

Spring Valley Seniors Staying Put

Caring

Connecting

Contributing

Coordinating volunteers to help seniors and adults with disabilities to maintain their independence.



Message from Rich O'Connell

Covid-19, enough has been said about that. I want to talk about the positive side of this pandemic. Occasionally I watch the evening national news and often they have a closing commentary about someone who has done something wonderful, special, or beyond the ordinary in a community. In my mind we have a group of local volunteers who are doing something out of the ordinary and special right here in our community.

During this pandemic we had a record number of volunteers reach out to offer help in some way. They decided to take the risk and go beyond the stay at home recommendation to take care of seniors and adults with disabilities in our community. It would not be successful if these extraordinary volunteers did not venture out during these uncertain times. On behalf of *Spring Valley Seniors Staying Put*, **Thank You!** for your service to our senior community.

Sincerely,

Rich O'Connell
President, *Spring Valley Seniors Staying Put*

2020 Staying Put Statistics

Volunteers
102

Clients
94

Volunteer Miles
6,971

Volunteer Hours
626



S312 McKay Avenue
PO Box 193
Spring Valley, WI 54767
(located in the First Bank
of Baldwin building)

715-778-5800
springvalleystayingput.org

Office Hours
Mon, Tue, Thur 1 - 4 p.m.

Board of Directors

Rich O'Connell | President
Margy Balwierz | Vice Pres.
Janice Ottman | Treasurer
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Ron Thompson
Sandy Thompson

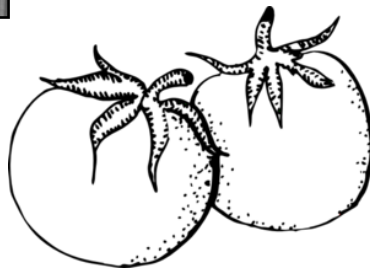
Volunteer Director

Kathy Nyeggen

Newsletter Editor

Eric Hatling

Staying Put *Volunteers & Programs*



Clockwise from top left: Chuck Davis getting ready to deliver special meals; Annamarie Casey and Lily Palmer regaling SV Care Center residents with song from a safe distance; Craft Circle crew (prior to social distancing time) with creative endeavors; Paster Pete (prior to social distancing time) at the Memory Cafe sharing stories about his retirement travels in Tanzania; Diane Heubel fills the *Staying Put* planter with flowers and Brian Kirby's donated cherry tomato; Brian Kirby with said cherry tomato.

Kathy's Korner



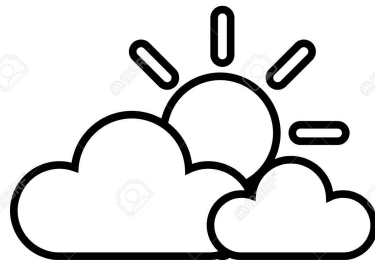
Dark Clouds, Silver Linings

by Kathy Nyeggen Volunteer Director

As the dark clouds of Covid-19 settled over our world in early spring 2020, we all hunkered down and adapted to the continual changing climate of a strange and uncertain existence. Here in the Village and surrounding communities of Spring Valley (as like anywhere else), community events, activities, gatherings, church attendance, a collective way of life have been “suspended until further notice.” *Spring Valley Seniors Staying Put* has redefined its purpose in many ways. For the members of *Staying Put*, for the vulnerable citizens in our community, and especially those enduring months of lock-down at care facilities, the unfortunate impact has been most dramatically felt.

Albeit a dark time, we can be grateful for silver linings. Since early March, many new and existing volunteers have stepped forward with helpful hearts to deliver special meals, groceries and library items; run errands; make friendly calls; send cards and letters; and even sing to care facility residents from outside. Our Meals on Wheels program volunteers have been more dedicated than ever. We were fortunate to have received generous donations from First Bank of Baldwin, M Health Fairview, and a grant from St. Croix Valley Foundation in response to Covid-19 (for additional meals delivery to those who need help). We continue to receive contributions, from local businesses such as the Spring Valley Chamber of Commerce, in addition to gifts from our individual donors. Our heartfelt gratitude goes out to you all. Your service and generosity at this time means more than you could know. *Staying Put* has strived to help mitigate loneliness, isolation and fear, to bring cheer and a ray of hope. As we continue to ride out this storm navigating perpetual change, we will discover new opportunities to be a respite. Until a brighter day,

Kathy



Special Thanks!



In May, Erik Thompson, Retail Branch Manager of the **First Bank of Baldwin in Spring Valley**, presented a \$2,000 donation to be shared with *Staying Put* and the Spring Valley Food Pantry. Kathy Nyeggen and Diane Heubel receive the check via social distancing.

WELCOME NEW VOLUNTEERS!

Alicia Acken
Sarah Cook
Chuck Davis
Tina Fern-Denzer
Kyle Geurkink
Jackie Hawk
John Lenarz
Alissa Trinko
Bradley Webb

Thanks to **Diane Huebel and Linda Price** for the donation of their decorative hand-crafted face masks for *Staying Put* volunteers.



Meals on Wheels drivers and substitute drivers, thank you for your gift of time during these challenging days!

Joe Bacon
Tina-Fern-Denzer
Eric & Jan Hatling
Mary Hinshaw
Kari Jensen
Bob Jones
Keith Larson
Diane & Rich O'Connell
Trudy Rew
Dave & Rosalie Sowatzke
Ron Thompson
Julie Witt

Staying Put received a special Covid-19 relief grant from the **St. Croix Valley Foundation** and is currently partnering with Sneakers to coordinate special meal deliveries to seniors and various individuals.

The public is also invited to purchase gift certificates for random use, which are matched to recipients.



Kudos to **Sneakers** for preparing meals for Meals on Wheels clients and additional *Staying Put* clients who need some extra help.



Staying Put *In Other News*

Memory Cafe Goes Virtual by Paula Lugar

Since we were unable to celebrate the Memory Cafe's 3rd anniversary in person in March because of Covid-19, Amy Luther, our Pierce County Dementia Care Specialist, suggested we start holding virtual meetings. On April 28th we held our first Zoom Memory Cafe. Thank you Amy!



We thrive in our connections to friends and family so the social isolation of Covid-19 is really hard on us! Our Memory Cafe group had grown to 10-12 joining together to check in with each other and talk about life.

Our life-long Spring Valley members reminisced and talked of local history. Newcomers like me listened and joined by asking questions. Pastor Pete visited us twice to talk about his retirement trip to Africa and to share his music. He will be

coming back again when we can meet in person. Our hope is to be able to meet in July or August, but it is hard to know. Safety is our priority. If you want to join our virtual meetings using zoom or a phone, you are welcome. We are continuing with our regular schedule on the 2nd and 4th Tuesday of the month at 10:00 a.m. Amy Luther sends out the info on how to join the meeting. Her number at the ADRC is 715-273-6780.

We miss you! If you are a phone call person, let us know if you would like us to develop a regular phone check in. Remember the old long distance television commercials, "Reach out and touch someone." Don't remain isolated, we are all here!

Paula

Staying Put Services

Staying Put Services Provided During Covid-19

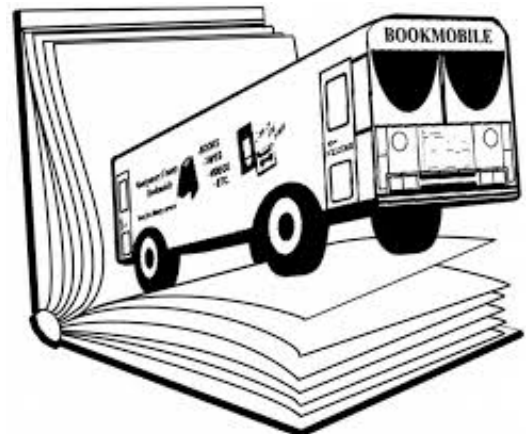
Staying Put's physical office, in-person visits and transportation are closed until further notice, however, the phones are monitored Mon - Fri and calls are returned within 24 hours. The services being offered at this time are:

- Meal delivery
- Local groceries & supplies delivery
- Library-item delivery
- RX delivery
- Various errands
- Friendly calls
- Help finding resources
- Cards, letters, patio mini-concerts at the SV Care Center
- Virtual Memory Cafe facilitation



Yearning for some good books, DVDs or other library materials?

Staying Put will coordinate with the Spring Valley Library curbside service to bring books and other library items to your door! Call the Library at 715- 778-4590 or SVSSP at 715-778-5800.



Thank You!

Donations received from January 16 - June 5, 2020

INDIVIDUALS

Joyce Borgerding and Tom Rauch
Allan Brown
Stacy Burr
Marje and Max Downs
John and Nancy Ellingson
Pat Gavic
Shirley Hampton
Flossie Hughes
Lynn Huiskamp and Jay Esch
Lawrence and Delores Halback
Dave and Rita Johnson
Charles and Cheryl Larsen
Beverly Lueth
Gary and Ruth Lukes
Heather Nelson
Janice and Jim Ottman
Fred Pierce
Gene and Carol Roland
Robert and Dorothy Sebion
Dennis Sorenson
Russell M. Sr. and Laurel Spence
Margaret and Rick Thorne
Jeanette Timm
Johannes and Sharon Vandenberg
Gloria and Jack Weghorn
Vicki Weiss
Greg and Sherry Wells
Ken and Denise Witucki

BUSINESSES, ORGANIZATIONS & FOUNDATIONS

Allina Health Community Engagement – Doers for Dollars
Fred C. and Katherine B. Andersen Foundation
Hugh J. Andersen Foundation
First Bank of Baldwin
Gilman Lutheran Church Mission Endowment Fund
M Health Fairview
Spring Valley Chamber of Commerce
St. Croix Valley Foundation

IN MEMORY OF (donor indented)

Kenneth Bauer

Jeannie Place and Blaze Cunningham

Betty Breitingner

Beth Weldon

Steve Croes

Mary Kay Schaffner

Edith Hojem

Sandy Thompson

Bob Jenny

Una Kannel-Jenny

Judy F. Olson Putnam

Bill and Jill Klanderman

Gordon Verges

Sharon Verges

IN-KIND

Diane Huebel
Brian Kirby
Naomi McLeod
Jenny Nyeffer
Kathy Nyeggen
Ron Thompson

IN HONOR OF (donor indented)

Janet Gavic's 90th Birthday

Bill and Jill Klanderman

Have You Thought About Your Legacy?

Planned giving is a way you can help shape *Spring Valley Seniors Staying Put* into tomorrow. A way to assure yourself a place among those who can truly say, "I was here, my life was important, and I made a difference." If you want to know more about legacy planning, please contact your professional advisor.

Spring Valley Seniors Staying Put is a 501(c)(3) nonprofit

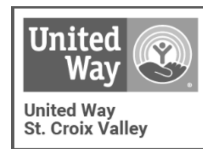
Your donation is tax deductible; please support our programming with a donation:

Spring Valley Seniors Staying Put
S312 McKay Avenue, PO Box 193
Spring Valley, WI 54767
(located in the First Bank of Baldwin Building)

Online: springvalleystayingput.org/donate.html



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SPRING VALLEY - PLUM CITY





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Spring Valley Seniors Staying Put

S312 McKay Ave.
PO Box 193
Spring Valley, WI 54767
(Located in the First Bank of Baldwin Building)

ADDRESS SERVICE REQUESTED

Volunteers

Remember to call in your volunteer hours and mileage, 715-778-5800. That's how we measure our success!



WOULD YOU PREFER A NEWSLETTER VIA EMAIL? PLEASE LET US
KNOW BY SUBMITTING A REQUEST TO: spring.valley.ssp@gmail.com.

THANK YOU!