



It is August 24th as I am writing this, Wow! It is so hot outside, the hottest day of summer so far...it feels like you could actually melt. But here we are approaching September, we are losing daylight more and more each day, time is just racing by and the COVID virus is continuing to afflict our world. I pray every day that we can move forward from this virus, get back to living our normal lives without fear every time we go someplace or touch something or someone. I am worried that if the numbers continue to increase it will change what we are able to do here at the center, and no one wants that.

So here I am again, asking everyone to please use caution when coming to the center, please follow the COVID rules; stay home if you are sick, wash or sanitize your hands often, practice good hygiene habits and **wear a mask if you're not vaccinated**. I know you are getting tired of hearing (reading) this; I am getting tired of saying it, but I am giving you a heads up that our procedures may once again be changing at the center based on current information from Madison County Public Health.

Madison County is once again on the high transmission list with over 59 new cases reported in the week of August 20th. MCH Commissioner Chris Cook is pleading with residents, vaccinated and unvaccinated, to wear your mask indoors. Experts estimate that the delta variant is 50% more contagious than the alpha variant which is 50% more contagious than the original virus. "Masks are for now, not forever," Cook said, "We need to recognize what is going on around us, act like a community, and make respectful choices." (From the Health Dept. Public Release 8.20.21)

I know this feels like it is going on and on...but unfortunately it is affecting every choice we make at the center and our activities right now. The board has decided that we are going to require masks be worn when going on the trips, on our vans or charter buses. We don't want to cancel any of our activities right now, so I am asking our card players, once again, please wash your hands before you start playing and sanitize before you switch tables. Small things will help keep us active and everyone healthy.

You may have noticed, if you've visited the center recently, we aren't quite as active as we used to be, before COVID. I understand, fear of COVID is still running our world. The café has never been extremely busy on Fridays, even before the pandemic, right now we are lucky if we get 10 people in on Friday for lunch, which made us question if it was economically feasible to continue operating the café on Fridays. The board decided that we will close the café on Fridays starting September 1st through December 31, 2021. We will revisit the issue at year end going into 2022. I apologize to those few people that come in on Friday, but we can't begin to pay for the meal provided if we make \$50 for the day. The café as a whole is running in the red right now with the cost of food going up, not to mention getting what we need from our food suppliers, that's another issue in itself, thank goodness for Kroger right now. There is no easy answer for any of the issues we are going through right now, some will grumble and complain about our decisions, that's what they do, we have to do what's best for the center, ultimately, we have bills to pay, that's never changed. Just know we are doing our best to keep things going safely and efficiently, we just need your cooperation and support as we continue through these uncharted territories.

Thank you for the laughter I hear every day! Let's stay safe and keep the center active.

Misty



Find the chicken hidden inside this newsletter. When you find it call the center at 740-852-3001 by Friday, September, 17th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Remember it will not necessarily be on a color page. Last month the ice cream cone was on the page 2. Congratulations to Barb Florence, August's lucky winner!



We enjoyed our Mystery Lunch Trip to Cedarville. We ate at Beans N Cream and the food was great. There is a beautiful mural in the parking lot across from the restaurant. We also traveled down 42 a bit to Cedar Falls. It's a pretty short, easy walk to the falls, so go if you get a chance.

Right: Ruth Mills has brought in her butterfly collection. They are from all over the world.

Right below: Lori Clark shared her stamp collection with us. She has some that are very unusual.

If you have a special collection let us know and we will feature it in our showcase.



Our volunteer, Sandy Darlington, displays a photo of herself and Abe Lincoln! Of course she was just a child. 🥰 Love you Sandy!



Day Center clients made the cutest rocking chairs out of clothes pins!





High Euchre Score

7-26-21 Ruth Sowers 85

8/2/21 Kent Stryker 75

8-9-21 Jim Penix 77

8-16-21 Karen Shaw & Skip Fout 70



High Bridge Score

7-28-21 Mardi Hanford 4460

8-4-21 Barb Tope 3880

8-11-21 Kate Sparks 4800

8-18-21 Ginny Edwards 5370

Welcome 26 New Members!

Kenneth Wayne

Linda Moyer

Jim Smith

Dee Hansel

Susan Sullivan

Janet And Robert Hale

Kathy Scanlon

Jennifer and Paul Adams

Vickie Young

Susan Thompson

Mike Wilson

Lydia Ramthun

Ralph & Robin Wilson

William & Deborah Hall

ReGena Sprabary

Sandra McAlister

Lynn & Skip McHenry

Margaret Dowler

Lydia Ramthun

Paula Manning

Nancy Manning

2021 Governing Board Members

Donna Sheridan-President

Jerry Tompkins- Vice President

Shirley Witwer-Secretary

Loretta Anthony Eilene Duncan

Steve Saltsman Sharon Manion

Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.

WEEKLY SCHEDULE

Monday:

8:30 a.m.—Indoor Walking/Exercise Class

9:00 a.m.—Chair Volleyball

9:30 a.m.—Crocheting, Knitting & Needle Crafts

10:30 a.m.—Sitting Exercise/ Strengthening

1:00 p.m. – Euchre

2:00 p.m.— 3:00 p.m.—Rays of Hope Support Group

Tuesday:

9:00 a.m.— 3 p.m. Quilting Class

10 a.m.-12:00 p.m.—Bowling at Madison Lanes

Tuesday Evening Activities will start October 5th

Wednesday:

8:30 a.m.— Indoor Walking/Exercise Class

9:00 a.m.—Chair volleyball

10:30 a.m.—Aerobics/Strengthening Class

12:05 p.m.—Bridge

1:15 p.m.— Yoga Stretch

2:00 p.m.—Diabetes & Weight Loss Support Group

Thursday:

9:00 a.m.—Chair volleyball

Friday:

8:30 a.m.—Indoor Walking/Exercise Class

9:00 a.m.—Painting Class with Harry Croghan

10:00 a.m.—Chimes, first and third Fridays

1:00 p.m.—Free Movie and Popcorn at the senior center.



The Center's Fitness Room is open Monday through Friday, 8:00 a.m. to 4:00 p.m.

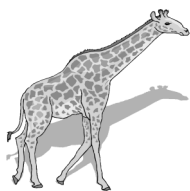
We have 3 treadmills, 3 exercise bikes and an elliptical.

Also, please wipe down the machine you use when you are finished. Thank you!

UPCOMING DAY TRIPS!!

Columbus Clippers game—September 2nd. We will leave the Center at 10:30 a.m. Lunch will be on your own at the ball park.

September Mystery Lunch—Wednesday, September 8th. Van fee \$5. We will be leaving the Center at 9:30 a.m. Lunch is on your own and you may want to bring some extra money to spend at a near by shop.



The Wilds Open Air Safari—Monday, September 20th. Trip fee is \$75.00. This includes your lunch provided by the Wilds. We will leave the Center at 7:30 a.m. and travel to the Wilds in Cumberland, Ohio with a rest stop on the way. Our tour will begin at 10:30 and is an open air bus tour. The tour will go, rain or shine. The tour may be a little bumpy since we will be out in the pasture seeing the Rhinos, Giraffes, Ostriches, Zebras, Camels, etc. where they live. We plan to return by 5:00 p.m.

America's Packard Museum in Dayton, Ohio—Wednesday, September 29th. Trip fee is \$10. Built in 1917, America's Packard Museum is the only restored Packard Dealership operating as a museum. It houses the largest public collection of over 50 Packard automobiles and memorabilia in the world. We will leave the Center at 9:45 a.m. Lunch will be on your own at Jimmie's Ladder 11 in Dayton. Jimmie's Ladder 11 is located inside a former firehouse that dates back to 1892 and is believed to be one of the last Dayton firehouses to use a horse drawn apparatus. We will eat there first, arriving at 11:00 a.m. and our museum tour is at 1:30 p.m.

SNOOTY FOX!!!! October 1st. We will leave the Center at 8:45 a.m. sharp! The motor coach will leave promptly at 8:45 a.m. ***This trip is now full, however we can put you on a wait list to fill cancellations.***

October Mystery Lunch—Thursday, October 7th. Van fee \$5. We will be leaving the Center at 10:00 a.m. Lunch is on your own and you may want to bring some extra money to spend!

Fall Picnic and Hike—Friday, October 22nd. Van fee \$5. We will leave the Center at 10:30 a.m. and travel to Cedar Falls park just outside of Cedarville. Bring a packed lunch and drink. We will eat in their shelter house. The water fall is a short walk from there. After lunch and visiting the falls we will drive just down the road to take a short hike to the Indian Mound Reserve. The trail is 1.1 mile. This trip will be cancelled if it rains.

Delightful Dining

Don't forget to call the Center and let us know if you plan to come, so we can give the restaurant an accurate count. Sign up early! Sometimes late reservations cannot be accommodated at the restaurants.

Monday, September 13th—Peaches Grill, 104 Xenia Avenue, Yellow Springs, OH 45387. Fee to ride the van is \$5. Vans will leave the Center at 4:15 and meet there around 5:00 p.m.

Monday, October 4th—Bibibop Asian Grill, 1775 Hilliard Rome Road, Hilliard, OH 43026. Fee to ride the van is \$5. We will leave the Center at 4:15 p.m. and meet there around 4:45 p.m.



Wendt Tours will be here Wednesday, September 1st at 2:00 p.m. for a presentation on our 2022 Branson and Ireland trips!

Afterward we will have the final departure meeting for the Pennsylvania Rail Adventure trip at 3:00 p.m.

Branson, Missouri

May 16-21, 2022

Highlights include: Dolly Parton's Stampede Dinner Show, New Jersey Nights, Showboat Branson Belle Dinner Cruise, Dogwood Canyon Nature Park, Amazing Acrobats Shanghai, Dublin's Irish Tenors/Celtic Ladies, Grand Jubilee Dinner Show, Warm Springs Ranch & the Clydesdales, Museum of Westward Expansion, Gateway Arch, St. Louis.

Tour Includes:

Motorcoach & rail transportation,
Five nights lodging
8 meals—5 breakfast and 3 dinners
Reserved show tickets
All sightseeing & admissions, baggage handling
Gratuities for local guides & porters
Professional Tour Manager

Fare:

\$1149.00 per person double

\$1099.00 per person triple

\$1399.00 per person single

A \$150.00 per person deposit is due to secure your reservation with the balance due by March 1, 2022. Make checks payable to Madison County Senior Center, and send to PO Box 389, London, OH 43140.

Enchanted Ireland

September 21-29, 2022

Highlights include: St. Patrick Cathedral, Trinity College, Book of Kells, Guinness Storehouse, Glendalough, Rock of Cashel, Waterford, Waterford Crystal Visitors Center, Blarney Castle, Killarney, Blarney Woolen Mills, Macgillcuddy's Reeks, Bunratty Castle Medieval Banquet, Historic Galway, Connemara Region, Cliffs of Moher, Ring of Kerry, and Dublin.

Tour Includes:

Round trip air transportation
Deluxe motorcoach transportation in Ireland
11 meals—7 breakfasts and 4 dinners
Seven nights lodging
All sightseeing & admissions
Baggage handling throughout Ireland
English speaking driver/guide in Ireland

Fare:

\$3,495.00 per person double

\$3,995.00 per person single

A \$500.00 per person deposit is due to secure your reservation with the balance due by June 1, 2022. Make checks payable to Madison County Senior Center, and send to PO Box 389, London, OH 43140.



When you sign up for a trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If we are taking a motorcoach, the cost of the coach is not refundable within 30 days of the trip. If you have questions please contact Janisse at 740-852-3001.

*****Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**

The Senior Center will be closed Monday, September 6th in observance of Labor Day.

LABOR DAY

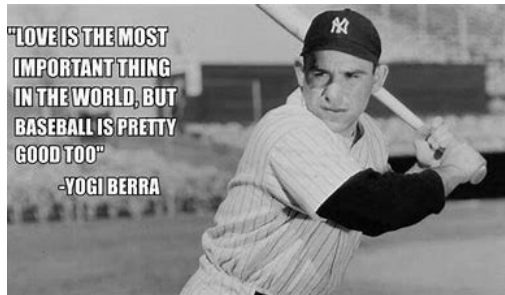


Flu shots will given on Thursday, September 30 from 11:00 to 1:00 by the Health Dept. here at the Senior Center.

? Do You Have Medicare Questions?

Monday, October 18th OSHIPP (Ohio Senior Health Insurance Information Program) will be here at the Center from 11:00 a.m. to 1:00 p.m. in the lunch room to answer questions.

You can also make an appointment to speak with their representative, Kendra, starting at 1:00 p.m. if you would like to do so. Call the Center at 740-852-3001 to make an appointment.



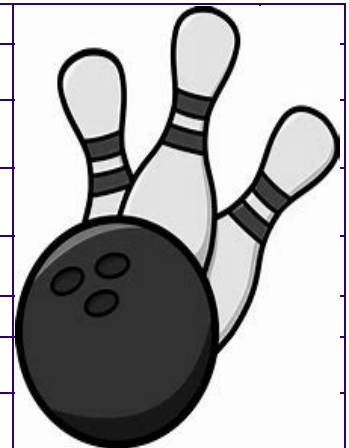
LaComedia presents Footloose the Musical

SOLD OUT!

Madison County Senior Center will be traveling by motorcoach on Friday, October 29, 2021 to Springboro, Ohio to see this! We will leave the Center at 9:30 a.m. Fee for this trip is \$77 per person. This includes: motorcoach transportation, show ticket, delicious buffet meal and dessert at LaComedia. Driver tip is not included.

Please call the Center at 740-852-3001 and get your name on the waiting list! Deadline to pay will be Monday, September 27th.

B O W L I N G	Andrix, Barb	102	Hackworth, Paul	141	Noble, Gene	119
	Cooper, Barb	93	Hardin, Jim	119	Pickens, Ann	114
	Cweikalo, Bert	143	Hardin, Johnny	99	Ridolfo, Linda	159
	Ellars, Greg	146	Herman, Cecil	90	Shepler, Greg	159
	Ernst, Terry	102	Johnson, Charlie	120	Sheridan, Ray	164
	Florence, Barb	87	King, Carl	160	Threlkeld, Larry	114
	Glass, Duane	185	King, Karen	141	Vecchiarelli, Deb	72
	Goff, Terry	157	McDonley, Dolly	91		



Adult Day Center

One perfect month under our belts. The laughter is just wonderful and we are so blessed to be together again. We wished a special volunteer (Sandy Darlington) a very "Happy Birthday". Sandy is such a good sport when it comes to the teasing and joking about her age from a ADC member and staff. Who knew she had a relationship with ABE Lincoln! Only teasing again Sandy. Sorry :)

We are still accepting gently used or new items for Bingo prizes. (Please no clothing or shoes)

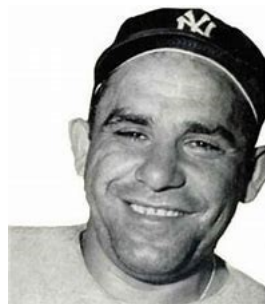


Dottie McCann also needs a huge thank you for the snacks she donated to ADC for bingo. Thank you Dottie for being thoughtful.

Another big thank you to Bonnie Radcliff for her talent of coming up with ideas for crafts. She came up with little rocking chairs made out of clothespins and they are so adorable. (see picture page)

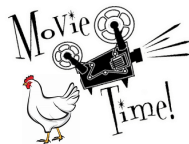
We wish a happy, safe and healthy Labor Day to all. To all students that are returning to school we wish you a safe and happy school year. Always put your best foot forward and enjoy. Till next month

Beth, Jeanna and Patsy



"I never blame myself when I'm not hitting. I just blame the bat and if it keeps up, I change bats. After all, if I know it isn't my fault that I'm not hitting, how can I get mad at myself?"
Yogi Berra

FREE!



Fridays at 1:00 p.m.

September 3rd - A Royal Night Out – Sarah Gadon, Bel Powley – Romantic Drama – 2015 - PG-13

September 10th – Must Love Dogs – Diane Lane, John Cusack – Romantic Comedy – 2005 – PG-13

September 17th – Bad Education – Hugh Jackman, Allison Janney – Real Life Drama – 2020 – NR

Sept. 24th – The Secret Dare to Dream – Katie Holmes, Josh Lucas – Drama/Comedy - 2020 – PG

September Birthdays!

Patron	Birthday	Patron	Birthday
Stuthard, Elaine	09-01	Nutt, Francis	09-16
Hysell, Janet	09-01	Reinhard, William	09-16
Potter, Gwen	09-01	Day, Richard	09-16
Foust, John	09-01	Bernard, Jeanna	09-17
Alder, Phyllis	09-01	Stewart, Ron	09-18
McMunn, Norieta	09-03	Brunner, Judith	09-19
Hardman, Sandra	09-03	Cunningham, David	09-19
Donovan, Patricia	09-03	Dillion, Esther	09-19
Little, Kenneth	09-05	Hart, Darlie	09-19
Evans, Wilbur	09-05	Penix, Martha	09-20
Wheeler, Dale	09-07	Hatfield, June	09-20
Handford, Marilyn	09-07	Cleaver, Mary	09-21
Landerfelt, Anita	09-07	Sullivan, Evelyn	09-22
Moore, Evelyn	09-08	Wheatley, David	09-22
Chesser, Liz	09-08	Woolum, Roxann	09-23
Shoaf, Helen	09-09	Knox, Madglene	09-23
Huber, Lillian	09-09	Victor, Vicky	09-24
King, Karen	09-09	Shaw, Rose	09-24
Redman, Dick	09-10	Smith, James	09-25
Stevens, Helen	09-11	Corn, Julia	09-26
Lininger, Ralph	09-11	Walker, Glenna	09-26
Shandale, Anna	09-11	Penwell, Carl	09-27
Wallace, Brenda	09-11	Truxall, Daniel	09-27
McClaskie Burton, Paula	09-11	Peter, David	09-28
Dunham, Janet	09-11	Knox, Don	09-28
Hayes, Darryl	09-11	Clifton, David	09-28
Lang, Janet	09-12	Hamilton, Bonnie	09-29
Reid, Wanda	09-13	Legg, Anna	09-29
Likens, Gary	09-13	Herman, Mary Anne	09-29
Glass, Duane	09-13	Ellinger, Everett	09-29
Thomas, David	09-15	Stanley, Marc	09-29
Foust, Linda	09-15		
Bires, Mark	09-15		



Apple Squares

Ingredients

- 1 cup sifted all-purpose flour
- 1 teaspoon baking powder
- ¼ teaspoon salt
- ¼ teaspoon ground cinnamon
- ¼ cup butter or margarine, melted
- ½ cup packed brown sugar
- ½ cup white sugar
- 1 egg
- 1 teaspoon vanilla extract
- ½ cup chopped apple
- ½ cup finely chopped walnuts
- 2 tablespoons white sugar
- 2 teaspoons ground cinnamon



Directions

Preheat oven to 350. Grease a 9x9 inch pan. Sift flour, baking powder, salt, and 1/4 t. of cinnamon; set aside.

Mix together melted butter, brown sugar and 1/2 cup of white sugar with a wooden spoon until smooth. Stir in egg and vanilla. Blend in the flour mixture until just combined, then stir in the apples and walnuts. Spread the mixture evenly into the prepared pan. In a cup stir together the remaining cinnamon and sugar; sprinkle over the top of the bars.

Bake for 25—30 minutes in preheated oven; finished bars should spring back when lightly touched. Cool and cut into squares.

Foot Care at the Senior Center

By Everyday Divinity

Foot Care by Registered Nurses

To schedule an appointment please call 614-716-9919

3 Easy ways to support the Center!

amazonsmile

If you shop on **Amazon**, the Center can benefit.

All you have to do is go to the following address: [https://](https://smile.amazon.com/ch/31-1195151)

smile.amazon.com/ch/31-1195151.

Use your usual Amazon login and it will automatically send 0.5% of your purchases to the Center.

Planned Giving—What is it about? It means you are planning to give a gift later. It is a plan that you put in your will, an item that is worked out with your family and attorney. From time to time, the Senior Center receives such gifts. Whether these amounts are small or large, they are extremely important.

If you would like more information, please contact Misty Bradley, Executive Director, at 740-852-3001. Your call or meeting is strictly confidential. This is one of the easiest ways to leave a legacy to the Senior Center.

Required Minimum Distribution

from your IRA—If you are 70 1/2 or older and have an IRA, you know that each year you must take your Required Minimum Distribution (RMD). But did you know that you can make a transfer directly from your IRA to a charity of your choice and the contribution is not taxed? You can give up to \$100,000 from your IRA to a charity and it will be counted towards your RMD but isn't included in your adjusted gross income. If you want further information on how you can make a gift to the Senior Center from your IRA, please contact your financial advisor.

Holiday Craft Bazaar

We have cancelled the bazaar for this year
due to Covid numbers increasing.

If you had signed up and paid for a spot at
our bazaar, you will be contacted about your
refund.

No Bingo for 2021



Madison County

Senior Citizens Center, Inc.

280 West High Street, London

First Wednesday each month at 7:00 p.m.

Coverall Jackpot Progressive Games




**Friends of
Madison County
Parks & Trails**
P.O. Box 308
London, Ohio 43140
WWW.FMCPT.COM

Membership Individual \$15
Family \$25 Sponsor \$50+
Individual Lifetime \$250
Registration Form on Website
E-mail FMCPT@columbus.rr.com

Support:

The Madison
County
Park District

GET INVOLVED

London Public Library

Your Everyday Library!

Visit www.mylondonlibrary.org

- Educational Events for all Ages
- Online Services/Computers
- Newest Books
- Latest DVDs
- Video Games
- Wifi Hotspot
- Audiobooks



20 E. First Street, London Ohio



CHANEY & THOMAS
Insurance



Deeann Blake

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London, Oh 43140
(740) 852-2323

The X-TERMINATOR

BUGS... won't be back!!

614-600-6496

West Jefferson, Ohio
mike.conway66@yahoo.com

**Spiders, Bees, Ants, Roaches,
Termites, Bed Bugs, Mosquitos,
and all general pests**





"WINGS OF BEAUTY"

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Ruth Mills

gmills003@live.com

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Just when it thought

life was ending,

the caterpillar

became a butterfly.



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**"A REAL Community Bank,
with Real Customer Service"**



MEMBER
FDIC

Madison County Senior Citizens Center

P.O. Box 389
280 West High Street
London, OH 43140

Phone: 740-852-3001
Fax: 740-852-3052

We're on the Web!

mcsenior.org or on Facebook at Madison
County Senior Citizens Center



September 2021

Misty Bradley, Executive Director

Ramalingam Selvarajah, M.D., Medical Director

Janisse Williams, Activity Coordinator/Marketing

Marilyn Lowery, Front Office/ Substitute Driver

Ruth Kennedy, Staff Nurse/Wellness Coordinator

Beth Dillion, Adult Day Center Coordinator

Jeanna Bernard, Adult Day Center Aide

Patsy Bricker, Adult Day Center Aide

Bonnie Radcliff, Adult Day Center Aide/Substitute

Sandy Darlington, Adult Day Center Aide/Substitute

Gayle Summers, Kitchen Coordinator

Brenda Lewis, Cook

Brenda Castle, Transportation Coordinator

Wayne Bricker, Driver

Don Hawkins, Substitute Driver

Martha Parsons, Substitute Driver

Mark Bires, Substitute Driver

Luther Dolby, Maintenance

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.