

"I don't like change!" That is a common emotion that is often expressed. Through this season of COVID, we have experienced a long-m dose of change. We have had to adapt to new circumstances that are uncomforta-

term dose of change. We have had to adapt to new circumstances that are uncomfortable or just different. I was recently reminded that not all change is bad. If your boss came to you and said, "I am going to double your salary." I don't think anyone would say, "I don't like change!" We often don't like change at first because we are comfortable with the known. The future is unknown. But, as followers of Jesus, we have committed ourselves to a lifestyle of change. If we are to become more like Jesus, we have to be willing to change. Growth is all about change.

As we continue to find our way through this pandemic, I encourage you to look for what God is doing to make you more like Jesus. Sometimes, it might be as simple as developing your patience. Often, it is the difficult times that make us better, not the comfortable times. What is helpful to endure difficult change is faith that God's in charge! God promises to make something good come out of all our circumstances, whether good, bad, or ugly. When we truly believe that, and cling to it, then ALL change has an upside. It is more than just positive thinking. It is positive thanking! So don't forget to thank God for change. It does a body good!

