

December 2019 At a glance

Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 Advent 1 Worship 11:15 Comm. Future of Regina UCs Potluck Collecting for Rainbow Youth Xmas	2 Meditation 7:15 pm AA 8 pm	3 Cards 9:30 TOPS 6:30 Gratitude Team 7 pm	4 Coffee Shop 2 – 4:30 pm @ 2 nd Cup Caroling Advent worship with Wesley UC 7 pm	5 Forever in Motion 10 am Craft/Study 1:30 Carols & Nativity 6:30 pm	6	7 Messy Church 4 pm
8 Advent 2 Worship 11:15 Open Hearts Jar	9 Meditation 7:15 pm AA 8 pm	10 Cards 9:30 TOPS 6:30	11 Coffee Shop 2 – 4:30 pm @B.A. Soup 5:30 & Advent Service 6:30 pm	12 Forever in Motion 10 am Craft/Study 1:30	13	14 Women's Breakfast 8 am
15 Advent 3 Worship 11:15 Prayer Candles Wascana Worship	16 Meditation 7:15 pm AA 8 pm	17 Cards 9:30 TOPS 6:30	18 Coffee Shop 2 – 4:30 pm @B.A. Blue Christmas 7pm	19 Forever in Motion 10 am Community Dinner	20	21 Christmas Beer & Hymns @ Leopold's 3 pm
22 Advent 4 Worship 11:15	23 AA 8 pm	24 Christmas Eve Worship Family 7 pm Communion 9 pm	25 	26	27	28 ICF Breakfast 9 am
29 Worship Lessons & Carols w LSC 9:30 am!	30 AA 8 pm	31	1 	2	3	4

TOPS = Take Off Pounds Sensibly
AA = Alcoholics Anonymous



ANNOUNCEMENTS

December 1, 2019

306-761-0556 eastsideunited@sasktel.net
Like us on facebook (Eastside United Church)
Follow us on Twitter @Eastside_united
www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry
offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell Walker
Greeting: Holly Mah and Jayne Krueger
Congregational Care Greeter: Clare Banks
Prayers: Jayne Krueger
PowerPoint: Ernie Poirier
Pianist: Michelle Dickie



Last week's attendance: Offering: \$2577 Weekly budget: \$1100

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours:

Tuesday, Wednesday and Thursday, working from home Friday
Russell's e-mail address: russell.eastside@sasktel.net

Russell will again be holding **Coffee Shop Office Hours** Wednesdays
through November from 2 to 4:30 at Second Cup on Quance Street.

Scripture Reading: Isaiah 2: 1-5
Matthew 24: 36-44

Songs –

Hope Shines as a Solitary Star
O Come, O Come Emmanuel VU #1 Vs 1-3, 7
A Candle is Burning VU #6
Let there be Light VU #679
O God of Advent Peace *Tune VU #541*
People Look East VU #9
Prepare the Way of the Lord VU #10

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. For more information, call Rod 306-535-2877. There is a short morning prayer service from 9 am for those interested. Everyone is welcome.

Forever... in motion at the LSC, Thursday mornings at 10 am! *Forever... in motion* is a physical activity program for adults 50 and over. And it's FREE! Wear comfortable clothing and running shoes, and bring a water bottle. For more information please call Heather at 306-737-4681. This group will take a Christmas break from December 19 to January 9, 2020.

Eastside's Craft/Study Group, Thursdays at 1:30 pm in the East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We will be enjoying some Advent readings and reflections for the next two weeks, will break for Christmas from December 12 to January 9, and will resume in the new year with the book *Church Forsaken: Practicing Presence in Neglected Neighbourhoods* by Jonathan Brooks. If you wish to participate please let the office know by Dec 19.

LSC Meditation Monday evenings at 7:15 pm. Elaine Hill will be leading us in a **Gratitude Meditation on Monday, December 2**. All are welcome to explore meditation with us within a friendly and loving circle of people. Dress comfortably, bring a friend.

Carol Singing in the Community – Join Russell at **Second Cup** on Wednesday, December 4 at 3 pm for some Carol Singing to help the community get into the Spirit of Christmas! Let Russell know if you can join.

LSC Women's Spirituality Breakfast, Saturday, December 14 from 8 to 10 am. *Acts of Loving Kindness*: In the spirit of Christmas, bring an ornament and tell us why it's a favourite. Come prepared to share a story about an act of loving kindness - yours or someone else's. All women are welcome to join us for breakfast and conversation. Please bring two toonies to help with costs.

Eastside Community Dinner, Thursday, December 19 at 5:45 pm. We begin with a short service – prayer, scripture, candle-lighting, singing – followed by a meal. Please RSVP by December 16 if you can join us. Suggested cost \$7/person; \$20/family. Pay in advance at the office or purchase a ticket at www.Bit.ly/Dinnertickets (NO fees!). We'll need helpers for set up and clean up – come have fun with us! Talk to Russell if interested.

We will be placing an order for **name tags** shortly. Please let Suzanne know if you would like one. Cost will be \$8 and can be left in a specially marked envelope (with correct spelling of your name) with your offering or in the office.

Once again this year Eastside is pleased to support the Rainbow Youth Centre with stocking stuffers for their annual Christmas party. You will find candy canes hanging on the Christmas tree on December 1, each labeled with potential gifts you can give. All gifts must be brought to the church by December 8 as they will be delivered to the Rainbow Youth Centre on December 9. Thank you for your generous giving again this year!

Great Christmas Gift Idea! Give the gift of Broadview Magazine for the Special Gift Price of just \$20 (plus tax). It's the gift that keeps on giving all year long! Talk to Suzanne in the office to find out more.

Gifts with Vision catalogues are back and on the shelves in the narthex. If you are looking for a more meaningful gift for that person who has everything, or a way to challenge the consumer culture, there are some great options contained in these pages! You can also visit www.giftswithvision.ca to shop online!

The Regina Cluster is working toward a **city-wide confirmation/faith exploration program**. If you know of youth who may be interested, let Russell know.

Wesley United Church is proud to share that their Senior Choir will be performing on December 2, 2019 at Carnegie Hall in New York City. They have been invited to perform by Distinguished Concerts International New York (DCINY) after seeing an online video of them singing a song composed by Mark Hayes. The annual Choir Service at Wesley United Church is scheduled for December 8, 2019 if you wish to attend. For more information about our amazing choir, please visit WesleyUnitedRegina.ca.

Men's Club Annual Christmas Party, Friday, December 6: Turkey supper with all the trimmings by Charlotte's Catering at Wesley United Church, 3913 Hillsdale Street. Gathering and appetizers 5:30 pm Supper 6:15 pm. Featured entertainment will be the SaskPower Choir. Tickets must be purchased for this event by Wednesday December 4. \$30/person *This event is open to all adult friends of Wesley congregation. Please join us for a wonderful evening of fellowship, great food, entertainment, and great door prizes.*

EXPLORING THE UNIVERSAL CHRIST: An 8-Week Book Study in Regina. If you are looking for a more inclusive and compassionate spirituality, you are invited to join a book study featuring Fr. Richard Rohr's newest book, *The Universal Christ: How a Forgotten Reality Can Change Everything We See, Hope For, and Believe*. Tuesday evenings, 7:30 – 9 pm, beginning January 14, ending March 4. Location: St. Luke's Anglican Church, 3233 Argyle Road, Regina. Facilitator: Margi Hollingshead. Cost: \$80, which includes the companion study guide. Come with your own copy of *The Universal Christ* and the ability to commit to at least six of the eight sessions. Minimum eight participants are needed to offer this program - registration deadline Jan 9.

Christmas Quiet

Join us for Advent worship

December 4 @ 7 pm

Advent Service shared with
Wesley United Church

December 11 @ 5:30 pm

Soup supper followed by worship at
6:30 pm, shared with LSC Partners

December 18 @ 7 pm

Blue Christmas Service
for those experiencing loss

All are welcome

INFO 306-761-0556



*The Living Spirit Centre
invites you to*



A Carol Singing and Nativity Evening

Thursday,
December 5
at 6:30 pm

We are inviting families to share their
Nativity scenes by putting them on
display. If there is a special story to your
scene, please include that for the display.
Nativity scenes may be dropped off at the
LSC from December 1 to 5 and picked up
Saturday, December 7.

3018 DOAN DR.

306-761-0556

**DEC 21
3 - 4:30 pm**

Christmas Beer & Hymns

Carol Singing at
Leopold's Tavern

3735 East Quance Gate

Songsheets available!

Check out Facebook event here!

<http://bit.ly/BeerHymns>



All are welcome!

INFO 306-761-0556



Christmas Beer and Hymns is an opportunity to sing Carols in the community, picking up on a movement that is popular in the Christian community seeking new ways of being church and reaching out. If this venue doesn't work for you, please note there are two other opportunities for Carol singing this month: Wednesday, December 4 at 3 pm at Second Cup; and Thursday, December 5 at 6:30 pm at the LSC.



Messy Advent

Sat Dec 7
4 - 7 pm

An event for families with crafts, worship, and a meal!

This is a shared ministry program of the Living Spirit Centre!
3018 Doan Drive, Regina
INFO & RSVP: 306-761-0556



*Come now,
O God of Peace...*

Join us for Christmas worship

Christmas Eve
Family service
@ 7 pm

Candlelight &
Communion service
Shared service
@ 9 pm

All are welcome.

INFO 306-761-0556



Join us for a Tri-parish

Lessons & CAROLS
Service

Sunday, December 29
at 9:30 am

In the West Sanctuary
of the Living Spirit Centre

Thanks to Bread of Life Lutheran Church for planning and hosting this service!