

Del Norte Senior Center  
 1765 Northcrest Drive  
 Crescent City, CA 95531  
 707-464-3069  
 Hours 9:00am to 4:00pm

**COME JOIN US!!!**  
 Lunch Served Daily  
 Monday Thru Friday  
 11:30am TO 12:30Pm



# DECEMBER 2018

SUN	MON	TUE	WED	THU	FRI	SAT
2 <b>Senior Legal Service</b> 464-3069 1-800-972-0002	3 Crispy Baked Chicken, Yams, Tossed Salad w/Tomatoes & Red Peppers, WW Bread and Fresh Fruit	4 Grilled Cheese Sandwich on WW Bread, Tomato Basil Soup, Cool Cucumber Salad and Apples <i>Salad Bar</i>	5 Stuffed Baked Potato w/Beef Chili & Cheese, Onions & Broccoli, Tossed Salad, WW Bread	6 Chicken & Dumplings, Tangy Coleslaw, WW Bread and Fresh Orange	7 Roast Pork w/Sweet & Sour Sauce, Oriental Vegetables, Sliced Cucumbers in Rice Vinegar, Brown Rice, and Orange	8
9 	10 Spaghetti w/Meat Sauce, Spinach Salad, French Bread and Apples	11 Easy Egg Casserole, Oven Browned Potatoes, Harvest Muffin and Orange Ambrosia <i>Salad Bar</i>	12 Stir Fried Chicken and Vegetables, Brown Rice, Pineapple w/Coconut	13 Black Bean Soup, Spinach Salad w/Red Onions & Red Peppers, WW Dinner Roll and Fresh Orange	14 Salisbury Steak, Mashed Potatoes w/Gravy, Braised Cabbage w/Dill, WW Bread and Cinnamon Applesauce	15 
16 	17 Oven Fried Chicken, Mashed Potatoes, Country Spinach, WW Roll and Fresh Orange	18 Vegetarian Pizza w/Artichoke Hearts, Romaine Salad w/Tomatoes & Red Peppers and Ice Cream <i>Salad Bar</i>	19 Beef Taco Salad, Tortilla Chips, Apricots and Christmas Cookie	20 Tuna Sandwich w/Lettuce & Tomato on WW Bread, Carrot & Raisin Salad, Sliced Orange and Gingerbread Recipe	21 <b>Merry Christmas</b> Turkey, Stuffing, Mashed Potatoes w/Gravy, Green Beans w/Onions, Cranberry Jello Salad w/Mandarins and Pumpkin Cake	22 
23 	24 Scrambled Eggs w/Spinach & Cheese, Rosemary Potatoes, WW Biscuit w/Gravy and Cantaloupe & Grapes	25 <b>SITE CLOSED</b> <b>Merry Christmas!!!</b>	26 Sloppy Joe on WW Bun, Sweet Potato Fries, Tossed Salad and Orange	27 Oven Fried Chicken, Broccoli, Carrot & Pineapple Salad, WW Noodles w/Olive Oil & Herbs	28 New Year's Eve Hot Turkey Sandwich, Mashed Potatoes, Cranberry Orange Jello Salad and Pumpkin Cake	29 
30 <b>Menu Is Subject To Change Without Notice</b>	31 Tuna Sandwich on WW or Rye Bread, Pea Soup, Tossed Salad and Sliced Oranges					<b>HICAP</b> <b>AT DNSC</b> <b>464-7876</b>