

Planet Dance Center for the Arts Mini Team (ages 5-7)

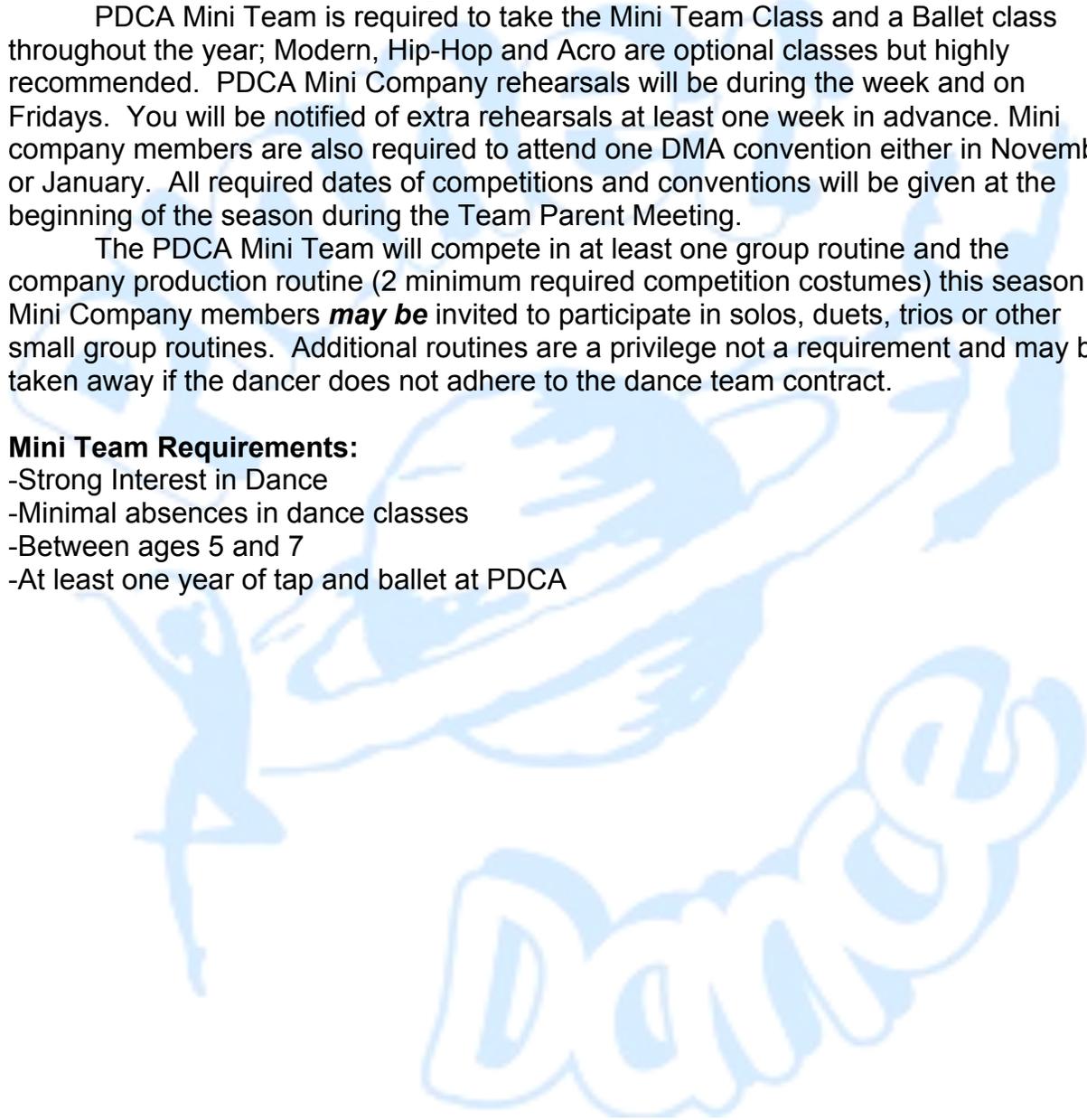
PDCA Mini team is an intro level team that focuses on introducing young dancers to a more disciplined approach to dance instruction and the world of competitive dance while further developing confidence, work ethic, skill, technique, stamina, strength and flexibility, sportsmanship and stage presence.

PDCA Mini Team is required to take the Mini Team Class and a Ballet class throughout the year; Modern, Hip-Hop and Acro are optional classes but highly recommended. PDCA Mini Company rehearsals will be during the week and on Fridays. You will be notified of extra rehearsals at least one week in advance. Mini company members are also required to attend one DMA convention either in November or January. All required dates of competitions and conventions will be given at the beginning of the season during the Team Parent Meeting.

The PDCA Mini Team will compete in at least one group routine and the company production routine (2 minimum required competition costumes) this season. Mini Company members **may be** invited to participate in solos, duets, trios or other small group routines. Additional routines are a privilege not a requirement and may be taken away if the dancer does not adhere to the dance team contract.

Mini Team Requirements:

- Strong Interest in Dance
- Minimal absences in dance classes
- Between ages 5 and 7
- At least one year of tap and ballet at PDCA



PDCA Competitive Team (ages 8+)

The PDCA Competition Team further enhances and challenges each dancer's technique, stamina, strength, flexibility, coordination, stage presence, and confidence. The PDCA Competition Team is required to take Ballet, Tap, Jazz, and Competitive Team class; Modern, Hip-Hop, and Acro are optional unless selected for a Modern, Hip-Hop, or Acro group routine—then the dancer must enroll in the correlating class. PDCA Competition Team rehearsals will be on the 1st and 3rd Friday of every month with possible extended rehearsals on some Saturday's (no more than once a month; twice a month, if needed, prior to competition season). If extra rehearsals are added, you will be notified at least one week in advance. PDCA Competitive Team members are required to attend one DMA convention either in November or January. All mandatory competition and convention dates will be given at the Team Parent meeting at the beginning of the season.

The PDCA Competitive Team dancers will compete in at least two group routines and the company production routine (3 minimum required competition costumes) this season. PDCA Competition members **may be** invited to participate in solos, duets, trios or other small group routines. Additional routines are a privilege not a requirement and may be taken away if the dancer does not adhere to the dance team contract.

PDCA Competitive Team Requirements:

- Strong Interest and Passion for in Dance
- Minimal Absences
- At Least eight years old
- At Least one year of dance training.
- Competitive Dance Experience preferred but not required

The following dance steps must be executed with proper technique:

- Right and Left Splits
- Double Pirouette on the Right and Left
- Straddle/Leap in 2nd Position on the Right and Left
- Developpe and Brush Leaps on Right and Left Side
- Four turns in second or fouette turns
- Ability to Improv and provide emotional connection to the music

PDCA Elite Team (ages 10+)

The PDCA Elite team further challenges and enhances the dancer's technique, strength, showmanship, poise, exposure to the arts, and competitive spirit. All Elite Team Members must dance at least one year on the Competitive Team before being asked to join the Elite Team. At this level, dancers will push the boundaries beyond the realm of competitive dance and begin to explore dance as an art. PDCA Elite Members will need to meet 93% off the Elite Team Requirements in order to be considered for the Elite Team.

PDCA Elite Team Members are required to take Ballet, Tap, Jazz, Modern, and Elite Class; Hip-Hop and Acro are optional but highly recommended unless a dancer is asked to be in a competitive Acro or Hip Hop routine then he or she must enroll in the correlating class. PDCA Elite Team rehearsals will be on the 1st and 3rd Friday of every month with possible extended rehearsals on some Saturday's (no more than once a month; twice a month, if needed, prior to competition season). If extra rehearsals are added, you will be notified at least one week in advance. PDCA Competition Team members are required to attend one DMA convention either in November or January. All mandatory convention and competition dates will be given at the Team Parent Meeting at the beginning of the season.

Elite Company dancers will compete in at least three group routines, in addition, to the company production routine (4 minimum required competition costumes) this season. PDCA Elite Team Members **may be** invited to participate in solos, duets, trios or other small group routines. Additional routines are a privilege not a requirement and may be taken away if the dancer does not adhere to the dance team contract.

PDCA Elite Team Requirements:

- Strong Interest and Passion for in Dance
- Minimal Absences
- At least one year of dance at PDCA
- At Least ten years old
- Training in Ballet, Tap, Jazz, and Modern
- At least one year of PDCA Competitive Team Experience

The following dance steps must be executed with proper technique:

- Right, Left and Middle Splits
- Triple Pirouette on the Right and Left
- Straddle/Leap in 2nd Position on Right and Left
- Developpe and Brush Leaps on the Right and Left Side
- Controlled Needles on Right and Left (6 o'clock/full penche)
- Scorpion or Straight-Leg Scorpion
- Eight turns in 2nd
- Eight Fouette Turns
- Ability to Improv in any style of dance and provide emotional connection to the music

Team Dress Code- ALL TEAMS

This applies to competition, non-competition classes, and extra rehearsals.

Attire:

- Tan/Skin-Colored Tights (always)
- Solid Colored Leotard with or without Booty Shorts
- Fitted Leggings are allowed
- Undergarments are allowed but should not be visible

Attire for all Ballet Classes (no exceptions):

- Pink or Tan Tights
- Solid Colored Leotard
- Undergarments are allowed but should never be visible
- No Booty Shorts or leggings
- HAIR IN BUN – NO EXCEPTIONS!

Shoes:

NO SOCKS unless approved by teacher! This includes wearing them with your shoes.

Jazz- Revolution Tan Pedini

Tap- Bloch Tan Lace Up

Modern- Skin Colored Toe Paws & Tan Half Sole Modern Shoes

Hair:

- Hair should be pulled back off the face in a bun, ponytail, or similar style
- Dancer should not have to play with hair during class
- NO fly aways

The first time that dancers do not adhere to the dress code they will receive a warning. The second time they will be asked to call a parent or guardian for a change of clothes. The third and final warning a dancer is given will result in a dancer not being allowed to participate in class.

Dancers should keep deodorant, hair spray, extra bobby pins and hair ties in their dance bag at all times.

