DISCLAIMER: The information compiled here is not meant to take the place of veterinary care, especially with serious health issues. This gives you holistic/natural option(s) or adjuncts (in addition to veterinary treatments) for the care of your horse. Please take your pet to your veterinarian if health issue does not improve in a reasonable time...immediately if condition is serious/life threatening.

COMMENTS: Essential Oils have been used on Horses far longer than with any other animal. Horses in the wild naturally seek out plants for their well being. Given the opportunity, they will actually choose the oil(s) they need for particular health concerns.

Horse seem to intuitively choose the oil best needed for their health situation. Offer horse more than one choice of oil...hold these oils up (opened) for them to smell. Notice what nostril the horse goes to and his reaction to the oil. Horses that like the oil may flare their nostrils, go for the bottle and even try to even nuzzle it out of your hand! They also may curl their lip (flehmen).

Pay attention to which nostril horse smells oil from first. Left nostril is connected to part of brain that deals with emotions, Right nostril is connected to physical. If horse uses both nostrils, deal with emotional component first before physical.

If the horse pins his ears back or turns away, then that particular oil is not for them and try something different.

For emotional issues, have them smell the oil first. Then, place a drop or two of oil on the forehead (third eye), the crest of the neck by the mane or at the poll as well. Allow horse to lick the oil off your hand if it is an oil safe for ingestion. If horse has emotional issues - fear/anxiety, depression, agitation, that is not addressed first it can lead to behavior and physical problems.

For physical issues, place the oil directly on location; and for respiratory issues place oil on the front of the chest and allow them to inhale it.
LIST OF OILS RECOMMENDED FOR HORSES

Lavender, Roman Chamomile, Peppermint, Geranium, Helichrysum, Vertiver, Serenity, Balance, Frankincense, Bergamot, Basil, Lemon, Cypress, Wild Orange, On Guard, Ginger, Lemongrass, Terrashield, , Thyme, Melissa, Myrrh, Maleleuca,  (Note: FCO is Fractionated Coconut Oil - used to dilute essential oils)

USE OF OILS ON HORSES FOR DIFFERENT CONDITIONS

Anxiety/Stress/Nervousness:  Let horse choose from Serenity, Balance, Lavender, Frankincense, Roman Chamomile, Bergamot, Basil, Lemon, Cypress, Wild Orange  Allow horse to smell/choose which oil(s) prefer. Rub 2 drops in palms of hand and allow them to smell as long as they want to. Then, place a drop or two of oil on the forehead, the crest of the neck by the mane or at the poll as well. Allow horse to lick the oil off my hand if it is an oil safe for ingestion. If the right oil(s) have been chosen, you should see an almost immediate affect - horse relaxes, sometimes even starts nodding off.

Bleeding:  Helichrysum and/or Geranium. Mix 1-2 drops each or either to 1 TB FCO, apply to bleeding site. Reapply until bleeding stops.

Colic:  DigestZen. 15-drops by mouth and apply 10 drops to flanks/abdomen. This treatment was used by one of doTERRA's owners in desperation after vet gave up trying to treat 2 different horses suffering from severe colic at two different times. Within 10-20 minutes both horses were up, out of pain and walking around - had complete recoveries. Obviously intestines had not twisted yet. Note: This is a serious life threatening condition...a vet needs to be brought in immediately...The use of oils was a last desperate effort. That they worked so amazingly well indicates that they should be applied at onset to give horse best chance of recovery.

Hoof Rot:  1 drop Chamomile, 1 drop Thyme, 1 drop Melissa - mixed with 1 Tablespoon (TB) Fractionated Coconut Oil (FCO), then apply to cleaned location 2X daily

Hot Spot/Damp Heat (fungal infection):  Myrrh, Lemongrass, Geranium, Lavender - Let horse choose, or use any or a mix - up to 3 drops in 1 TB FCO, apply to cleaned site several times a day. Can also apply oil (2 drops) to moist tea bag (tannin dries up hot spot) if small enough area, and hold in place for several minutes.
**Infection:**  OnGuard - 2 drops mixed with 1 TB FCO (increase mix amt. for larger site) - apply to cleaned site 2X/day.

**Insect Repellent:**  Terrashield - Can be diffused, or applied to Ear Nets, Eye Nets (not over eyes), or diluted 3 drops oil mixed with 1 TB FCO, and applied to exterior of ears, poll, spine, base of tail, neck, chest, groin area but NOT on genitals

**Leg Fractures:**  (I can only assume this is applied when cast is removed) Ginger - 2 drops diluted in 2 TB FCO, applied over site of break, then wrap in warm compress

**Muscle Tissue Damage:**  Lemongrass and Lavender - 2 drops each in 2 TB FCO (increase mix amt. if for larger site) - applied to muscle area, apply wrap, if area is small enough, to help regenerate torn muscle

**Scarring:**  Lavender, Geranium, Frankincense (reduce). Helichrysum (Prevent) - Mix 2-3 drops any or combination oils to 2 TB FCO. Apply to closed wound or scar. Apply daily, 2-3X, until scar diminishes.

**Scrapes:**  Lavender, Maleleuca, Cypress - Make a topical spray using 5 drops Lavender, 3 drops Maleleuca, and 2 drops Cypress in spray bottle with 8 oz. (1 cup) water. Shake bottle before each application. Spray over cleaned scrapes 2X daily, then wrap

**Thrush:**  Lavender - Put a drop or two in frog and massage in

**Wounds/Insect Bites:**  Helichrysum, Frankincense. Mix 2 drops either one or both with 2 TB FCO, apply to wound. For Hornet/wasp/bee stings: Basil and Lavender - 1 drop each in 1 teaspoon (tsp) FCO - applied to bite.

Learn more about using doTERRA © essential oils and supplements for your family and pets and how to purchase these powerful natural products at the best available prices go to: http://www.thedoogoler.com/