BUFFALO SWIMKINS CODE OF CONDUCT

Synchronized swimming competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of sports is achieved when participants are committed to pursuing victory with honor according to six core principles:

trustworthiness, respect, responsibility, fairness, caring and good citizenship. I understand that, on order to participate on Swimkins, I must act in the accord of the following:

1. TRUSTWORTHINESS – be worthy of trust in all I do.

* Integrity – pursue victory with honor; do what’s right
* Honesty – don’t lie, cheat, steal or engage in any other dishonest conduct
* Reliability – fulfill commitments, do what I say I will do, be on time
* Loyalty – be loyal to my team and team mates

1. RESPECT – treat all people with respect all the time

* Class – be a good sport: gracious in victory and accept defeat with dignity
* Disrespectful Conduct – don’t engage in profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash-talking, taunting
* Respect Officials – treat meet officials with respect

1. RESPONSIBILITY

* Education – be a student first and commit to getting the best education I can
* Role-Modeling- remember it is anprivilege to represent Swimkins. Consistently exhibit good character and conduct yourself as a positive role model.
* Self-Control- don’t fight or show excessive displays of anger or frustration
* Healthy Lifestyle – don’t use any illegal or unhealthy substances including alcohol, tobacco and drugs.

4. FAIRNESS - live up to the high standards of fair play: always be willing to

listen and learn.

5. CARING

* Concern for Others – never intentionally injure any swimmer or engage in reckless behavior that might cause injury to myself or others.
* Teammates – help promote the well-being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to the coaches.

1. CITIZENSHIP - honor the spirit and the intent of the rules, abide by the rules.

By signing below you agree to uphold the above obligations as a team member of the Swimkins.

Minor infractions will be handled by the coaching staff. If there are repeated infractions or if a major infraction is committed then the swimmer will have to appear before the board with her parents and appropriate action will be decided by the board.

SWIMMERS SIGNATURE: DATE:

PARENT SIGNATURE: DATE: