

Latex Caddis Pupa.... Tom Regina

The Latex Caddis Pupa is another fly dressed using the strand body technique. Wrapped strand materials are excellent for building segmented bodies. The variety of strand products available to the fly dresser include but are not limited to (let your imagination be your guide) wire, stripped feather quills, horse tail hair, vinyl V-rib and D-rib, hollow and solid vinyl cord (Larva Lace), latex strips, scud back, floss, chenille, and others. In fact, the variety of strand materials used for fly tying is almost limitless and the number of strand materials grows as new products continue to become available to us.

Materials

Hook	Mustad 9671, 2XL, nymph, size 12.
Thread	6/0 brown*.
Underbody	6/0 brown thread*.
Body	Hairline Dubbing, Inc. Nymph Stretch Skin, Natural Latex 1/8"*** colored with green Prismacolor waterproof marker.
Wing	Shane Stalcup Flies, light dun Medallion Sheeting.
Thorax	Brown Life Cycle Nymph Dubbing.
Head	6/0 brown thread.



Tying Instructions



1. Debarb the hook and mount it in the vise. Lay down a smooth neat underbody thread base from the hook eye to a point on the hook bend directly above the hook barb. Cut about a four-inch strand of 1/8" natural latex from the skein and taper one end as shown.



2. Tie on the latex strip to the top of the hook at the hook bend with the straight edge of the strip facing up. Wrap the thread forward to the hook eye continuing to form a smooth neat underbody.



3. While stretching the latex strip, wrap it forward with 50% overlapping turns. Decrease the amount of stretch with each successive wrap so very little or no stretch is applied to the last wrap. Continue to wrap the latex strip to the tie-off point 1 1/2-hook eye distance back from the hook eye. At the tie-off point take two tight thread wraps over the latex strip. Stretch the tag end of the strip and take several more tight thread wraps over the latex strip. While still stretching the latex strip cut the tag end away close to the hook shank. 4. Color the segmented latex body with a green* waterproof marker pen.



5. Cut about a 2" x 3/16" strip of Medallion Sheeting from the skein. Fold the strip in half lengthwise and trim the doubled ends into a wing tip shape as shown in the photo.



6. Place the folded and trimmed wing strip over the hook eye with one wing segment on each side of the hook shank and the wing tips even with the back of the body. Cant the wings up slightly and tie the wing strip onto the hook about 1 1/2-hook eye distance back from the hook eye.



7. Cut away the front folded tag end of the wing strip to re-expose the hook eye.



8. Dub a buggy thorax. Build a neat tapered thread head. Cut away the thread and apply head cement to the thread head.

*Other nymph colors such as olive, black, and red, etc. may be used.

** Green or other nymph colors of Nymph Stretch Skin can be used.