



THE UNRECABLES

NEWS

THE UNRECABLES • MEMBER CHAPTER OF MOVE UNITED

SUMMER ISSUE

OFFICIAL PUBLICATION OF
THE UNRECABLES

JULY-SEPTEMBER 2023

THE UNRECABLES ENJOY A LONG SKI SEASON...INTO JUNE

PRESIDENT'S MESSAGE MICHELLE MCCARTHY



Summer is here! Here's hoping everyone has been able to find a moment to unwind and enjoy some downtime to connect with family and friends.

In June we held our Annual Meeting and Elections. We are grateful to our returning Board Members for serving another year. We truly appreciate your time and effort! We are excited to announce that Richard Olmsted has returned to our Club.

Elected Board Members:

President: Michelle McCarthy
Vice President: Richard Olmsted
Secretary: Amanda Davis
Treasurer: Will Chung
Membership Director: John Gray

Appointed Board Members:

Ski Director & Webmaster: Dee Armstrong
Equipment Mgr: Hannah Nishimoto
Winter Trips Director: Victor Chan
Historian: Steve Lefkowitz

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The Unrecables ski Mammoth in June.



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THE UNRECABLES' 2022-23 SNOW SEASON VICTOR CHAN



As the new Trip Director for the 22-23 season, Mother Nature sure wanted to extend my duties as I write this on Saturday evening, June 3 after the dinner party in Sunshine Village in Mammoth.

The year started off a bit slow, with no snow in October. This made us decide to cancel the mid November trip. Of course, soon after that decision the snow started falling. As it turns out, there would have been enough snow as Mammoth received 61" for the month. At least for the mid December trip there was plenty. At the main lodge there was maybe 3-4 feet on top of one of the service buildings near chair 1. And though December snowfall total was 116", it paled in comparison to what was to come.

Just before our January trip Mammoth received a good amount of snow, adding to the 220" (over 18 feet!) that would fall in January. The tree branches in some areas were still covered in snow - quite a sight that I never tire of. The stairwell at the main lodge where we usually take our group picture has large windows where a large wreath is hung. The snow against the

window covered about half the window - about 6-9 feet up from the sill ledge.

In town, snow that was plowed from the streets piled up about 10 feet tall. Highway 395 heading down towards Bishop still had 3-4 feet piled up along the edge of the pavement.

February's trip was one for the books though. Those of us who went up Thursday lucked out. Roads were clear Thursday but that night the storm rolled in and snow fell for most of the night and Friday. In some areas in town a couple of feet accumulated.

When I got back to my car after skiing for the day, about a foot of snow was on it. Luckily I borrowed a snow shovel from the condo and was able to dig out a path to get to the road. Snow outside the Sunshine condos was piled up about 10-15 feet. The downstairs windows were covered with plywood so the snow that was packed on it would not cause damage. It made for very little if any natural light into the unit. The path going to the jacuzzi was like a snow channel with walls about 10 feet tall. Ski conditions were challenging as the dump continued and visibility was low. We found some untracked snow, some of it came up to our waist. It was pretty epic. Unfortunately the

US Hwy 395 closed and most of our students couldn't make it up for the weekend. February saw "only 113".

In March the results of all the snow were on display. The big trail map sign that is outside of McCoy Station was buried almost to the top. At Tusk's outdoor patio on the third floor of the main lodge, we needed to walk up a snow ramp about 8 feet to get to the snow level where the ski and snowboard racks were.

Higher up the mountain, areas where there normally would be tree skiing and large boulders were just complete blankets of snow. The rock ridge under chair 23 between Wipeout and Dropout chutes was almost entirely covered in snow and one could ski from one chute to the other in several places. Avalanche chutes off of chair 22 which are normally somewhat narrow were probably 2 to 3 times wider. An "L" needed to be cut into the snowbank for Broadway Chairlift near the top so the chairs and riders could clear the snow. Large chunks of packed snow were scattered below that area. Similar plowing was done to dig out chair 12. I skied past some big chunks of snow that had broken off the cornice near

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Part of the big gang in April. Note the coverage near the top of Chair 23 in the background.



In May, the sign at the top.

2022-23 Snow Season

continued — p. 2

there. They are not something you want to hit while skiing, as I saw someone do on a trail and proceed to lose a ski while going pretty fast. While riding up many of the chairlifts, I saw areas roped off directly under the chairs because the snow level was so high that people skiing could hit people riding up the chairlift. The now infamous "atmospheric river" dumped another 16 feet of snow at main lodge in March. In April, the snow level was still very high, both on the mountain and next to the Sunshine condos.

A little snow during the week before the May trip was a pleasant surprise, and the weather cleared nicely for the weekend. Again, coverage was still excellent.

Even though April and May only saw 3" and 10" respectively, the snow coverage this first weekend of June was still pretty amazing. Runs off of Broadway, Stump Alley, and Discovery were still fully covered. More of the rock ridge under Chair 23 was visible, but the chutes still did not have rocks on the runs. The snow pile at the main lodge parking lot was still about 50 feet tall. At Sunshine Village, the pool and jacuzzi areas were finally clear of the giant piles of snow, though there still were some piles on the tennis court and outside the condos.

Marina Sallaway said that in the almost 20 years of trip planning that she did, there hadn't been a June trip, so this season was definitely one for the books. Steve Lefkowitz, as the Historian, asked me to write an article about this year's historic snowfall. What a (long) season, looking forward to next year! ♦

Victor

MAMMOTH MOUNTAIN BREAKS RECORDS STEVE LEFKOWITZ



This season has seen a record-breaking, historic snowfall at Mammoth Mountain (see what I did there, by saying historic, it gives me permission to write about it in the Historian's column). We just had a June trip. We usually have trips scheduled every month during the season from November through May. These trips go almost every month because sometimes we've had to cancel trips due to poor snow conditions (ie., no snow). This happens mostly to our November instructors only trip, only to have conditions improve because of a late dump. But by then it's too late to help us because the trip had already been canceled and it would be too hard to reconvene (condos have been canceled, people have made other plans, ride sharing is no longer available, etc.).

This season started out that way with our November weekend being canceled and then, just before the trip was scheduled to happen, a late snowfall. We didn't know it at the time, but it was just the start of something epic - it never seemed to stop snowing. That June trip I mentioned above, well we didn't have to wait for a last minute dump to schedule it as Mammoth man-

agement decided long ago that they got so much snow this year that they will be in operation at least through the end of July. We have never had a June ski weekend at Mammoth in the 43 years that I've been associated with The Unrecables. It was a welcome change from the recent trend of marginal conditions because of not enough snow.

Mammoth joined the 700 Club this year for the first time. At the time of this writing, they received 715 inches of snow at the main lodge and recorded just under 900" at the summit (the way this season has been going, there's still time for more).

Month by month snowfall amounts are listed on their web site since the season of 1969-70 (MammothMountain.com). An average season's snowfall amount is about 400 inches. Of course, it doesn't hurt that Mammoth has the highest base lodge in California at 8,909 ft. with the summit being 11,053 ft.

With fresh snow on the tree limbs and branches most of the year, a sight that never gets old, Mammoth Lakes truly presented a "Winter Wonderland" this past season. We should all be grateful that we have this treasure in our backyards (well, 300 miles away anyway). ♦

Steve

THE UNRECABLES 2023-24 BOARD OF DIRECTORS

Michelle McCarthy, *President*
Richard Olmsted, *Vice President*
Amanda Davis, *Secretary*
Will Chung, *Treasurer*
John Gray, *Membership Director*



Thank You
Mammoth Mountain
for your support of our
adaptive ski program.

**SUPPORT THE UNRECABLES
AND SHOP RALPHS!**

RE-REGISTER YOUR RALPHS CARD

1. Go to www.RALPHS.com
2. Scroll to bottom of the Home page.
3. Click "Kroger Community Rewards" under Community Contribution.
4. Click Link your Shopper's Card.
5. Fill in your info (NPO # WY343).
6. Watch your grocery shopping save YOU \$\$ and at the same time earn \$\$ for our club!

Thank you for your support!
Contact Sigrid Noack
sigski@gmail.com

CALENDAR OF EVENTS

- July**
 11 Social on Zoom @ 6:30p
- August**
 8 Social on Zoom @ 6:30p
 15-17 Land Meets Sea Sports Camp
- September**
 12 Social on Zoom @ 6:30p
- October**
 10 Social on Zoom @ 6:30p
- November**
 14 Social on Zoom @ 6:30p
- December**
 13 Social on Zoom @ 6:30p

**The Unrecables
Scholarships Available**

Eligible to current members
for trips and events.
 One scholarship
per member per season.

For details please contact
Michelle or Victor

**MEMBERSHIP MATTERS
JOHN GRAY**



Unrecables Family – Although the 2022-23 ski season has ended for The Unrecables, I believe a few hardy souls will be skiing/snowboarding Mammoth Mountain into August – a truly amazing winter season in Northern California. The Sierra Nevada's have had a very rich winter and spring of snow and now the mountains, valleys, and lowlands will be flush with raging waterfalls, rivers, and streams.

Our membership grew by 11 new members this past season. Thank you to everyone who volunteered, donated, and/or participated in one of our weekends up in Mammoth this season. We appreciate every one of you. We hope all of you have a healthy summer full of fun and great joy. We look forward to seeing you all again this winter up at Mammoth.

Please contact our Membership Director, John Gray, with any questions: membership@unrecables.org. ♦

John

BENEFITS OF MEMBERSHIP

- Four issues of the club newsletter (quarterly)
- Priority on all trips and activities
- Members do not pay any trip fees for ski trips to Mammoth
- Assistant instructors can ski/snowboard 1.5 days, per trip, for FREE.
- Students: No fees for the lifts, ski equipment or professional instruction
- Exclusive invitations to our parties and special events
- Members are invited to attend our Board and Social Meetings
- Eligible to run for office
- May assist with organizing trips and activities
- Your dues help us to continue to offer these FREE services.
- Gives you that really good feeling that you are doing the right thing!

**We appreciate your
Participation and Support**

Membership categories:

Individual	\$40
Individual Lifetime	\$320
Family	\$60
Family Lifetime	\$480
Corp/Organization	\$50/year or \$200/five years



Victor Chan skis Mammoth in June.

2023 FWSA CONVENTION IN IDAHO SIGRID NOACK



This year the FWSA convention took place in Boise, Idaho! If you have never visited there, it's very much worth the trip. This year was great fun, especially since our fairly new member and PR Director **Jessica Han** joined me, **Sigrid Noack**. We coordinated our flights, she traveling from Orange County & me arriving from LAX. All worked great. We were roomies and very much enjoyed the whole weekend. Jessica jumped into the event with both feet! By the end of the weekend, everybody knew Jessica! It was, and she was, fabulous!

Our weekend started on Thursday with the annual Pub Crawl, which is a great way to meet other attendees as well as our Industry friends and partners. The event was a smashing success, and everyone found their way back to the hotel, although some folks not until 1:00 or 2:00am.

Friday was a day of extra activities. There was golf, biking, and hiking, all sounded really fun. I signed up for golfing, which this year was Top Golf. This was quite a change from walking the golf course, but it was great fun.

Friday night was the big 37th annual Silent Auction & Snowsports Trade Show with many very reasonably priced trips to bid on. A wonderful way to chat with our Industry friends about their resort.

Saturday is always a day of Education. The FWSA Snowsports Leadership Academy offered the topics, "Group Travel Secrets: Detail... Determine... Destiny" and "Preserving Club History - The Ease of Preparing a Digital History Book". Both sessions were interesting and quite helpful for ski club members. Jessica & I plans to share information with our members.

Our lunch keynote speaker was Genia Fuller-Crews, freestyle pioneer, honored member of the US Ski & Snowboard Hall of Fame and Advocate for more inclusive recognition in Snowsports. What an amazing person, and so personable. She immediately became a friend to all of us.

Then another education session: Public Affairs Panel with guest speaker Brad Wilson, General Manager of Bogus Basin Mountain Recreation Area and Tony Harrison, publicist of Ski Idaho. A very worthwhile session learning about the unique and beautiful community owned local ski resort!

Council Caucuses took place in the late afternoon, where council mem-

bers meet & discuss future FWSA leaders. This year as with many of our ski clubs, most of the positions were unopposed. So the new slate of officers ended up being about the same after our Sunday election.

The Awards Banquet & Dance is always the funnest event of the weekend! The major awards were presented & the dancing was fun with the very entertaining "Smooth Avenue Band". Dancing continued till we could dance no more!

Sunday is another important day, as the FWSA Communication & Charity recognitions are presented. The day started with an Eye Opener breakfast, and later, after our election, the big & delicious Delegate Brunch was presented.

Congratulations Unrecables for again winning Communication Awards and this year even receiving Charity Recognition for donating some of our earlier donated items to the Eastern Sierra Thrift Shop at Mammoth.

Thank you Jessica for attending the Convention this year. Hopefully we will both be able to use all that we have learned to grow the needs of our Unrecables family. ♦

Sigrid



2023 FWSA AWARD WINNERS

Snowsports Builder Award

Genia Fuller-Crews
Brad Wilson

Hans Georg Award

Debbie Stewart, Sierra Council

Elizabeth "Schatzi" Wood Award

Kim Hovren, Intermountain Ski Council

J. Stanley Mullin Award

Paul Vlasveld, Bay Area Snowsports Council

Jimmie Heuga Humanitarian Award

Becky Walters, Intermountain Ski Council

Jordan-Reily Award

Ron Abramovich

Bill Mackey Award

Sean McErlean, Holidaze Ski Tours
Omar Fricke, Bogus Basin Mountain

Tommi Tyndall Award

Bogus Basin Mtn Recreational Area

Terry Smith Award

Jerry Stokely, San Diego Council

Bill Berry Award, Featured Article

Jessie Diggins, author "Brave Enough"

Bill Berry Award, Hard News

Debbi Kor, Editor, Far West News Flash

Warren Miller Modern Media Award

Realization Films, "Buried: The 1982 Alpine Meadows Avalanche"

President's Award

Todd Hood, National Brotherhood of Skiers Western Region
Nick Cowell, San Diego Council

FWSA Volunteer of the Year

Tony Baker, Bay Area Snowsports Council

Western Ski Heritage Prize

John Lundin

Richard Lubin Safety Person of the Year

Barbara Razzo, Los Angeles Council

Club & Council History Recognition

Tony Baker, Bay Area Snowsports Council

Historic Ski Club, Council, Ski Patrol or Ski School

Sun Valley Ski Club, 1936
Century City Ski Club, 1973

Environment Award

No award

Tolakson Outstanding Club

No Nominations received

Club and Council Communications

Social Media Awards

1st Century City Ski Club
Los Angeles Council
2nd Get Off Your Rockers
San Diego Council

3rd Russki Ski Club
Sierra League and Council

Wentworth Outstanding Publication

Novice:

1st Modesto Ski Club
2nd Bogus Basin Ski Club
3rd Skiyente Ski Club

Masters:

1st Mountain High SnowSport Club
2nd Castro Valley Ski Club

Outstanding Club Website

Novice:

1st Balboa Ski and Sports Club
2nd North Island Snowdrifters
3rd Skiyente Ski Club

Masters:

1st Mountain High SnowSport Club
2nd Inskiers Ski and Snowboard Club

Council Newsletter

1st Los Angeles Council
2nd Bay Area Snow Sports Council
3rd Northwest Ski Club Council

Council Website

1st Bay Area Snow Sports Council
2nd Northwest Ski Club Council
3rd Los Angeles Council



Charity & Community Awards Clubs

Action Ski & Snowboard Club, San Diego Council of Ski Clubs
 Altair Ski & Sports Club, Northwest Ski Club Council
 Balboa Ski Club, San Diego Council of Ski Clubs
 Bogus Basin Ski Club, Intermountain Ski Council
 Four Seasons West Ski and Snowboard Club, National Brotherhood of Skiers – Western Region
 Get Off Your Rockers, San Diego Council of Ski Clubs
 Grindelwald Ski Club, Los Angeles Council of Ski Clubs
 Long Beach Ski Club, Los Angeles Council of Ski Clubs
 Modesto Ski Club, Bay Area Snow Sports Council Monterey Ski & Social Club, Bay Area Snow Sports Council
 Mountain High SnowSport Club, Northwest Ski Club Council
 Northern Wasatch Ski & Social Club, Intermountain Ski Council
 Phoenix Ski Club, Arizona Ski Council
 Reno Ski & Recreation Club, Sierra League and Council
 SLO Skiers, Central Council of California
 Skiyente Ski Club, Northwest Ski Club Council
 The Unrecables, Los Angeles Council of Ski Clubs

Councils

Arizona Ski Council
 Orange Council of Ski Clubs
 Los Angeles Council of Ski Clubs

President's Message

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Historian: Steve Lefkowitz
 Sunshine: Sigrid Noack
 PR Chair: Jessica Han
 LA Council Reps: Sigrid Noack & Randy Benson
 Communications Director: Gordon Cardona
 Fundraising Chair: Open

The Unrecables relies on volunteers to help us keep running smoothly. We are looking forward to new faces serving on our Board next year. Please contact me if you are interested in helping with, or would like more information regarding the above positions. We are in need of a Fundraising Chair. There is very little time commitment involved, but your service would greatly help our Club.

Have a joyous summer! ♦

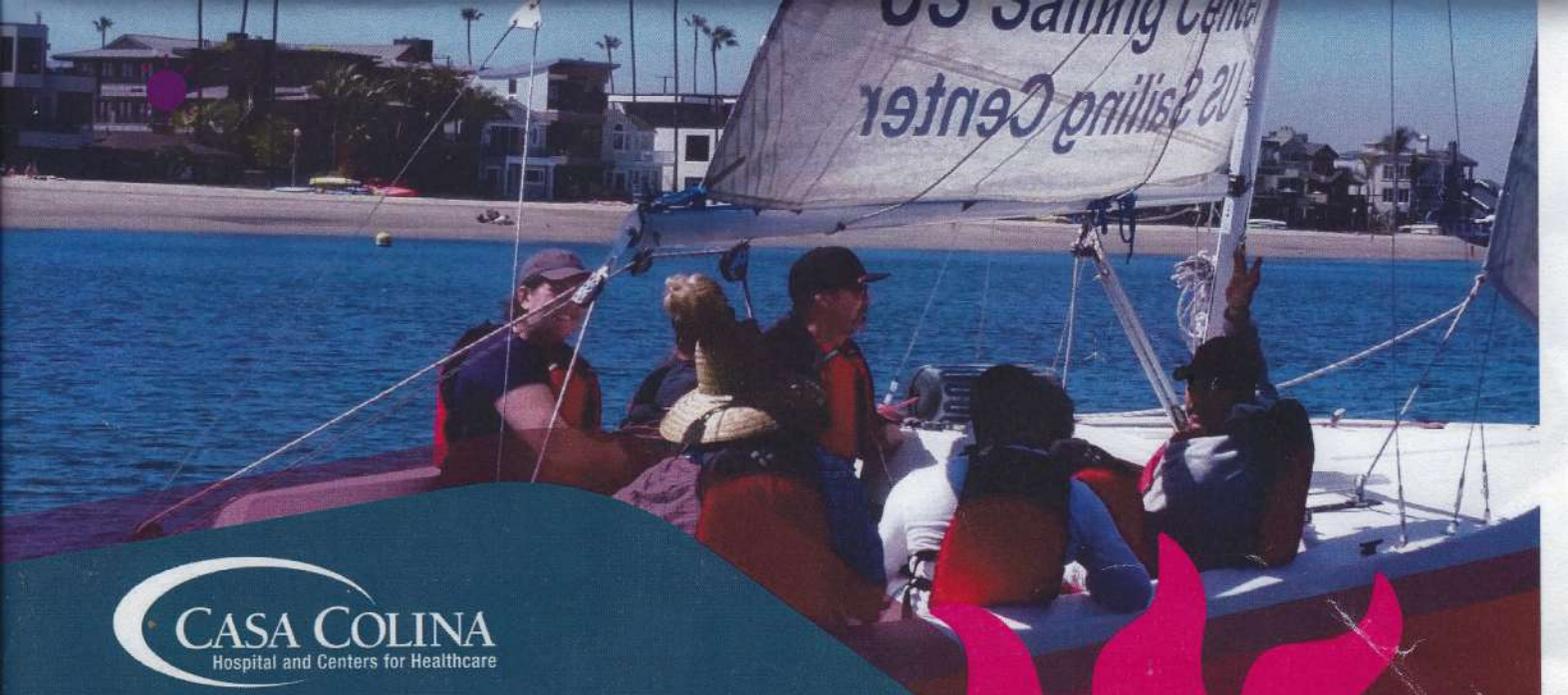
Michelle

LA COUNCIL 2023-24 BOARD OF DIRECTORS

Sandy Blackwell, President
 Sandra Knapp, Secretary
 Norbert Knapp, Treasurer
 Gena Lighthouse, VP Membership
 Iris Williams, VP Programs
 Laura Preiss, VP Travel
 Herb Daerendinger, VP Comm.
 David Krupp, Past President

PR booth at Angel City Games at USC.





BEAT THE HEAT

- Sailing
- Kayaking
- Surfing
- Deep Sea Fishing
- Tennis (wheelchair and ambulatory)
- Pickleball (wheelchair and ambulatory)
- Wheelchair Basketball
- Wheelchair Rugby



An adaptive sports and recreation camp for people with disabilities

AUGUST
15 - 17, 2023

LONG BEACH, CA

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THE UNRECABLES

MEMBERSHIP APPLICATION

Name _____ Date _____
Family Members _____ Mobile _____
Address _____ Phone (home) _____
City, State, Zip _____ E-mail _____
Name & DOB _____ Name & DOB _____
Disability _____
Medical Equipment (i.e., wheelchair) _____
Medications _____ Dosage _____ Allergies _____
Physician's Name _____ Phone _____
Address _____ City, State, Zip _____
Emergency Name _____ Emerg Ph _____ Relation _____
Healthcare Insurance Co. _____ Healthcare I.D. No. (i.e., Medicare/Kaiser) _____
Are you a U.S. Veteran? Yes No Military Branch & Years _____

Describe any medical conditions limiting your participation in strenuous activities (i.e., heart condition, seizure disorder, etc.):

What sport or activity could you teach/lead/assist? _____

Are you interested in serving on any of the following committees? (Check all that apply)

____ Publicity/PR ____ Winter Trips ____ Equipment ____ Transportation
____ Fundraising ____ Social Programs ____ Newsletter/Web site/Social Media

*Read & Sign
the Waiver on back!*

I consent to adding my contact information to the Membership Directory that is distributed to members. Yes ___ No ___

ANNUAL MEMBERSHIP FEES	
<i>(includes memberships in Move United, LAC, FWSA)</i>	
____ Individual \$40.00	____ Family \$60.00
____ Individual Lifetime \$320.00	____ Family Lifetime \$480.00
____ Organization (1 year) \$50.00	____ Organization (5 years) \$200.00

Check payable to: The Unrecables. Read & sign the Waiver & Release on the back, and mail this form and a check to:
John Gray, Membership Director, 4890 Renovo Way, San Diego, CA 92124.

Phone: 858-740-8017; e-mail: membership@unrecables.org

Move United Waiver & Release of Liability Agreement

Move United, and its affiliated Chapters (“Released Parties”) are non-commercial, not for profit activity providers. The purpose of this Move United Waiver & Release of Liability Agreement is to exempt, waive, and relieve Released Parties from any and all liability for any harm, wrongful death, personal injury, property damage, claim or cause of action, including, but not limited to liability arising from the negligence of Released Parties. “Released Parties” include Move United, Disabled Sports USA Los Angeles – The Unrecables, and their affiliates, successors, predecessors, parents, subsidiaries, owners, representatives, administrators, directors, officers, agents, coaches, employees, contractors, assigns, and volunteers; other participants, sponsoring agencies, sponsors, and advertisers; and, if applicable, the owners, operators, and lessors of premises on which the activities or events take place.

In consideration of the undersigned Participant being allowed to participate in any way in Move United and/or Disabled Sports USA Los Angeles – The Unrecables related events and activities, the Undersigned (“Undersigned” means the Participant or the Participant’s parent, legal guardian, or legal representative when the Participant is under the age of 18 or legally incapacitated) agrees and acknowledges as follows:

1. Risks of Activity. Participant will be taking part in activities that can be hazardous and involve the risk of physical injury and/or death. The activities are inherently dangerous and Undersigned fully realizes the dangers of participating in the activities. The dangers and risks of the activities include, but are not limited to the condition of the premises and equipment, and the acts, omissions, representations, carelessness, and negligence of the Released Parties. Recognizing the risks and dangers, the Undersigned voluntarily chooses for Participant to participate in the activities and expressly assumes all risks and dangers of the participation in the activity, whether or not described above, known or unknown, inherent, or otherwise.

2. Risks of Participation. The Undersigned recognizes and understands that while Released Parties have undertaken reasonable steps to lessen the risk of transmission of communicable diseases, including but not limited to, COVID-19, in connection with participation in the activities, the Released Parties are not responsible in any manner for any risks related to communicable diseases in connection with Participant’s participation in the activities. Specifically, the Undersigned understands that COVID-19 is a highly contagious and dangerous disease, and that contact with the virus that causes COVID-19 may result in significant personal injury or death. The Undersigned is fully aware that participation in the activities carries with it certain inherent risks related to transmission of communicable diseases (“Inherent Risks”) that cannot be eliminated regardless of the care taken to avoid such risks. Inherent Risks may include, but are not limited to, (1) the risk of coming into close contact with individuals or objects that may be carrying a communicable disease; (2) the risk of transmitting or contracting a communicable disease, directly or indirectly, to or from other individuals; and (3) injuries and complications ranging in severity from minor to catastrophic, including death, resulting directly or indirectly from communicable diseases or the treatment thereof. Further, the Undersigned understands that the risks of all communicable diseases are not fully understood, and that contact with, or transmission of, a communicable disease may result in risks to the Participant including but not limited to loss, personal injury, sickness, death, damage, and expense, the exact nature of which are not currently ascertainable, and all of which are to be considered Inherent Risks.

The Undersigned hereby voluntarily accepts and assumes all risk of loss, personal injury, sickness, death, damage, and expense for the Participant arising from such Inherent Risks. Furthermore, the Undersigned represents and warrants that Participant does not knowingly carry any communicable diseases that may be transmitted during participation in the activities.

3. Release and Indemnification. Undersigned (a) unconditionally releases, forever discharges, and agrees not to sue the Released Parties for any claims or causes of action for any liability or loss of any nature, including personal injury, death, and property damage, arising out of or relating to Participant’s participation in any Move United/Disabled Sports USA Los Angeles – The Unrecables events or activities or the Participant’s presence on or travel to the premises where such events or activities take place, including, but not limited to claims of negligence, breach of warranty, and/or breach of contract the Undersigned may or will have against the Released Parties; and (b) agrees to indemnify, defend, and hold harmless the Released Parties from and against any liability or damage of any kind and from any suits, claims, or demands, including legal fees and expenses whether or not in litigation, arising out of, or related to, Participant’s participation in such events or activities or the Participant’s presence on or travel to the premises where such events or activities take place.

4. Helmet Use. Undersigned agrees that Participant shall use a helmet when participating in the following activities: Alpine skiing, cycling, equestrian, ice hockey, outdoor rock climbing, snowboarding, white water kayaking, white water river rafting, and any other activity when directed by Released Parties. Undersigned understands that a helmet is in no way a guarantee of safety and that no helmet can protect the wearer against all foreseeable impacts to the head, and that the activities can expose the Participant to forces that exceed the limits of protection provided by a helmet. Undersigned agrees to assume full responsibility for complying with this paragraph and that Released Parties shall not be liable for any injury or damages resulting from Participant’s failure to use a helmet.

HAPPY BIRTHDAY!

JULY

2 Ian Kucma
4 Hannah Nishimoto
5 P.J. Sallaway
6 Steve Lefkowitz
14 Stella Levin
14 David Scheinfarb
17 Amade Nyirak
18 Dee Armstrong
20 Sigrid Noack
26 Doug Brown
28 Randy Benson
28 Don Taetsch
30 Casey Caputo



AUGUST

3 Hal Ellis
10 Gordon Cardona
11 Sue Taetsch
12 Helen DeBerard
17 Keith Bonchek
17 Brook Komar
26 Brent Myers

SEPTEMBER

12 Carolyn Galantine
15 Rob McCarthy
16 Herbert Raymond
16 Christopher Oakley
24 John Kriz
26 Scott Nakada
29 Marc Rosenberg

FWSA ANNUAL SKI WEEK 2024

Steamboat, CO

January 27-February 3, 2024

Contact: Laura Priess

LAC VP of Travel

Call: 818-800-3166

Email: rokkaracers@aol.com

Thank You Donors

Barbara Wilson

THE UNRECABLES ADVISORY BOARD

Bob Darvish, M.D.

Physical Medicine & Rehabilitation,
V.A. Medical Center, West L.A.

Billy Kidd

Olympic Silver Medalist
Director of Skiing, Steamboat Ski Resort

Jon Halperin, MD

Chief of Psychiatry
Sharp Rees-Stealy in San Diego
Ski Patrol Snow Valley

FWSA TRIPS

FWSA Annual Dive Trip 2023

Little Cayman
October 7-14, 2023

FWSA Annual Ski Week 2024

Steamboat, CO
January 27-February 3, 2024

FWSA Mini Ski Week 2024

Big White, BC Canada
March 2024

International Ski & Snowboard Adventures

Madonna di Campiglio, Italy
2024

Val d'Isere, France with extension

February 2025

Summer Ski Week 2025

Val Nevado, Chile with extension to the
Atacama Desert

FWSA Adventure Trips

East & Central Africa - 2024

Galapagos Islands - 2026

Check out details at fwsa.org.



THE UNRECABLES 2023-24 BOARD OF DIRECTORS

Michelle McCarthy, President

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310-795-5517

Richard Olmsted, Vice President

olmstedrr@yahoo.com
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Amanda Davis, Secretary

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Will Chung, Treasurer

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John Gray, Membership Director

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APPOINTED BOARD MEMBERS

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Sigrid Noack, Sunshine/LAC Rep

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Jay Davis, Past President

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949-378-7895

Gordon Cardona,

Communications Director
gwcardona68@gmail.com
562-480-4398 (text)

THE UNRECABLES NEWS

NEXT NEWSLETTER DEADLINE: SEPT 4

Coming up in the next issue:

- Club party
 - Fall sports events
- ... and much more

**UNRECABLES
SOCIALS
ON ZOOM**

**2ND TUESDAY
MONTHLY
6:30 PM**

July 11
August 8
Sept 12
Oct 10

Check your e-mail or Facebook
for Zoom meeting link,
or e-mail
gwcardona68@gmail.com.

SPECIAL THANKS

Victor Chan
John Gray
Steve Lefkowitz
Michelle McCarthy
Sigrid Noack

Photos Courtesy

Victor Chan
Sigrid Noack

The Unrecables News
published by

CARDONA COMMUNICATIONS

Gordon W. Cardona
Publisher

gwcardona68@gmail.com

THE UNRECABLES MEETINGS

SOCIALS: Every second Tuesday monthly at 6:30pm on Zoom. Check your e-mail or Facebook for the Zoom link.

BOARD MEETINGS: Every second Tuesday monthly, following the Social on Zoom.

LA COUNCIL MEETINGS: Every first Monday quarterly at 7:00pm on Zoom. E-mail our LA Council Representative for Zoom meeting link. Everyone is welcome.

FAR WEST SKI ASSOCIATION SAFETY SLOGAN

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SUMMER 2023

