

2019 TITAN WRESTLING INSTITUTE Novice/Girls Tournament

DATE: Sunday, January 20, 2018

LOCATION: Lee's Summit West High School 2600 SW Ward Road Lee's Summit, MO 64082

REGISTRATION: Clubs please submit entries via Trackwrestling.

We added \$5.00 to the wrestlers registration fee, but we will no longer be collecting gates fees for parent/family admission. Coaches check in at door for credentials.

DEADLINE: Thursday, January 17th @ 6pm / Limited to the first 300 paid entries / No walk-ins the day of the tournament.

WEIGH-INS: Sunday, January 20 – 9:00-10:00 a.m. Wrestlers MUST check-in regardless of previous day weigh-in.

Lee's Summit West High School 2600 SW Ward Road Lee's Summit, MO 64082

COACHES MEETING: 11:00 a.m. WRESTLING BEGINS: 11:15 a.m.

BRACKET FORMAT: All wrestlers will be put into 5, 4,3 or Best of 3 round robin format.

TOURNAMENT DIRECTORS:: Adam West & Matt Thomlinson titanwrestlinginstitute@hotmail.com.

NO COOLERS or FOOD ALLOWED INSIDE THE GYM. ALL COOLERS MUST BE KEPT IN THE COMMONS AREA. WATER IS THE ONLY BEVERAGE ALLOWED INSIDE THE GYM.

TOURNAMENT DIRECTORS: Adam West 816-591-5150 & Matt Thomlinson 660-553-8052

ADMISSION: FREE, included in wrestler registration.

Only coaches presenting a valid 2019 MO USA WRESTLING Card, Bronze Certification, and a picture ID will be allowed mat side and in the hospitality room. The tournament host has the right to restrict floor access. Coach's cards are not floor passes. Only coaches with a valid coach's card and a bronze certification around their neck will be allowed to coach at mat side.

MATCH TIMES: 6 & 8's 3-1 minute periods

10's, 12's, and 14's 3-1.5 minute periods

Overtime: Same as high-school rule book

WEIGHT CLASSES:

6 & UNDER 30-35-40-45-50-55-60-65-70-75-80-85-90-100-115-115+

8 & UNDER 40-45-50-55-60-65-70-75-80-85-90-100-115-130-145-160-175-190-205-220-235-250-285
10 & UNDER 50-55-60-65-70-75-80-85-90-95-100-110-120-130-150-170-190-210-230-250-285
12 & UNDER 60-65-70-75-80-85-90-95-100-105-110-115-120-125-130-135-140-150-165-175-190-205-235-285

14 & UNDER 70-75-80-85-90-95-100-105-110-115-120-125-130-135-140-145-150-155-165-175-190-205-235-285

Girls- Participants in the girls division will be grouped together in 5, 4, 3 or Best of 3 round robin format. All participants will compete at the age they were on December 31, 2018.

There will be no running, or other weight loss measures, allowed inside the wrestling facility.

All wrestlers will be required to weigh-in wearing only a singlet with the straps pulled down; females will be required to wear their singlet with a sports bra, or other suitable undergarment. Each wrestler will be visually checked and if a participant is suspected of having a communicable skin disease, or any other condition that may make participation inadvisable, the wrestler must provide written documentation (which must be on the form supplied by MISSOURI USA WRESTLING and obtained by the participants club), dated and signed by a physician, within 14 days of the tournament, stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to their opponent. They must also have attached a doctor's letterhead or a sheet from the doctor's prescription pad to the skin form