

NORTH MIDLANDS CROSS COUNTRY LEAGUE 2023-2024

**THIRD RACE - SHIPLEY PARK, HEANOR
SATURDAY 2ND DECEMBER 2023**

ROLLS-ROYCE HARRIERS RESULTS

MEN

117	DAVID PARKIN
187	JAMES WARD
198	DAVE JOHNSON
199	MIKE LAWSON

LADIES

111	GILLIAN WHITESIDE
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