

**College Community Services
Wellness Center Central Advisory Board
MEETING MINUTES**

Friday, December 16, 2016 – 1:00pm to 2:00pm

Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Adam Goldman, Kristen Pankratz, Frank Williams, Johnny Case, Pennie Mack,
Richard Jager.

Guest: Patti Pettit, Katherine Lee, Danisha Soto, Sohail Eftekhazadeh, Olivia Rocha,
Deanna Lundberg, Robert "RO" Kim.

I. Call to Order – 12:59 pm

- a) Welcome- Everyone asked to briefly introduce themselves.
- b) Approval of Agenda – The agenda was approved by Richard Jager, seconded by Kristen Pankratz.
- c) Approval of Minutes – The minutes were approved by Frank Williams, seconded by Pennie Mack.

II. Reports

- a) Program Director Report- Patti Pettit
 - Patti gave thanks to Frank for serving food in the kitchen during the Holiday Luncheon.
 - Patti also gave thanks to Johnny for passing out candy during the Holiday Luncheon.
- b) President's Report- Adam Goldman
 - Adam spoke to members about MAB during the community meeting on December 14, 2016.
 - Adam wrote an article for the quarterly Wellness Center Central newsletter to inform members about the Member Advisory Board.
 - Adam acknowledged the difficulties the Advisory Board is experiencing with getting members to join and remain active on the subcommittees.
- c) Sub-Committee Reports:
 - Health and Wellness (Frank Williams)
 - Frank reported that he is in the process of meeting with the Health Educator to plan the annual health fair which will be hosted on March 22, 2017.
 - Frank is working with Pennie to have health bus available for members to have special screenings such as dental, vision, and cholesterol.
 - Arts and Music (Richard Jager)
 - Richard suggested possibly displaying more art work and photos of musicians around the program.
 - Data and Outcomes (Adam Goldman)
 - Adam met with Patti, Johnny, Pennie to review the November 2016 APOD Report.
 - There were 27 newly enrolled member in November 2016.
 - Evaluations and Surveys (Pennie Mack)

- Over 500 members completed group evaluation surveys in September 2016.
- Overall, the survey responses were very positive and favorable.
- Special Events (Johnny Case)
 - Johnny suggested having a themed karaoke night.
 - Johnny reported he is partnering with staff to plan the Lunar New Year celebration.
- Membership Outreach (Kristen Pankratz)
 - Kristen, Patti, and Sohail will present information to USC School of Social Work in Anaheim on January 26, 2017. Both Wellness Center South and Wellness Center West will present information as well.
 - Kristen, Patti, and Sohail will outreach at College Hospital in Santa Ana, January 5, 2017.
 - Kristen is currently attempting to reach out to the Anaheim Global Medical Center.
- Comments and Suggestions (Johnny Case)
 - Johnny reviewed the comments and suggestions.
- Chat with MAB (Johnny Case)
 - Members suggested to have a bench by the smokers pole.
 - A member would like to have a non-smoking campus.
 - A member suggested to add a Vietnamese class.
 - A member suggested to have an Oktoberfest celebration with root beer.
 - A suggestion was made to have more computer classes.
 - A suggestion was made to add a LGBTQ group.
 - Members suggested to add more and different cultures to the Multicultural Celebration.
 - Member would like to have computers for dyslexia.
 - Suggestion to have an aid for disabled people.
 - Suggestion for an emergency/first aid day for safety.

III. Unfinished Business

- a. Program report goals were discussed during this meeting.
- b. Arts and Music Sub-Committee: Music Academy Class.

IV. New Business

- a. Discussion of Lunar New Year: Johnny working with staff.
- b. Black History Month: Pennie working with staff.
- c. Review candidates for MAB.
- d. Deanna Lundeberg's second MAB meeting, she is interested in becoming a MAB member.
 - Interview date scheduled for December 20, 2016 at 10:00am.

V. Announcements

- a. Choir had a great performance during the Holiday Luncheon.
- b. Volunteering at Operation Santa in Santa Ana on December 23, 2016 from 11:00am to 2:00pm.
- c. Wellness Center Central will be closed Monday, December 26, 2016 for the holiday.

VI. Open Forum (Visitors)

- a. Deanna Lundberg is interested in becoming a member of the arts committee.
- b. Robert "Ro" Kim is considering being a MAB member.

VII. Upcoming Calendar

- a. MAB meeting Friday, January 20, 2017, from 1:00pm to 2:00pm.
- b. Lunar New Year Celebration Friday, January 27, 2017, from 5:00pm to 8:00pm.

VIII. Adjournment

Adam adjourned the meeting at 1:58pm.