



## A.M.\* Snack Menu – 2020-2021

\* Provided daily in Preschool only.

AM snacks provided to all rooms on PA days, School Breaks and Summer Camp

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Week 1</b>	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit
<b>Week 2</b>	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	Multigrain Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit
<b>Week 3</b>	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M. G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit
<b>Week 4</b>	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit

## P.M. Snack Menu

<b>Week 1</b>	Yogurt Bran Cookies Fresh Fruit	Carrot Coconut Loaf Fresh Fruit	Mixed Berry Squares Fresh Fruit	Sliced Cheddar Whole Wheat Multigrain Crackers Fresh Fruit	*Tuna Salad Whole Wheat Bagel Fresh Fruit <b>* Rm 207A - Cream Cheese</b>
<b>Week 2</b>	Apple Sauce Rice Cakes	Bran Raisin Muffins Fresh Fruit	No Nut Butter Whole Wheat Bagel Fresh Fruit	Corn Chips Cheese Salsa	Yogurt Granola Bars Fresh Fruit
<b>Week 3</b>	No Nut Butter Whole Wheat English Muffins Fresh Fruit	Mixed Berry Muffin Fresh Fruit	Nachos Cheese Salsa	* Egg Salad Whole Wheat Mini Pita Fresh Fruit 2% Milk <b>* Rms 107 &amp; 207A - Cream Cheese</b>	Whole Wheat Goldfish Raisins
<b>Week 4</b>	Apple Sauce Rice Cakes	Banana Chocolate Loaf Fresh Fruit	Ricotta Cream Cheese Whole Wheat Bagel Fresh Fruit	Carrot Muffin Fresh Fruit	Chickpea Dip Whole Wheat Multigrain Crackers Veggie Sticks

Water available at all times