learned. Children will learn directions, gross motor skills, rhythm, flexibility, body awareness and timing. Dancers will also be introduced to basic Ballet and Jazz terminology at age appropriate levels
Ballet	Classical ballet is taught to dancers based on the Checcetti technique. Traditional barre work, center work and combinations are included in all classes. Emphasis is placed on proper execution of movement and terminology. <b>Ballet is essential and is highly recommended that all students take it, as it is the basis for all Western dance.</b>
Jazz	These classes explore body isolations of the head, shoulders, ribcage, feet and arms and encourage individual expression and the development of personal style.
Contemporary/ Modern	Dancers will learn modern dance using Horton, Graham and other contemporary styles. Students learn the terminology and discipline associated with the technique. <b>Contemporary and Modern have their roots in Ballet and all dancers must have at least 2 years of Ballet prior to enrolling in a either class.</b>
Tap	Tap focuses on rhythms and intricate footwork, creating a percussion instrument out of the dancer's feet. Rhythm tap is a broad category that encompasses the various hoofing styles.
Hip Hop	Students learn pop locking, breaking and other contemporary styles. They will also be encouraged to express themselves through freestyle.
Acrobatics	Is the performance of extraordinary feats of balance, agility, and motor coordination. It can be found in many of the performing arts as well as in many sports. Acrobatics is most often associated with activities that make extensive use of gymnastic elements, such as acro dance, circus, and gymnastics, but many other athletic activities such as ballet and diving may also employ acrobatics.
DANCE LEVELS	
LOWER SCHOOL	
Children's Dance A	(ages 2 ½ - 8) Students are exposed to simple movements and terminology with an emphasis on spatial directions and reference and coordination. Dancers are taught the basics of Ballet and Jazz. * Staff will assess all new students to determine their skill level for placement
Children's Dance B	Advanced dancers (ages 4-8) * Staff will assess all new students to determine their skill level for placement
Lower School Tap	Lower School Students (CD I, CD I/II and CD II)

Lower School Hip Hop	This class will be high energy with a focus on basic footwork and the fundamentals hip-hop movement. Stretching, rhythm, musicality, and memorization will be included.
Acrobatics (must be 5 years old)	This class will build on dancer's flexibility as well as strengthening their core while learning the fundamentals of flipping and tumbling.
<b>MIDDLE SCHOOL</b>	
Intro (Beginners)	This level is used as a transition level from lower school to middle school. These students have mastered or on their way to mastering the required terminology and technique for Lower School <b>(must have 3 years of previous dance training or take a placement test)</b>
Level III (Advanced- Beginners)	Students are building on the blocks that were established in previous levels. Students from this level will eventually transition to upper school
Middle School Tap	Middle School Students (Intro and Level III)
Middle School Hip Hop	Classes will be suitable for beginner to intermediate students. This class will focus on the importance of rhythm and musicality, memorization, and strength. Students will also learn footwork and hip-hop fundamentals.
Acrobatics	This class will build on dancer's flexibility as well as strengthening their core while learning the fundamentals of flipping and tumbling.
<b>UPPER SCHOOL</b>	
Level II (Intermediate)	Students have a working dance vocabulary and are able to execute level appropriate technology.
Level I (Advanced-Intermediate/ Advanced)	This level is exclusively for students who have been thoroughly trained and have a clear understanding of the required terminology. They also have developed the skill to properly execute their technique.
Upper School Tap	Upper School Students (Level II and Level I)
Upper School Hip Hop	Classes will be suitable for intermediate-advanced students. This class will focus on the importance of rhythm and musicality, memorization, and strength. Students will also learn footwork and hip-hop fundamentals at a faster and intricate pace.
Acrobatics	This class will build on dancer's flexibility as well as strengthening their core while learning the fundamentals of flipping and tumbling.
Pre-Pointe	
<b>JR. &amp; SR. ELITE</b>	
Jr. Elite (6-12) Sr. Elite (12-18)	These tracks are designated specifically for our performance groups. Students are selected by audition and are trained at an intense pace.

## DRAMA PROGRAM

Our specialty is using a wide range of unique drama activities to focus the bold, outspoken students and to draw out the quiet or the inarticulate ones and help them reach into themselves to discover their full potential. This program is for students 6-18

## VOCAL PROGRAM

Our Vocal lessons offer a full range of kid friendly lessons for ages 6-18. Whether you want to learn rock, pop, blues or classical, whether you are a novice or expert, we have a lesson suited for you. We offer groups as well as private lessons to allow for progress that is catered to each student. Our teachers want you to learn music that you feel passionate about, so be sure to tell them what style of music you enjoy! This program is for students 8-18