

Thinking about Volunteering – “just do it!”

Onside offers mentoring & advocacy to people who are struggling to cope with a situation due to their vulnerability in life. More volunteers are needed in the Bromsgrove & Redditch area to support local people. Advocacy volunteering is a way of supporting and empowering people to ensure that they have their voice heard and their wishes made known to others. While Mentors offer a supportive and reliable relationship to an individual who would otherwise be socially isolated. The support may involve visiting the person at home or encouraging them to access activities in their local community. Onside's Volunteer Manager, Claire Watkins, said “Our volunteers give their time, their passion and enthusiasm, we need continued help from willing volunteers who would enjoy supporting people in their local community.”

Volunteers are ordinary people of all ages and backgrounds they just need to be good listeners and have some time to give.

Elizabeth one of our volunteers, said “if you are thinking about volunteering I would say “DO IT!”. I have had so much pleasure already, It's a wonderful feeling when you know you've helped and made even a small difference to someone else's life ”Since retiring I felt I wanted to give something back, volunteering with Onside means I can do this along with knowing it's a very worthwhile use of my time.

If you can picture yourself in the role of an Onside volunteer please call Claire Watkins - Volunteer Manager on 01905 27525 or email claire.watkins@onside-advocacy.org.uk to find out more. This type of volunteering can be very flexible to fit with your life and circumstances. Free training (throughout the year) is provided and all expenses paid.

Registered Charity no. 1102022

Onside contact:

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