## Ann's Aquatics Tuesday, Thursday and Friday PM Swim Classes at Chevy Chase Pavilion January 8<sup>th</sup> – March 22<sup>nd</sup> 10 weeks for \$250 2:00 – 5:45 p.m.

2:00 & 3:30 Beginners who need floatation devices, are fearful, or

**Tucker's Tadpoles:** can't go under.

**2:30 & 4:00** Beginners who can swim a little without floatation

Tucker's Turtles: devices.

DININI

**3:00** Beginners who can swim across the pool but need work

Tucker's Tunas/Turtles: on breathing.

4:30 A more aggressive class for advanced beginners who can swim on

Ann's Alligators: both the stomach and back, in deep water, can go under and are

starting to dive.

**5:00** Advanced Swimmer. Basic Emergency water safety and stroke

**Tucker's Tigersharks:** technique emphasized. Diving. Swim team skills.

45 minutes \$350 (Tuesday & Friday only)

**5:00** Water orientation through games and play for children

Ann's Aquatots: 1-3 years of age. Parent participation required. (Thursday only)

Registration begins Monday, November 12<sup>th</sup> for current students for their current classes at 10:00am.

Open registration begins Monday, December 3<sup>rd</sup> at 10:00am. Registration is through email only. Annsaquatics@gmail.com (301) 230-2426

Visit us at www.Annsaquatics.com
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