



# Privileges

1 Gods binne privileezjes krigen foar it ynfoljen fan 1 Gods ferplichtings

In persoan ûntfangt **1 GOD 's** Foarrjochten omdat se klear harren **1 GOD 's** Ferplichtings. **1 GOD jûn Privileges** wurden fertsjinne Community Rjochten. **Nei** it ynfoljen fan Community Taken. Easkje dizze Rjochten! It is in minske rjocht!

bedrigings foar **1 GOD jûn Privileges**: Selssucht, Profiteering, Fallen, foarm fan ymmoraliteit, fersmoargjende, Erflike Tyrannies (**Monarchies**), Politike Tyrannies. **Any bedrigingen wurde altyd holden accountable, MS R1-7**



## 1 GOD jûn privileezjes

- 1 Ademend, skjinne lucht
- 2 Genießbar, filtere wetter
- 3 Eatable, sûn iten
- 4 Beskermjende, betelbere klean
- 5 Hygiënische, betelbere ûnderkommen
- 6 Oanbidding en Believe in **1 GOD**
- 7 Free taspraak mei morele restrains
- 8 Mate, begjinne famylje
- 9 Have a húsdier
- 10 Have heftich-frije mienskip
- 11 Free behanneling doe't siik
- 12 Free-edukaasje
- 13 beleanne wurk
- 14 Untfang respekt
- 15 Untfang gerjochtichheid
- 16 Einigje mei waardichheid
- 17 Ha frij keazen oerheid



Ûntkennen in persoan fertsjinne Community Rights is in misdie, **MS R6**

## 1 GOD wachtet fan dy te hearren!

### Fersyk Bea

Dear **1 GOD** , Skepper fan de moaiste Universe Jo meast humble trou bewarder-Guardian (**1<sup>st</sup> namme**)

Ik folbrocht alle ferplichtings & humbly fersykje alle Privileges Privileges wurden mienskip rjochten

Ik sil easkje dat de mienskip ûnderskriuwe dy rjochten Stimulearje myn mienskip te twingen dy rjochten Foar de Glorie **1 GOD** en it goede fan it minskdom



Dit gebed is foardroegen thús of op in Gathering!

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### Privileezje 1:

Ademend, skjinne Air!

Om oerlibje it minsklik-lichem moat ademend lucht. De lucht we azem wurdt makke fan gassen (**Stikstof, soerstof, metaan, koalstofdioksiede**) , Wetter en ûnreinheden (**Stof, microben, Spores**) . De loft we azem moat hege stikstof en soerstof ynhâld. It hat ek lege koalstofdioksiede en metaan ynhâld. water ynhâld (**Vochtigheid**) is nedich, hege vochtigheid wurdt ûngemaklik en in sûnens issue. Impurities binne net nedich se inflame longen.

Foar hoe lang kinne jim spried jins azem? 4 Minúten, dan jim gulp foar lucht. Gjin ademend lucht te gulp, Jo stjerre! Minsken stjerre gau yn brânen, gjin ademend lucht.

Withholding ademend lucht wurdt brûkt as folteringen, foelen fan minsken en bisten. Withholding ademend lucht as marteling (**Water-boarding**) is mienskiplik mei Amerikaanske Administration, Amerikaanske regear wurknimmers en oerheid-oannimmers.



Torture is in misdriu om te wurde ferfolge **MS R7** (**Minsk**) , **MS R4** ( **bisten**) .

Withholding ademend lucht te deadzjen is tafallich, brûkt troch sels (**selsmoard**) ,

oerheid, oaren (**Misdiedigers**) . **Tafallich: toxic-fumes yn brân. Sels:**

purposefully inhaling konsintrearre koalstofdioksiede of itensieden gas.

**Regear:** hanging, gas-keamer. **Krimineel:** garroting, strangling, verstikkende, hingje. **Government, kriminele killings krije, MS R7 Note! Killing bestjoert straf is Anti- 1 GOD, it einiget!**

Humans brân dingen is de wichtichste bedriging oan 'ademend lucht.

It begjint mei de yndividuele dy't brûke harren windpipe as skoarstien en harren long as sieve foar giftige-fumes en loft ûnreinheden. Mei help fan it minsklik-lichem as skoarstien is in swiere sûnens-risiko en in mislediging oan **1 Gods** ûntwerpe. **It smoken de ferslavingssoarch!**

Ferslavingssoarch is werheljende twangmjittige gedrach gratify in waarnommen ferlet. Ferslaafden delude harsels troch net oannimmen fan de skea harren gedrach docht. **Skea oan harsels, famylje, freonen, wurk-mates en mienskip.**

**ferslaafden (Junkies) ûnwittend (stom) lichtleauwich (Dwaes) & swak (Pathetic) ! Ferslaafden** net leauwe se binne ferslaafd sa lang as se it genot fan harsels en hâlden harren libben tegearre. **Ea ferslave se in bedriging foar I en mienskip. Se wurden delusional, anti-sosjale, ûnearlik, ymmorele, unehrenhaft, egoïstysk en uncaring. Dat twingt de Shire (mienskip) te kontrolearjen harren libbensstyl. Beheining frijheden en rjochten.**



Smokers stink út 'e mûle. Harren klean stink. Se stink op in keamer. Har jiske binne oeral. Har Butts binne oeral. **Se binne smoarch, walgelijk, stjonkende yndividuen. Skou se! Shame se.**

Smokers binne in sûnens-risiko foar harsels. Se burn har lippen, toskan, tandvlees, mûle, kiel, windpipe en longen wurding siik, in lêst foar de mienskip.

Smokers binne lui nimme in soad reek brekt en sels tabrocht sickies. Hâld harren ferantwurding!



Smokers binne in sûnens-risiko oan oaren. Pregnant smokers binne hurting

harren ûnberne. Nei de berte dy lytse wurde feroardiele ta in libben fan it hawwen sûnens kwestjes. Se meie hawwe deformities, handicap, .. Pregnant smokers wurde ferfolge, hurting ûnberne: **MS R3** .



Passive reek (**Assault**) hurts minsken. Smokers dy't meitsje passive reek wurde ferfolge, **MS R3** .  
entiteiten (**Entertainment, frije tiid, wurkjen** ..) dat tastean roken wurde ferfolge, **MS R3** en betelje compen- sation. Oerheid dy't tastean smoken wurde ferfongen en **MS R7** .

Smokers binne sleau. Se begjinne fjurren, wenten, gers, bosk. Se wurde oansprutsen, **MS R4**  
en betelje skeafergoeding. Se ferwûnjen minsken en of bisten, **MS R5** . Sy deadzje minsken en of bisten, **MS R6** .



yn 1951 (**Heidensk kalinder**) It waard oprjochte dat smoken is net sûn in slimme bedriging. Oerheid en oerheidsynstellings, ôfdielings dy't dienen net 'Ban' Smoking mislearre te tsjinjen en beskermje de mienskip.

**Weromsjen wetjouwing is trochjûn en dy skuldich get, MS R7**

Elke persoan of groep, bedriuw of oar entiteit dat befoarderet (**Free- bies, reklame, marketing**) , stiet ta (**Âlden, leararen, wurk, clubs, eateries, entertainment Venue** ..) , winst (**Oanbieders, fabrikanten, transporters, gruthannels, winkellju**) , Makket beskikber 'rikket' en of it smoken aksessoires krije, **MS R7** It makket neat út wat de 'rikket' befetsje. It hanneljen fan smoken is de sûnens-risiko.

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## ZERO tolerânsje oan SMOKING!

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Partikulieren ferminderje de beskikberens fan ademend lucht troch baarnend fan gas, dong, hout, stienkoal, oalje foar koken (**Ynklusyf barbecue**) , Ferwaarming, macht.

Dit Ends no! Brûk elektrisiteit dat wurdt produsearre sûnder baarnende. Brekke resultaten yn konfiskaasje, ferneatiging fan apparatuer en **MS R2**



**Power-Stations** dat burn (**Stienkoal, gas, uranium, oalje**) te meitsjen enerzjy wurde sletten en ûntmantele. Fersmoargjende Eigeners, operators binne



ferfolge, **MS R7** . Stienkoal, Uranium minen wurde sletten en fersegele. Mining Eigeners en brûkers (**Goudsikers**) wurde ferfolge, **MS R7** .

Energjy wurdt produsearre troch net-burning metoaden. Har is in needsaak om te snijen persoanlike gebrûk fan energjy. Effisjinter brûken fan energjy. Leaver as cranking omheech klimaat kontrôle, jurk goed!

**Burning** te ferpleatsen húshâldlik, net-binnenlandse ferfier Ends! Gas en Olie hawwe net-branderig gebrûk. **Binnenlân** en non-húslik ferfier op Freeways wurde ferfongen troch 'Freeway-Trams'! Lange ôfstân Overland ferfier is troch Rail allinne.



**fersmoargjende** Entertainment Ends.

**Yn de loft:** Air-Shows, privee-eigendom loft ferfier (Drone, fleantúch, jet, helikopter, romte-shuttle ..).



**Yn, ûnder it wetter:** motorisearre boat racing, privee-eigendom see ferfier (Cabincruiser, cruiseships, hovercraft, jetskis, speedboats, yachts ..) .

**Op it lân:** alle 2,3 en 4 tsjil motorisearre: fytst, fytse, Buggies, SUV, sport-auto, limousines, lúkse auto. Autoracen, auto-stunts. Toeristyske treinen. Inisjatyfnimmers fan fersmoargjende Entertainment en Providers fan Vehicles foar fersmoargjende Entertainment wurde ferfolge, **MS R7**



Nail salon meitsje giftige fumes. Meiwurkers hawwe brea ding beskerming. stomme klanten (Clients) do net.

Nail Kapsalons in Shopping-Stipepunten binne breed iepen. Harren toxic-fumes omearmje passanten troch. ûntbleatsjen se sûnens-risiko. Benammen swier froulju, pasgeboren en âlderein. As jo binne bleatsteld oan toxic-fumes sue de salon en it Shopping-Sintrum foar kompensasje.



Nail salon binne in sûnens-risiko an loft fersmoarger. Se wurde besocht troch minsken dy't binne te lui om te dwaan harren eigen spikers en hawwe tefolle jild.

**Shut se del, ban har. Prosecute eigers, direkteuren, MS R7**

Schoonheidssalon binne in sûnens-risiko an loft fersmoarger. Se wurde besocht troch minsken dy't binne te lui om te dwaan harren make up, hawwe tefolle jild.

**Shut se del, ban har. Prosecute eigers, direkteuren, MS R7**

Kapper dy't meitsjen toxic-fumes wurde stillein, ferfolge, **MS R7** Kapper dy't net oanmeitsje loffersmoarging wurkje normaal.



capitalist (Lüstern predatory parasyt) Govern- ments oanmoedigje wenten mei idelens tunen. Home-eigners brûke petrol motor garden-ark (Brush-Sjoers, blazers, chainsaws, Maaiers, Shredders ..) dat fersmoargje (Lucht, lûd, boaiem) . Wenningeigners, Produsearders, Middenstân, krije **MS R7** . Oerheid dy't tastean dizze fersmoarging wurde ferfongen en **MS R7** .

Inside insecticiden wurde brûkt, se oanfallen fan it senuwstelsel. Se meitsje ûnberne en newborn hyperaktyf. Insecticiden irriteren Human en húsdier Respiratory systemen. Net brûke insecticiden binnen.



Bûten insecticiden wurde brûkt op hâven, gewaaks, iten. Gewaaks, hâven, iten dat binne fersmoarge binne unfit foar minske of bist konsumpsje. Fersmoarge fruit, gewaaks, iten wurde ferbaarnd. Vincitore

(mienskip) . Kommersjele producer get 's **MS R7** . Oerheid dy't tastean dizze fersmoarging wurde ferfongen, ferfolge, **MS R7** .

Military fersmoargje de loft mei ferfier, eksploosiven, A / N (**Atomic / nukleêre**) B (**Biologysk**) C (**gemysk**) wapens. Se binne in bedriging foar minske, bist en plantlife. Wittenskippers dy't meitsje dizze wapens wurde ferfolge, **MS R7** . Fabriken fan dizze wapens wurde sloopt, troch de mienskip (**Shire**) . Eigeners, regisseurs, direkteuren, begelieder fan dizze foarsjennings krije, **MS R7** . Military dy't brûkt wurdt of wurde mei help fan dizze soarte fan wapens wurde ferfolge, út de rang fan NCO omheech, **MS R7** .



Oerheid dy't tastean de produksje of de opslach fan dizze wapens wurdt ferfongen, ferfolge, **MS R7** .



Fjoerwurk binne in grutte fersmoarger. Se wurden faker foar, grutter mear fersmoargjende. Ôfhinklik fan Wetterbedingung loftfersmoarging kinne hingjen bliuwe foar dei. Dieltsje fersmoarging setting op wetter fersmoargjende it meitsjen unfit om te drinken. Fjoerwurk End!

Laserlights ferfange se.

Non-ademend Air Jo hawwe 4 minuten om te libjen!

Any Person, Organization of Government dy't ûntkent ademend lucht of is oarsaak, gefolch fan de smoarge loft. Wurde oansprutsen, ferfolge, caged, **MS R7** . Easkje ademend Air it is in **1 GOD** jûn rjochts!

**ZERO tolerânsje TO AIR POLLUTERS !!!!!!!**

**Privileezje 2:**

Genießbar, filtere wetter!

Om oerlibje it minsklik-lichem ferlet **Drinkwetter**

60 +% fan ús lichem bestiet út wetter. Elke sel yn ús lichem nedich is.

Wetter lubricates ús gewrichten, regulearret ús lea-temperatuer en flushes ús ôffal

...



Gecondenseerde sfearfolle wetterdamp foarmet druppeltjes.

Earth syn swiertekrêft lûkt de druppeltjes del (**Falling rein**) oan it oerflak. Rein is in wichtige boarne fan swiet wetter. Dit rein wetter wurdt brûkt foar drinken, it tarieden fan iten, itensiede, wosken, persoanlike hygiëne ...



In persoan brûkt om te drinken reinwetter, brûk it foar iten tarieding. Dit is net advis- steat, it reinwetter wurdt fersmoarge, net sûn, fergiftich, soere, minne Tasting, minne smelling. Laundry moatte net oerbleaun út yn de rein te wurden fersmoarge. Net allinnich bestiet it sjen smoarch en is min rûkende mar it kin irriteren de hûd.

Cold rein falt as hagel of snie. Snie sammelet op hege bergen, Arktyske en Antarktyske it meitsjen fan swiet wetter reserves. Snie is wyt,



fersmoarge snie is griis sels swart. Swarte snie wurdt fûn yn de Himalaya, gletsjers om 'e globe, Grienlân en Antarktika.

Mienskippen meitsje freshwater opslachmarren. Dy reservoirs binne ôfhinklik fan reinwetter en triennen befrijt snie te foljen se. Fanwege fersmoarging dy wetters nedich behanneling foardat minske of bist konsumpsje.



Reservoir moat wêze djip ynstee oerflakkich. Djip wetter is koeler, ferminderjen fan ferdamping, algen groei benammen de giftige type en insect Infestation. Wettersport binne ferbean om op te hâlden urinating, menstruating en poeing yn wetter. water craft (**Motorboaten, Jetski,**

..) fersmoargje (**Oalje, benzine, batterij-acid ..**) se wurde banned! **Útsûndering:** Park Ranger ferfier.



In persoan kin net in berop dwaan op de mienskip docht it rjocht. Gjinn behanneling, in part behanneling, ferkearde behanneling, kosten-cutting, korrupsje, krimineel gedrach .. Home behanneling fan wetter wurdt ferplichte.

Home behanneling fan wetter fereasket filtration. Dat is te ferminderjen: **arsenikum**, asbest, gloar, chloroform, karbonaat hurdens, koper, smoargens, herbicides, swiere metalen, lead, bestridingsmiddels, roest ... Ek yn waarmere klimaten filtere wetter moat wurde sean te beskermjen tsjin **deadly (Mikro-organisme) sykte**.



### Bedrigings foar freshwater

Al gau de fraach nei swiet sil heger wêze as de beskikberens fan swiet.

Fersmoarge rein kin feroarsaakje paint te Peel, corrosie fan stielkonstruksjes (**Brêgen**), Ôfbrokkeljen fan stien, Prange fan blêden, plantegroei, huidirritatie ... **Kontrolearje** 'ademende Air' en 'Griene Concept' op advise hoe't te befetsjen fersmoarging.



**Yrrigaasje!** Mei help fan grûnwetter foar yrrigaasje depletes ûndergrûnske reservoir fan wetter hurder as it kin replenish. Resultearret yn te droegjen in hiele Ekosysteem, it meitsjen fan in tekoart oan swiet. Grûnwetter yrrigaasje einiget. Eltsenien illegal mei help fan grûnwetter foar yrrigaasje wurdt ferfolge, **MS R7** . Government wêtroch grûnwetter yrrigaasje, wurdt ferfongen, ferfolge, **MS R7** .



Yrrigaasje, mei help fan Freshwater út rivieren, marren, creek ... ferstadicht de stream fan wetter. Dat stimulearret ferdamping. Resultearret yn droechte! Dit soarte fan yrrigaasje resultearre yn ending beskavingen. Ein yrrigaasje.

Fersmoarge wetterwei s (**Creek, fiver, stream, mar rivier ..**) meitsje in tekoart fan swiet. Storm- wetter fol mei pharmaceuticals, fergiftiget, gifstoffen .. Illegal dumpen fan yndustrieel ôffal, gifstoffen, fergiftiget, .. **Fersmoargjende fan wetterwegen úteinen, polluters wurde ferfolge, yndividuen MS R3**

alle oaren, **MS R7** .



## Supplement fresh-wetter

Desalination brûkt in soad enerzjy, kostber. Intake fan wetter hat adverse miljeu ynfloed, trekken grutte oantallen fisk, skulpdieren, harren aaien, ... yn it systeem. Gruttere see skepsels wurde finzen sitte tsjin skermen oan de foarside fan in intake struktuer. Gemyske behanneling, corro- sion, meitsje in waarme pekel dat wurdt útbrocht werom yn 'e oseaan.



Desalination hat in hege boron ynhâld meitsjen foar mindere wetterkwaliteit. Dit wetter brûkt yn de lânbou, ranching en iten produksje resultaten yn in hege boron nivo dieet. Lang consuming fan hege boron nivo is net sûn.

Recycled ôffalwetter, rioelwetter giet troch primêre behanneling te nimmen út fêste stoffen, nutriïnten wurde fuorthelle, filters ferwiderje measte baktearjen en firussen.

Wetter wurdt dan twongen troch in membraan te fuortsmite molekulen. Húske ta tap is in opsjie fan de lêste ynstânsje. Tests net reveal alle sûnensrisiko 's.



Fleske wetter (**kostber**) is geskikt foar reizgjen. Plestik wetter bottles release chemicaliën dy't wurden gefaarlik doe't warming up (**Sinne, kachel**) . Glês (**Gjin lead**) flessen wurde recommended.

## Gearomatiseerde drinkwetter

Foar ferskaat drinkwetter kin gearomatiseerde. Guon smaakstoffen is unheal- dyn en is om te kommen. Gearomatiseerde wetter kin tsjinne kâld of hjit.

**Geskikt** gearomatiseerde drinks: Beef extract, Chicken extract, Cocoa, Tea, Koffie, Fruit, Herbs, Spices, Vegetable.



**unhealthy** gearomatiseerde drinks en opset stikken: Alcohol, Artificial kleur, Artificial smaakstoffen, Artificial en natuerlike zoetstof, Koolzuurhoudende, Cola

, Cordial, Enerzjy drinken, Lemonade, cafeïnevrije kofje, Fruit-sop, Conserveringsmiddelen, Natrium, ..



## Drinkwetter is best



**Daaglikse gong fan saken:** Gean oerein, hawwe in 0.2l glês licht gekoeld, filtere wetter. Foardat alle miel (**Breakfast, Early Dei-snack, Lunch, Late Dei-snack, Dinner**) hawwe in 0.2l glês licht gekoeld, filtere wetter. Have Drinking glês (**Gjin plestik**) fol 0.2l fan filtere wetter op elke side board tafel. **Drinke yn nacht alle kearen neidat dy besocht in húske en as it hawwen fan in droege kiel, drink rest doe't hieltyd yn 'e moarntiid.**



## No-liquid intake. Jo hawwe 4 dagen te libjen!

Any Person, Organization, Government dat ûntkent Drinkwetter of is oarsaak en gefolch fan fersmoarge wetter. **Wurde oansprutsen, MS R7**

## Kofje in himelske stimulearjend drinken



Coffee a gebrouwen drinken taret út roastere sieden fan it coffeepiant. Kofje wurdt makke út de opdroege, roastere, siedden fan 'e kofje beam, groeid yn hjit, wiet klimaten lâns de evener. Der binne 2 varieties: **Robusta beans hawwe in sterke smaak en folsleine lichem.** Arabica beans groeid op in hegere hichte, hawwe in flüssigere smaak en mear aromatische kwaliteiten.

Ienris útsocht en droege, kofje beans wurde brett op likernôch 200 ° C. Dit stelt de sûkers yn 'e bean om caramelize en de smaak fan' e kofje om te ûntwikkelen. **De langer de jans binne roastere, of it heger de temperatuer, de Darker 'e roast, sil wêze en de foller de smaak.** Yn it algemien ljocht roasts hawwe in skerper, mear soere smaak, wylst Darker

roasts hawwe in djippere, rikere smaak. In tsjustere roast is net needsaaklik, 'sterker'. De krêft fan in bakje kofje hinget ôf fan hoefolle wetter wurdt tafoege wylst de kofje wurdt weikomt.



### How to ma keac Up ofcoffee?

Hoe om it measte út dyn favorite bakje kofje.

1) Great tasting kofje begjint mei in grutte Tasting wetter. As filtere wetter is net beskikber, brûk kâld wetter út de kraan. Lit it rinne in pear sekonden te aerate foardat it tafoegjen oan de tsjettel.

2) Lit wetter komme út de swolm foardat gieten it op foar kofje (**Daliks of drip-filter**) korrels. Siedend wetter scorches korrels & effekt 's op' e smaak.

3) By it brûken fan molke (**net oanbefelle**) , tafoegje oan de beker nei it wetter. As molke wurdt tafoege 1st, de kofje kin net blend ek. It hjit wetter kin scald de molke, feroarjen de smaak.

**Noat!** zoetstoffen (**Sûker of keunstmjittige**) ruin kofje!

Cafeïnevrije is gjin kofje, mar in sûnens risiko.

Brûk allinne net Dairy Whitener.

**De tariedings :**

brewing, instant, **Drip-filter Coffee; Espresso (maschine) .**



### cafeïnevrije Coffee in Sûnens-risiko!

Decaffeination brûkt solvent. **Solvent residu faak streek in mage.**

**Logika!** Kofje sûnder Caffeine ferslacht doel fan drinken kofje.

## Coffee pods in Miljeu risiko!

Coffee pods hiele 1Billion binne in omjouwingsfergunning ramp. Se binne net Oat.

Se binne net wurde recycled. **HALTE! Produksje!**

prosecute, **MS R7** . **HALTE!** Mei help fan harren!

### Hoe te drinken fan in bakje kofje?

Om de bêste smaak, priuwe lit rêstich in bytsje dan nim grutte slurps ynstee Sipping. Grutte slurps kofje loslitte mear aroma. Smell en proeven, himelske. Der binne wicket kofje mei molke:

**Espresso** is in konsintrearre drank gebrouwen troch forcing hjit wetter ûnder druk troch fijn gemalen kofje. Yn ferliking mei oare kofje brouwerij metoaden, espresso hat in tsjokker gearhing, in hegere konsintraasje fan oploste fêste stoffen en skom. **Espresso is de basis foar oare drinks: Cappuccino, Latte, Macchiato, Mocha, Americano, Gringo, Duo-shot, Lava, Mote.** Tsjinne mei in glimke.

**cappuccino:** it tarieden fan de tekstuur, temperatuer fan molke is de meast wichtige stap. Molke wurdt Steamed taheakjen hiel lytse lucht bubbels jaan dat in fluwelig tex- Ture (**Foam**) . In skot fan espresso wurdt setten yn de beker, hite foamed molke wurdt tafoege, oergetten mei 2cm dikke foam, ôfmakke mei in sprinkle fan grûn Cinnamon.



**Latte:** verwarmen up molke gjin froth. In skot fan espresso wurdt setten yn in beker. Hot molke wurdt tafoege, oergetten mei in sprinkle fan rau cacao.

**Macchiato:** verwarmen up molke gjin froth. Folje beker 2/3 môle. Foegje in skot fan espresso. Top met pipermunt blêden.

**Mocha:** meitsje rau hot cacao. Folje beker 1/2 mei hyt cacao. Foegje in skot fan espresso. Top mei molke & molke froth. Foegje in sprinkle fan rau cacao.

**Lava:** 1 st in skot fan espresso. Foegje in nip fan concentrat- ed mandarin sop. Foegje in skot



**mote:** Folje beker 1/2 mei waarme pep- permint tee. Foegje in skot fan espres- sa. Top mei hyt

fan waarme rauwe Cocoa. Top mei hyt foamed molke. Foegje in sprinkle fan grûn kaniel.

foamed molke. Einigje mei in sprinkle fan grûn kaniel.



**americano:** In skot fan espresso wurdt setten yn de beker. Hyt wetter wurdt tafoege.

**gringo:** Folje beker 1/2 mei hyt wetter. Add 2 opnamen fan espresso. Op de top sprinkle Nutmeg.

**Duo-shot:** Add 2 opnamen fan espresso. Dan hyt wetter.

## Kakao in himelske stimulearjend drinken



Cocoa beammen groeie yn hjit, reinich tropyske gebieten. It is fruit binne pods. Binnen in pod der binne sied (**Beans**) . Cocoa beans binne feroare yn cacao bûter en poeier.



### Tariede Hot Cocoa:

1 itenstleppel cocoa poeier,

1 cup: soy molke, geiten milk of oare net-suvel molke. 1 teeleppel fanylje extract, Dash fan kaniel, Dash fan nootmuskaat.

Combine yngrediïnten yn in medium pot en waarm op medium-lege waarmte, whisking oant frothy en hjit.

## Tee in himelske stimulearjend drinken



Camellia in altyd-griene plant. It is blêden útsocht en ferwurke jou ús Tea. Basis Teas binne swart of grien. Se meie wurde smaak of sented.

Bewarder Guardian tee tarieding, plak losse ferwurke tee laat ta in tee infuser. Put infuser yn glês beker. **Koken wetter, stopje 'e swolm, doe't Bubbling haltes pour yn glês beker. Genietsje !**

(in) Krekt as de Bubbling haltes pour boppe swarte tee. Nei 1 minute stir infuser 3 kear. Nei in oare minute fuort. **Drinken, of heakje eltse citrus sop foar smaak, of lit rêstich, chill & drinken. Warskôging net fersmoargje mei zoetstoffen, whiteners (Keunstmjittige, of natuerlike) .**



(B) 10 sekonden nei de Bubbling haltes pour oer griene tee. **Stir infuser 3 kear. Nei 1 minuten fuort. Drinken, of heakje alle stiennen vruchtensap foar smaak, of lit rêstich, chill, drinken.**

**Warskôging net fersmoargje mei zoetstoffen, whiteners (Keunstmjittige, of natuerlike) .**

Herbal sied tee tarieding, pleatse los drukte sied yn in infuser. Put infuser yn glês beker. Koken wetter, stopje de swolm. Krekt as de Bubbling haltes pour oer sieden. **Nei 1 minute stir infuser 3 kear. Nei de oare 7 minuten fuortsmite. Drinken, of lit rêstich, chill drinken. Warskôging net fersmoargje mei zoetstoffen, whiteners (Keunstmjittige natuerlike) .**



Herbal leaves tee tarieding. Itselde as grien-tee.



Herbal woartel tee tarieding, Chopp woartels. Itselde as swarte tee.

Mei help fan in magnetron doe't brouwen fan in Teepûdtsje bringt út de smaken.

Fuortsmite tag út Teepûdtsje soargje derfoar dat metaal staple wurdt fuorthelle. **De measte papieren tags brûke goedkeap inket, discoloring wetter, bemuoie mei smaak.**

Set hjit wetter yn in tee-beker > **foegje jo kar fan Tea-bag > waarmte yn magnetron foar 30 sekonden op heale krêft (400-500 watts) > Lit it brouwen yn magnetron foar in minút > nim it út > genietsje!**

**Drinkwetter is best ( kin gearomatiseerde)**

### Privileezje 3:

Eatable, sûn iten!

Part fan in deistige rûte wurdt it iten. Hoe sûn binne wy, hoe lang wy libje. Hat in soad om te dwaan mei ús eating gewoante.

Feed 5 kear deis:

'Moarnsiten, include Water, Herbs, Spices, Honey, Coffee, ..

Early Dei-snack, include Water, Fruit, Herbs, Tea, ..

Middeisiten, include Water, salade, aai, Coffee, ..

Lette Dei-snack, include Water, Nuts, Bessen, Spices, Cocoa, ..

Iten'. include Water, Dinner tema, Tea of kofje .. Vegetables.

7 Foods trochhinne bleddere moatte wurde iten deistich: Skimmel (Paddestoel) , Grains (Rogge, garst, lentil, mais, hjouwer, gierst, quinoa, rys, sorghum, tarwe) , Hot Chillies, Onions (Brún, grien, read, maitiid, chives, knyflok, De Like) , Peterselie, Sweet-Capsicum, Vegetables (Asperzjes, beane, broccoli, blomkoal, woartels, earte, Sprouts ..)



Eltse wike-dagen moat it hawwe in Dinner tema: eg Day1: Vegetables;  
Day2: Plomfee; Day3: Sûchdier; Mid-wike: reptile; Day5: Seafood;  
Wykein: Nuts & Seeds; Willedei: Ynsekten.

**Dieet-Gjin-Gjin ' s:** Keunstmjittich sweetners, Manufactured-food, Genetyske oanpast iten, tafoege fructose.



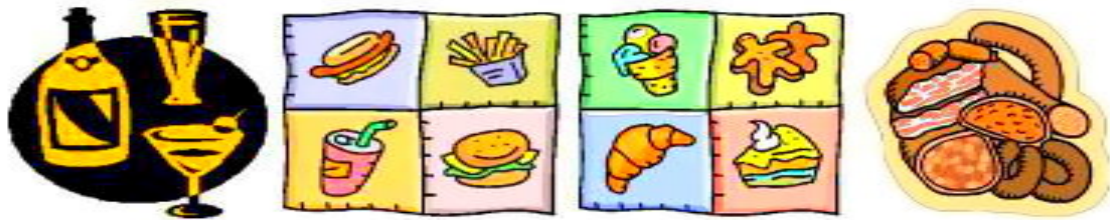


**fructose** de wichtichste oarsaak fan Diabetes & Obesity (Blubber-People) .

Fructose is min oft it komt yn Sugar of Fruit. Taheakjen fructose ûnder ferwurking fan drank of iten is in sûnens-gefaar. Ferwurkjen, fersprieden, Selling fan dit soarte fan drank of iten is krimineel gedrach & behoeften prosecuting. **MS R6**

Útsûndering: **Unprocessed beien , Fruit , Huning , grienten .**

Say No to : **Eat dat befettet: Fructose, glukoaze, Sugar; Koekjes, Cakes, Breakfast-Cereal, Chocolade, Fruit-sop, Ice-cream, Jam, ketchup, Lollies, Lemonades (Cola, Energzy, ...) Marmelade, Muesli- bars, Sauces, Wine ...**



**Manufactured-food** is te sâlt hat tefolle conserveermiddelen, faak is te vet & hat sûker tafoege sa dat it unfit foar konsumpsje troch de minsk, húsdieren & fee. **Manufactured-food is in causeof hege-bloeddruk, clogging fan slachieren & Obesity (Blubber-People) .** Ferwurkjen, fersprieden, Selling fan Manufactured iten binne kriminele gedrach noaten prosecuting. **MS / R6**

Say No nei: **Dairy-milk, dairy-tsiis, Fast food, ham, hamburgers, Alami, ...**

manufactured: **Bread, Meat; Pizza, Sausages,**

processed : **Fruit, Soups, Vegetables ...**



**GM-Food** is wat minsken eins ferbrûkt. It al begjint as genetic modified (**Manipulearre**) Sied (**GM-Crop**) . GM-Crop fanwege de streaming -op effekt feroaret de hiele Food-keten. It meitsjen fan mutaasjes dy't meitsjen nije Ziekten, Life-driigjende Global-pleagen yn alle leden fan de Food-keten! **INCLUSIEF Humans!** Minsken sille wurden mear siik, stjerre jongere, mear deformities, mear sike babies, mear miscarriages ... Sil feroarje minsklike DNA.

**GM-Food Survival Threat:** Alfalfa, baby-iten, spek, brea, mais, breakfast-cereal, canola, aaien, ham, margarine, fleis, potato, papaya, earte, plomfee, rys, worstjes, Soybean, tomaten, weet, zucchini, ...

**Easkje út de mienskip unadulterated iten. NEE: Alcohol, Genetic-modification, Herbicides, Insecticides, Manufactured iten, gjin tafoege: Salt, Sweeteners (Keunstmjittige of natuerlike) , ...**

**Fiere: Fieding Day 7.3.7**

Good-health Day 12.1.7

CG Kalender (New Age time behear)



## Privileezje 4:

Beskermjende betelbere klean!

**Beskermjende klean** is nedich om te beskermjen it minsklik-lichem út klimaat, sykte & fersmoarging. **Beskermjende-klean** moat te wêzen comfor- tafel & nuttich. **Beskermjende-klean** is te wêzen betelber. **Protective- klean** bestiet út holle-cover, klean, sokken & foot beskerming.

**Holle** beskerming bestiet út balaclava, beanie, K-sjaal, Eye beskerming & helm. **balaclava ( beanie) , K-sjaal** ik s knitted út wollen of in miks fan katoen & wool (Gjin syntetic fibre) . Kin wêze eltse kleur of patroan. Eye-beskerming & helm jaan UV beskerming. It tzier is rûnbûgde lizzend te pleatsen & rjocht omheech & del, onbreekbaar, tige scratch resistint, blokken UV rays, net fogging omheech, glare oanpasse (Darker / lichter, lichter / tsjusterder) . De helm hat in learene werom as nekke protector.



**Beskermjende klean** is nedich om te beskermjen it minsklik-lichem út klimaat, sykte & fersmoarging. De wichtichste lichemsdielen beskerme troch **Protective-klean** binne hûd & fuotten. **Beskermjende-klean** moatte altyd wurde droegen bûten.

**Beskermjende klean, Bebetto (Mei kap)** of 2-stik makke út flaaks, Cotton, Wol, of in miks fan katoen / wool (Gjin syntetyske fezels) eltse kleur / patroan. Of moatte hawwe in t-shirt hals, boarst foarút rinne \* earms & skonken ticht by polsen & fuotten (Konsept bewiis) . \* Boarst foarút rinne earms & skonken tastean earmtakke / knibbel gewrichten te ferpleatsen frij ek de lucht binnen skept klimaat kontrôle foar hûd & lichem.

Klean is makke fan natuerlike fezels: dier-hûden, plant-fiber, side,



katoen of wol. Artificial-fezels wurde net brûkt foar klean oandwaanliks minsklik-hûd. Produksje fan Artificial-fezels clothing eintsjes.

Beskermjende klean is noflik, lang-bliuwende, praktisch, affordab- le. fashionable (**Úntwerper label**) beskermjende-klean is te duur, djoer, impractically & koarte-termyn. Net akseptabel!

Feet nedich beskerming út Klimaat en knocks. Skin, Toes & fuotten binne yn gefaar. Foet beskerming bestiet út Sokken en Boots. Altyd wear foet beskerming doe't weagje bûten.

Sokken binne makke út Katoen, Wool, in miks fan katoen en wol (**Gjin synthetics**) eltse kleur gjin patroan. Sokken moatte cover Feet oant 7cm boppe fuotten.

Boots hawwe boppeste beskermjende leer, inderlike sêft leder (**Gjin synthetics**) soles leather of rubber. Boots beskermje Feet oant 7cm boppe fuotten. Synthetic skoaiing waarmet fuotten siedend se. Jo kinne net rinne.



Hân-beskerming yn 'e foarm fan Handschoenen (**Gjin synthetics**) droegen wurde as nedich is!

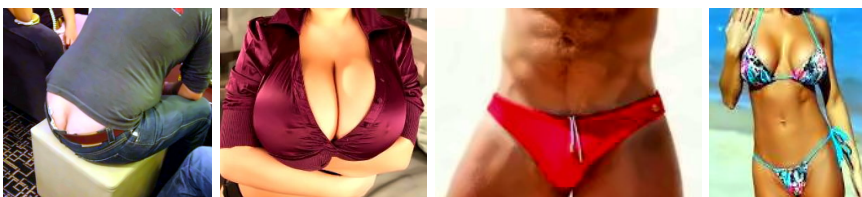
## skou:

Designer label binne elitêr part fan rykdom-apartheid. Designer label binne boppe-prize. Produced by slave-arbeid. Makke foar arrogant goed ôf snubbing de wrakselje earme & earm. Skou minsken dy't drage dy.

Designer label! Minsken dy't dêr't Designer label! Retailer dy't ferkeapje Designer label! All protec tive-klean! Impractically modieuze protective- klean! Beskermjende klean makke út artificial- fezels! **Skamte & Shun** minsken spottende home-minder. Se betelje te hawwen cothing sjen gewassen út, hawwe purposefully ripped & gatten makke yn har.



Ûnakseptabel trashy jurk koad:



Lit trashy minsken witte dat se trashy.

Skou syntetyske klean schoenen. End produksje fan syntetyske klean, fuotark.

Yllegale synthetics produsint krije, **MS R6** .



Protect dyn liif brûke Protective-klean bûten!

### Privileezje 5:

Hygiënische, betelbere Beskutting!

Humans hawwe in **1 GOD** jûn rjocht oan: 'Betelber Secure Living Quarters (**Skûlplak**) '. Regear hat in plicht te leverjen syn populaasje mei betelbere feilich wenromte. Shelter wurdt levere troch ' **Shire** '

(Lokaal bestjoer) . Part fan REYKJAVIK-romtlike oardering. **THÚS !!**

Foar de **Shire** te leverjen Betelber wenromte hiele Libby Land en húslík ûnderkommen (**Privee-eigendom**) wurde oerdroegen oan it. Lege oerdroegen eigendom is fol mei dakleazen en famyljes op wachtlisten. Multi-sliepkeamer huzen mei mar 1 bewenner moatte nimme yn oare besetters. It is net akseptabel anty-sosjaal gedrach foar 1 persoan dy't mear dan 1 sliepkeamer.



**Alle** Betelbere wenromte binne Rental akkomodaasje. Uteinlik idelens sier tûn, frije steande wenten wurde ferfongen troch mienskip cluster-wenningen. Cluster ferhier akkomodaasje wurdt fersoarge troch de 'REYKJAVIK'.

Alle cluster accommodation hawwe 3 nivo fan pachters + 1 nivo kas Meanfjild, Level 1, nivo 2, kas tûn (**Hierders kinne groeie planten**) . **Kluster akkomodaasje bestiet út Single-ienheden (1 keamer) , Couple-ienheden (2 keamers) , Family-ienheden (3 keamers ...)** . **Ferplichte guide- rigels (Famylje status, leeftyd) tapasse.**

Alle Betelber Secure Living kertier is Rental akkomodaasje.

Weekly hier is 14% fan it bruto wyklikse ynkommen fan de pachter. Meardere hierders hier is 14% fan de mienskiplike bruto wyklikse ynkommen fan hierders. Eg \$ 100 bruto wykblêd ynkommen, hie \$ 14. \$ 1000 bruto wykblêd ynkommen, hie \$ 140.

**Shire** supplies elektrisiteit (**Gjin gas**) en wetter mei deistige minimum (**Frij**) / (**Dan betelje**) maksimum ôfsnien usage. **Shire ek leverje commu- nity laundry, ûnderhâld, rekreaasje, ôffal en riolearring-ferwidering.**

Inkele tenant hat rjocht op 1 keamer mienskip libbet. At age 63 trans- fer s oan pensjonearring akkomodaasje (**ferplicht**) . **Single 1 keamer hierboer brûkt op itselde nivo mienskip toiletten, dûs foarsjenning en op boaiem nivo laundry, bad.**

**Pear (1 HY & 1 SY) hierders hawwe 2 keamers: living, sliepende, kitch- enette en toilet, dûs. Share laundry, bad op boaiem nivo. Ferhúzje (ferplicht) oan 'Family-ienheden' as bern komme.**

Famylje hierders hawwe 2 keamers (**Libbene, sliepen, kitchenette en toilet, dûs. Share laundry bad op boaiem nivo**) + 1 romte foar elk 2 chil- dren. **Nei lêste bern beweecht út (By leeftiid 18 ferplichte) . couple oerdracht (ferplicht) nei couple libbet. In pear wurdt single, oerstappen (ferplicht) to single-ienheid.**

**Skûlplak** is betelber, noflik, hygiënische, beskermjende ... **Shire communal cluster-húsfesting** ferfollet alle minsklike behoeften! **In plak om te begjinnen en groeie in famylje.**



**Kluster-Homes tastean lyts: Aquarium, terrarium, lytse hûnen. Net tastean Cats, Wildlife, binnenlandse bisten, alles dat grutter is as in lytse hûn, gjin fok. Skepsels dy't in bedriging foar de hierders en leefgebiet.**

**Noat!** Hierders mei geastlike, lichaamlike, seksuele ynvaliditeit, live yn bysûndere ûnderkommens fersoarge troch Provinsjaal Bestjoer.

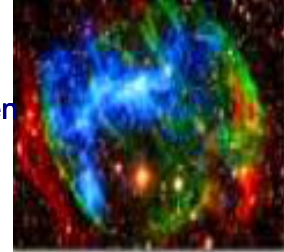
## Stypje kommunaal Cluster-Wenjen. Dyn hûs!

## Jo Mienskip!

## Privileezje 6:

### Oanbidding en leauwe yn 1 GOD!

Bewarder Guardian oanbidde alle dagen **1 GOD** . **1 GOD** wol respekt, wol wurde grutste. **1 GOD** dy't beide HE, SHE. The Original Soul dat makke de Physical Universe (**Human Destiny**) en de Spiritual Universe (**Himel**) . idolize **1 GOD** toane respekt, earetsjinst.



**1 GOD** wol humankind te wêzen bewarder fan de Physical Universe (**Human Destiny**) . As Human-kind evoluearret, **1 GOD** stjoert berjochten wurde brûkt as gids. It lêste berjocht is de ' **Law Ferhat Manifest** ' It makket allegear eardere berjochten ferâldere.

**1 GOD** joech in part fan 'e oarspronklike Soul oan alle lifeforms yn de Physical Universe. Oanbidding hâldt in siel yn oanrekking mei de Geastlike Universe.

Yndividu, mienskip oanbidde hâldt minsken yn kontakt mei **1 Heare**.

oanbea **1 GOD** him meibringt bidden, soarchsume, mei help, genietsje **1 GOD** ' s creations. Oanbidding is inclusive fan alles wat is swiet foar **1 GOD**, oft se omgean mei fraachstikken fan leauwen, of dieden fan in leauwige.

Dit is ynklusyf rituelen, ideeën jouwe, wurk, sosjale aktiviteiten, persoanlike gedrach



**1 GOD** wol net doel boud plakken fan Worship.

Dêrom doel boud plakken fan Worship binne demolis- hed. Gebou materiaal wurdt opnij brûkt gebou 'Free Educa- frye' ferbiningen. Bewarder Guardian oanbidde anywh- ere, anytime of op Fun-Day at a Gathering yn in skoalle .

**1 GOD** wol net offers. Mar sykjend, wint, it oanbringen fan kennis hiele libben. Oerspyljen op it libben-ûnderfinings, Kennis kontinuïteit. Dêrom alters wurde ferefongen troch lessener.



**1 GOD** wol allinnich **1 FAITH** mei in protte gearkomsten (**Gebed groepen**) . **1 FAITH** has 1 gids (**Wet Ferhat Manifest**) It moat allinnich **1 Tsjerke** (**Universe bewarder Guardians**) mei 7 ûnôfhinklike oerheden

foar it **7 Tribes** .

**1 FAITH** is de ienige Religion meitsjen alle oare religieuze groepen, kultussen '. Kultussen binne te bekearen ta it

**1 FAITH** . In bewarder Guardian is om ynspanne humbly te bekearen ûnleauwigen oan 'e **1 FAITH** .



Der is mar 1 Idol, **1 GOD** ! Al it oare binne falske ôfgoaden. Skou falske ôfgoaden en wat ferbûn mei harren.

Bewarder Guardian hawwe in **1 GOD** jûn rjocht nei praktyk harren Religy. Eltsenien of organisaasje dy't ûntkent of interferes mei dizze rjocht steane, wurde ' **Shunned** '. Fierder wy bidde dat **1 GOD** hâldt harren ferantwurdig yn it libben en **Hjrneimels**.

oanbea **1 GOD** giet it om Biddend. It is de bêste metoade fan ferbliuw yn kontakt mei **1 Heare**. Wannear't no **1 Listens**! As der gjin hoop! Bidde! **1 GOD** harket.

**1 GOD** wachtet fan dy te hearren!

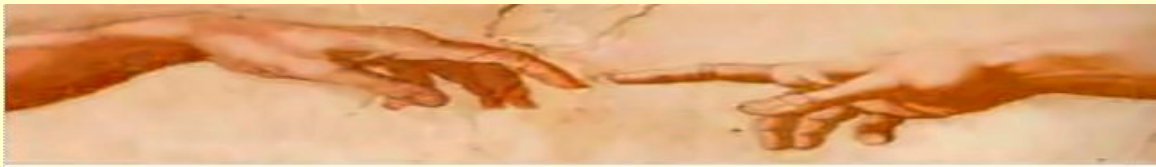
**1 GOD** Bea

Dear **1 GOD** , Skepper fan de moaiste Universe Mem en Heit fan 'e Universe 1 en allinne Idol foar my te oanbidden ik pân te hawwen gjin oare ôfgoaden

Ik sil shun alle falske Idols en recycle harren symboalen ik ynspanne om te sanearjen alle misguided Souls Foar de Glorie **1 GOD** en it goede fan it minskdom



Lit dyn oanbidding foar de Skepper!



**Privileezje 7:**

Free taspraak mei morele restrains!

Bewarder Guardian stypje frije rede mei morele restrains. Yn in frije Mienskip eltse persoan, útsein Rehabilitators, hat in rjocht te hawwen harren sizzenskip.



Har is in ferlet te hawwen fan in frije rede etikette: gjin minne taal  
(Bully, lûd, rude, beëdiging) .

Frije rede makket it mooglik in mienskip te maksimalisearje publyk besef, partisipaasje.  
Frije rede oerdroegen oan mienskip kommisjes bringt mear reedlikheid en  
transparânsje. Neat is better as in frije mienskip, debattearen frij.

Frije rede is grutter as allinne petear ha, debating, besprekken, speak- ing. It oernarmet it  
folsleine oanbod fan kommunikaasje (Audio, digitale, intel  
-lectual eigendom, printe, ferbaal, byldzjende) dat is beskikber. Auteursrjocht de tyranny 'e  
begearde, Profiteering is in ynbrek op Free Speech .  
Beware Copyright is in misdie, **MS R6**

Frije rede moat ôf te twingen morele restrains. Mei help Free taspraak te encite, haat,  
fernielings of geweld is krimineel, **MS R3** . Eg US crime drama, it beskriuwen fan in  
FBI-agent killing in persoan as in goede Kill. Har is gjin goede Kill. It encites Law-útfiering  
te deadzjen. Killer-Cops binne leffe misdiedigers dy't caged.

Mei help Free rede te besjen bern pornografy is strafsaken, **MS R3** .  
It bieden fan (Meitsjen, meitsjen beskikber) bern, folwoeksen pornografy is strafsaken, **MS R6** .

Mei help Free taspraak te ferrifeljen, it nut is strafsaken, **MS R3** .

Mei help Free taspraak te mislieden, bygelyks homoseksuelen seit dat er gelyk en normaal. Net  
wier, homoseksuelen hawwe in seksuele beheining dat is in bedriging foar specje oerlibjen.  
Harren discusting mating (Anal, orale mating)  
gedrach is in bedriging foar bern. Bewearre homoseksuelen binne normaal is misliedend  
fan de slimste soarte, **MS R4** . Dat jildt foar alle media dy't mislead oer seksueel beheining.

Media brûke Free rede te sjen homoseksuelen Parenting bern as normaal. Dit media  
wurdt endorsing bern-molesting in meast heinous misdie, **MS R7** . Actors, produksje  
bemanning, distributers wurde ferfolge,  
**MS R7** .

**ZERO tolerânsje oan seksueel beheining opfiedingsstipe**

Frije rede is om koestere te wurden, brûkt en beskerme. Misbrûk fan Free rede is te  
einige. Faak regear brûkt Free rede te brain-



waskje, encite, want propaganda, mislieden, lizze. Leden fan Government dy't gedrage harren lykas dat binne fuorthelle út Government. Se kinne net stean foar re-ferkiezing. Se binne net te reelected. Se wurde shunned.

**Frijheid (Utopian, fantasy) is net ferantwurde misusing Free Speech.**

Dy frijheid, te dwaan as jo wolle, frije wil, de frijheid fan de oerheid twang, frijheid fan de knipende bannen fan Sin. Dit soarte fan frijheid is egoïstysk en ûnderwrot de feiligens en it fuortbestean fan in mienskip.

Minsken kinne net omgean tefolle Freedom. Te folle frijheid liedt ta Anarchy, ferfeling, foarm fan ymmoraliteit, ... **Minsken hoege ôftwongen Regels en regeljouwing (Basearre op 'e moraal) , Brûk LGM as gids!**

Frije wurd brûkt ferantwurdlik mei morele ôfhâldendheid is de lijm dat hâldt in mienskip byinoar. Dit soarte fan mienskip hat **1 GOD 'S stipe. Dit is in bewarder Guardian mienskip.**

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**Free taspraak mei morele restrains a 1 GOD jûn privileezje!**

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### **Privileezje 8:**

Mate, begjinne famylje!

**1 GOD 's Design wol minsken (1 HE, 1 SHE) te mate en formannichfâldigje foar specie oerlibjen. Community Design foar bêste survival, hy en hja ynfiere Holy-matrimony Contract en begjinne in famylje. De nije famylje ropt harren bern mei mienskip stipe.**



**1 GOD 's Design te garandearjen specie survival hat inbuild trunet te mate. Foar primitive specie is it mating eltse oposite gender dy't passed cer- Tain meisje rituelen. Minsken mear avansearre, bedriegen! Se circum- vent meisje mei, Lust!**

It finen fan in mate. heidenen (**Kristendom,...**) sykjen nei leafde. Mate foar lust wurdt trashy en in protte nea fine in mate te fermannichfâldigje mei.

Capitalist syn mate te wêzen trashy en soms te fergrutsjen rykdom en of ynfloed. In soad kultueren hawwe âlden beslissende. **Net fan dy binne yn 'e bêste belangstelling fan in mienskip.**

**Bewarder Guardian hawwe it Provinsjaal Government beslute yn ' CE ' ( Community Emergency service) dy't komt in 'Holy-matrimony'**

**Kontrakt (H-MC)** . Alle 17 jaar SHE en alle 18 jaar HE bywenje.

Under CE elkenien wurdt beoardele op hoe't sy kin wêze meast brûkber foar de Tribe. CE ek helpt mei partner seleksje.

Sy en HE dy't fysyk binne net by steat om te fermannichfâldigje wurden 'Foster-âlden. Se enter a 'Holy- matrimony' Contract. 'CE' leveret de 'Bern'.



### Vera - MATRIMONY begi nn ingofaf ami ly.

Nei it sin meitsje **1 GOD** , foar specie survival, te ferfoljen 1 syn lot, Human- soarten 'ûnstjerlikens: Mate, fermannichfâldigje en begjinne in famylje! Bern moatte opgroeie yn in morele, leafde, soarch omjouwing mei **HE SHE** roll- modellen. A '**Hillich - matrimony** ' Kontrakt behannelet dizze morele en juridyske saken. Same geslacht, betiisd geslacht of Child-molester kin net yngean dit Contract.

seksuele Bad (**Selde geslacht, betiisd geslacht of Child-molester**) Jo kinne net yn dizze Contract. Any dy't ynfiend in 'Bekuplast' hawwe it ôfbrutsen. Dêrfen binne waarden legalized troch ymmoreel Anti- **1 GOD** Regear. Seksuele ynvaliditeit, jo binne nea gelyk. Dit binne minsken Genoatskip quarantining. Te beskermjen bern.

de '**Holy-matrimony** Kontrakt 'hat in begjin en in ein. It begjint op Wedding-Day troch ûndertekening. It einiget as de jongste bern foltôging leeftyd 17 hwent hja, leeftyd 18 foar HE.

### P re -We dd ing - Da yre qu ir Eme NTS

'CE' fersoarget alle grutte pre weddingday easken. Der kin wêze gefallen dêr't de 'CE' is net it hantearjen, pre troudei easken.

A hy en hja kundigjen harren 'engagement' op in '**Gearkomste** '. Se gean nei de '**Shire** ' kantoar ynskriuwe yn in "Begjin in Famylje 'fansels. Yn de rin se krije in medysk, sjocht dat se by steat it swier Ek in profyl is nedich sjocht mentale en emosjonele kompetinsje te heffen bern. Failing beide, resultaten yn cancelling Engagement en

" **Nee**" HM Contract.

In pear nedich in aktueel, '**AVL & E ( Assets fersus ferplichtings & Entitlement) statement** '. Any Assets, oanspraken ûntfongen, ferplichtingen

't makke wurde op Weddingday wurde tafoege oan de' AVL & E'statement.

**Noat!** Allinnesteande âlder, un-troud âlden, minsken mei sexual- beheining (**Selde** geslacht, betiisd geslacht, bern-molester) kin net ferheegje bern.

**Wy dd ing - Da yre qu ir Eme NTS.**

Wedding wurdt holden op deis 6 troch Celebrant út de Sheriff syn REYKJAVIK-kantoor. Breid en brêgeman supply Finger-ringen (\*) 'Medicals, Profilen en AVL & E' s.  
Se bringe Parents bruorren en susters. Gjinien oars wurdt tastien bywenje (gjin bern) .



**Tink der om!** WER hâldt har famylje-namme. \* SHE finger-ring, 9 karaat flakte rose-gold, gravearre: datum, breid en brêgeman 1<sup>st</sup> nammen.  
HE finger-ring, 9 karaat flakte giel-gold, gravearre: datum, groom en breid 1<sup>st</sup> nammen.

**1 GOD wachtet fan dy te hearren!**

**multiplication Bea Celebrate fermannichfâldigjen Day 3.1.7**

Dear 1GOD , Skepper fan de moaiste Universe Jo meast humble trou bewarder-Guardian (1<sup>st</sup> namme)

Tank 'Jo foar de wille fan mating freget foar de fruchtberheid & sûn berten belooft om mate & fermearderje

Sa humankind kin kolonisearjen de Physical Universe Foar de Glorie 1GOD en it goede fan it minskdom



Dit gebed wurdt brûkt op Wedding Day en fermannichfâldigjen Day



Goede âlde Londen grutte trouwerijen en ûnberoaïd resepsjes binne Anti-Sosjale, Arrogant. Se wurde Shunned troch de Mienskip. Skou en skante!

# Holy - Matrimony Contract



**Titel:** CG ' Holy-matrimony ' Kontrakt

**Reden:** Mate, MULTIPLY & begjinne famylje!

**Time-span:** Begins Wedding-Day. Ends doe't de jongste bern  
foltôging leeftiid 17 hwent hja, leeftyd 18 foar HE.

**bern:** 3 binne ferplichte, mear binne winsklik.

**mating:** Sole mating rjochten! Deistige mating winsklik te swier 1st-  
tiid.

**it swier:** Gjinn swangerskip nei 10 wiken, medyske stipe is in  
moatte. Gjinn swangerskip nei 50 wiken, kontrakt giet net troch.  
Must tinke jierlikse oant kiesdieler fan 3 bern wurdt berikt.

**parenting:** HE & hja seit nimme Parenting Course. HE & SHE  
moatte bywenje Shire-SmeC & Provinsje-PHeC as nedich.

**Skieding:** 1 partij moat te finen skuldich. \* Guilty looses elke  
rjocht fan de 'AVL & O' statement + gjinn winst makke ûnder kontrakt. Ek is der te  
wêzen net mear kontakt mei de bern.

\* Beide skuldich, bern gean yn pleechsoarch.

**Redenen fan Divorce:** Ferslaving, troublek, caged rehab-  
ilitation, Mental incompetence, 7 wiken op libbens- stipe, 50% of  
mear lichaamlke-beheining.

Ûndertekene troch: Breid.....  
Brêgeman.....

Tsjûge by Celebrant: .....

Datum: .....

oanwêzigen: .....

.....  
.....

En f o r c e d b y : **Shire Sheriff**



Religious marriage rituals are to be performed on weekday 7. After the couple return from their honeymoon. They can attend to their religious obligations. E.g. attend Gathering.

After concluding the Holy-Matrimony Contract (H-MC) the couple have 2 choices. Enter a Companion Contract (CC) , or separate.

## Companion Contract



Title: ' Companion' Contract

Purpose: Companionship, sharing life !

Time-span: Until separating or death. Separating has to give 3month's notice at Shire-office.

Closing 'AvL&E' statement from 'H-M' contract or new 'AvL&E' statement becomes part of contract. If separating each gets half of assets owned. At death of 1 the other gets all. Any wills are ignored.

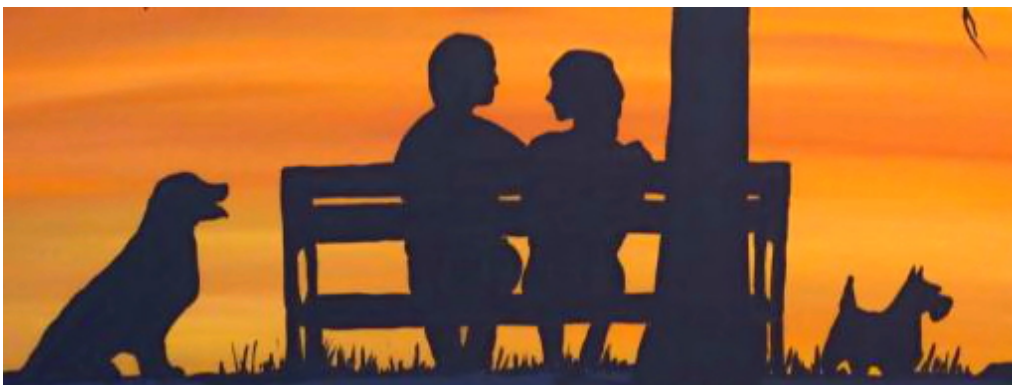
Signed by: SHE.....  
HE.....

Witnessed by Shire Officer: .....

Date: .....

Companions' may exchange rings after signing a 'Companion Contact'. SHE finger-ring, 9 carat plain white-gold, engraved his and hers 1<sup>st</sup> names.

HE finger-ring, 9 carat plain white-gold, engraved hers and his 1<sup>st</sup> names.



1 GOD is waiting to hear from you !

### Companionship Prayer

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1<sup>st</sup> name)

Thanks' You for the enjoyment of companionship Asks for long lasting sharing companionship Pledges to harmonize & share

Socialize with other companionship couples For the Glory of 1 GOD and the Good of Humankind



This prayer is used when entering contract!



### INFIDELITY is breaking a promise to remain faithful ...

Infidelity is breaking a promise made between a HE and SHE to remain faithful to each other. That promise may be a verbal agreement between lovers, mentioned in a love-letter, or part of marriage vows. Breaking that promise is a breach of trust a disloyal act an unfaithful transgression. Every breach is accountable!

Infidelity is a breach of promise. A moral wrong by either a HE or SHE or both. This transgression entails shunning by family, friends, neighbors, community,...

### ADULTERY

During the term of a 'Holy-Matrimony Contract' any sexual trans- gression is a moral wrong that also is a community crime. Sexual transgression (anal, oral or vaginal) by husband with another SHE, HE or Animal. Sexual transgression (anal, oral or vaginal) by wife with another HE, SHE or Animal. These transgressions are, Adultery'. Adultery results in mandatory canceling of a, ' Holy- Matrimony Contract ' ( divorce) .

If the wife is not pregnant and there are no children. The Adulterer (HE or SHE) is prosecuted, MS R4 ! Everything owned by the Adul- terer goes to the victim of this betrayal as compensation. Husband and wife are adulterers both are prosecuted, MS R4 and everything

they own goes to Treasury.

If the wife is pregnant and or there are children. The Adulterer (HE or SHE) is prosecuted, **MS R5** ! The Adulterer (husband or wife) is not allowed to see or be near the children ever. Everything owned by the Adulterer goes to the victim of this betrayal as compensation.

Husband and wife are adulterers both are prosecuted **MS R5** and everything they own goes to Treasury. Children go into Foster-care and are never to see their parents again.

## Divorce

Divorce becomes mandatory when 1 or both parties of a ' **Holy- Matrimony Contract** ' breach it or become unable to fulfill their obligations.

Repeat offenders of Addictions (see Scroll 4) . Adultery .

If 1 or both parties of, H-MC enter Caged-Rehabilitation. If 1 or both parties of, H-MC are 7 weeks on life-support. Certified Mental incompetence. Certified 50% or more physical-disability.

Divorce 1 party needs to be found guilty. Guilty loses every entitlement from the 'AvL&E' statement plus any gains made during contract. Also there is to be no more contact with the children. Both guilty, children go into foster care. Assets go to treasury.

## Separate

Separation after completing **H-MC** . Value of 'AvL&E' statement is divided equal. Both parties are to stay in touch with children (grand- children) .

Separation of Companions after giving 3month's notice at Shire-office . Value of 'AvL&E' statement is divided equal. Both parties are to stay in touch with children (grandchildren) .

## Parenting

Currently a majority of Parents are not capable to give their children the opportunity to produce their best. This is due to wealth-apartheid many children are denied the opportunity to produce their best. Custodian Guardian have the answer:



End wealth-apartheid asset-strip and cage ( **MS R6** ) the criminals who are cause and effect of wealth-apartheid.

Custodian Guardian use community parenting, Free education, Learn & Teach, Shire SmeC and Province PHeC! Community parenting a collusion of scholars, educators, medico's and parents. Join us for good parenting.

**SmeC** ' Shire medical & education Complex'.

**PHeC** ' Provincial Hospital & education Complex'.

**PDEc** ' Provincial Defense & Emergency center'.

**CE** ' Community Emergency service'



### Child naming

Custodian Guardian give their new-born 3 names. 1<sup>st</sup> name (up to 10 letters) , 2<sup>nd</sup> name (up to 10 letters) , family name (up to 10 letters) . None of the names has more than 10 letters. C-G pick the new-born's name before birth. A new-born's name represent the continuation of a mothers' and fathers' family heritage.

The 1<sup>st</sup> name of a SHE new-born has a female 1<sup>st</sup> name from the mothers family (alive or deceased) . The 1<sup>st</sup> name of a HE new-born has a male 1<sup>st</sup> name from the fathers family (alive or deceased) . At birth the parents are undecided on a name. The new-born is given the default 1<sup>st</sup> name. A SHE new-born gets the mothers' 1<sup>st</sup> name. A HE new-born gets the fathers' 1<sup>st</sup> name. Names once given cannot be altered.

The 2<sup>nd</sup> name of a SHE new-born has a female name from the fathers family (alive or deceased) . The 2<sup>nd</sup> name of a HE new-born has a male name from the mothers family (alive or deceased) . At birth the parents are undecided on a name. The new-born is given the default 2<sup>nd</sup> name. A SHE new-born gets the fathers' mothers' 1<sup>st</sup> name. A HE new-born gets the mothers fathers' 1<sup>st</sup> name. Names once given cannot be altered.

When entering a ' **Holy-Matrimony Contract** ' SHE keeps her family-name as does HE. The Family-name of a SHE new-born is the mothers' family-name (mandatory) . The Family-name of a HE new-born is the fathers' family-name (mandatory) .



## Privilege 9 :

Have a pet!

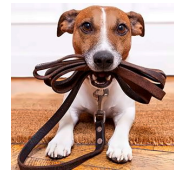
Part of a Custodian Guardian's duty is to live in harmony with animals. A 'Custodian Guardian family' will incorporate animals into their family. These animals are known as pets. They are trained, cared for and loved.

Pets are to be no danger to the community, the Habitat and it's wild life. Pets are non-poisonous. Pets are not predators. Pets are not wildlife. Pets are no bigger then a small dog. Pets can't fly.



Mammal pets are desexed. Only licenced breeders can breed. Unlicenced breeding, **MS R3** for each animal. Mammals must not just be kept inside but get outside exposure.

Dogs and their carers have to complete obedience training. Failing to do so, **MS R1** . Large Dogs are not used as pets. Breach, large dogs are taken from owner, **MS R1** . Only small dogs live in Cluster Homes.



Cats are predators and like to roam making them unsuitable as pets, breach, **MS R3**. Flying birds need to be free to fly. Making them unsuitable as pets, breach, **MS R2** .

Cluster Homes allow small: Aquarium, terrarium, small dogs. Don't allow: Cats, Wildlife, domestic animals, any- thing that is larger than a small dog, no breeding. Creatures that are a threat to tenants and or habitat.



## Aquarium



Aquarium part of the Custodian Guardian Education system. Every SmeC, PHeC have Aquarium. Children are taught Aquarium maintenance. Cold water and Tropical fish are most suited for cluster-homes.

## Terrarium

Terrarium are part of the C-G Education system. Every SmeC and PHeC have Terrarium. Children are taught Terrarium maintenance.

Small Terrarium are most suited for cluster-homes.



Pets are allowed to behave natural. Before getting a new pet owners need to educate themselves about how their pet behaves natural. Ignorant pet-owners may force pets to behave unnatural. This becomes cruelty to pets.

## Cruelty to Pets

Mutilating: clipping ears, tail,... **MS R2**



Fashion fur trimming. Painting fur, skin,... Dressing them up,...  
Treating them as human, denying them to be themselves. **MS R2**

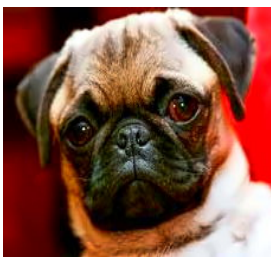


Hurting: beating, kicking,... **MS R2 for each animal!**

Torturing: bait, lab animal,...  
**MS R3 for each animal!**



Thrill-killing: hunting, poaching, roadkill, safari,... **MS R4 for each animal!**



**Breeds:** Pugs, English, French Bulldogs are bred with evermore flat faces. Pet owner are attracted to the flat face for its childlike resem blance. The inbreeding results in side-effects. Breathing



problems have dogs collapsing: during hot weather, heart disease due to poor breathing. Unfortunate that the dogs suffer their whole life, because of human cruelty. Pet owner think the breathing difficulty are charming personality features. This type of breeding ends, **MS**

**R4** for each animal! Shun and Shame owners!

Keeping 1 pet without it socializing with it's own kind is cruel. Animals are also part

of, 'C.G. Free-Education' and 'Teach & Learn'.

Some are domestic animals, others are pets. **Not wildlife.**

**SmeC** : New-born club, Basic-School, Girl's only School, Family-College all have pets. Looked after by educators, mothers, scholars. SmeC also have farm animals and wildlife studies.



**PHeC** : Boy's only school, Apprentice-College, Technical College, Leadership-College, Leadership-Camp all have pets. Looked after by scholars, educators and fathers. PHeC also have farm animals and wildlife studies.

**1 GOD is waiting to hear from you !**

**Pet Prayer**

Celebrate Pet day 11.3.7.

Dear **1 GOD** , Creator of the most beautiful Universe Your most humble faithful custodian guardian (**1<sup>st</sup> name**)

Thanks you, for the joy of Pets I shall train, care for and cherish all pets I endeavor to be a responsible caring Pet keeper I shall protect Pets from cruelty and mistreatment For the Glory of **1 GOD** and the Good of Humankind



This prayer is used on Pet Day or whenever needed.



Pets are a responsibility

Neglecting pets anger **1 GOD**

## Privilege 10 :

Have violent free community!

People have a right to feel save in their home. They have a right to feel save at study and work. That is why the 'Custodian Guardian Shun Violence' concept is made available (see C.G. non violence concept) for implementation in every Shire .

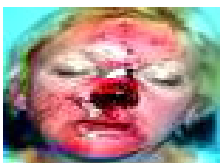
**Shire** provide Sentinel services. Sentinel handle low to middle risk guard and patrol duties. On, or off duty a Sentinel will report anti- social behavior (**vandalism, crimes, pollution**) and report any community health and safety issues. Sentinel will arrest for perceived broken breaches and committed crimes. Then call his station for a patrol to pick up the arrested.

**Shire** provide a mandatory 7 hour Night-Curfew from 14-21 hours (**C.G. Klock**) . For good health, reduction in energy consumption, less pollution and protection of wildlife. Reduction in crime, cost to government, encouraging multiplication.



Emergency-service workers are assisting Law-enforcement. By being vigilant of breaches of Rules, Regulations on or off work. They may have to make civilian arrest's. CE reservist may be called to help.

People help their neighbors when under attack.  
Workers help fellow workers. Educators & Scholars help each other.  
Every Shire's aim is to be violent free.



Having a violent free community is a Right and Duty. Every person has a right to feel save. Every person has a duty to help people who have violence inflicted on them. **Not doing so, MS R2**

People who allow violence, watch violence, **MS R2** People who encourage (**cheer on, help**) , incite, violence, protect violent people from arrest, **MS R3**



1 GOD is waiting to hear from you !

### Victims of Crime Prayer

Memorial-day 2 . 4 . 7 .

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1<sup>st</sup> name)

Asks to ease the anguish & pain of Victims of Crime Help Victims of Crime get Justice and compensation I promise to help punish crime unending Ask that Evil is punished in Life and Afterlife For the Glory of 1 GOD and the Good of Humankind



Prayer is used on Victims of Crime Day (Fun-Day theme) !



Violence starts with the unborn. Violent surroundings in-still the propensity to violence for the rest of the life. The propensity to violence needs a trigger to turn violent. **Triggers:** Alcohol, anger, fear, peer-pressure, contact-sport, fight-sport, ignorance, humiliation, mind altering substance, lack of empathy, provocation, violent video, violent video-games,...

An unborn exposed to mum and dad verbally abusing each other. Learn that it is okay to verbally abuse and will do so later in life. A unborn exposed to mum being physically hurt by dad. SHE newborn will later in life endure physical abuse by HE. HE newborn will think it's alright to hurt SHE.



Aggressively abusing, intimidating, dominating others is bullying. Bullying starts with intimidation and can evolve into assault. Bully's usually surround themselves with hapless cowardly individuals. **Bully and gang become guilty by association. Intimidation, MS R1 . Threats, MS R2 . Hurt or killing: individual, child, Juvenile, Adult, Senior or Gang rules apply.**

**V i o l e n c e i s t h e t h r e a t**  
**STOP V I O L E N C E s t a r t a t h o m e**

**Privilege 11 :**

Free treatment when sick!

Free treatment when sick is a **1 GOD** given right to good people. Free treatment is not available to Rehabilitators. People with self-inflicted health-issues (Addictions, cannibalism, elective surgery, mutilations, suicide,...) don't get free treatment.

**1 GOD is waiting to hear from you !**

**Good-health Prayer**

Celebrate Good-health Day 12.1.7

Dear **1 GOD** , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (**1<sup>st</sup> name**)  
Apologize for my unhealthy lifestyle I endeavor to make amends  
Please support my efforts to make amends I support 'Free treatment when sick' For the Glory of **1 GOD** and the Good of Humankind



This prayer is used on Good-health Day



Private, paid (**greed, profiteering, waste**) for health care ends. Private health insurance is obsolete its assets are confiscated without compensation. Private practises are absorbed without compensation by the '**SmeC** ( Shire medical & education Complex) '. Private Hospitals are absorbed without compensation by the '**PHeC** ( Provincial Hospital education Complex) '.

Private, greedy profiteering healthcare in corrupt Wealth Apartheid countries have self regulating bodies. They protect negligent criminal healthcare practioners from prosecution. This body lobbies for unjust Laws. It also helps their members to rip off patients. Every selfregulating body (**not just health**) is shut, its administrators caged, **MS R6**

University educated 'GP (**General Practioner**) ' are not real medics. They are pill dispenser for Pharmaceuticals. The Pharmaceuticals reward these fake medics with cash, gifts, trips,...



Custodian Guardian medical training for 'GP' is via ' **SmeC** '. SmeC offer free-medical care (preventive, continous and after-care) .

Custodian-Guardian medical training for 'Specialist' is via ' **PHeC** '.  
PHeC offer free hospital care.



Custodian Guardian ambulance, emergency training is via ' **PDEc** ( Provincial Defence & Emergency center) '. PDEc offer free ambulance and emergency services.

Many Pharmaceuticals' are poisonous and don't cure.  
They ease (maybe) discomfort and need to be taken long term. They 'ALL' have side effects demanding more Pharmaceuticals' (poison) more side effects.

A parasitic predatory profiteering marketing system.  
Create demand > repeat (dependancy) > introduce new (side effects) products (many victims end up taking 14 pills with side effects a day) . Reward sales people (Doctors) . This corrupt system is why health-care is so expences and wasteful.



Pharmaceuticals' are primitive expensive treatment. Pharmaceuticals' are a last resort treatment. Shun Health-care practioners that only prescribe Pharmaceuticals'. They are incompetent corrupt "Quacks". Demand they be disqualified. **Note!** Adhering to custodian guardian diet advice and following exercises, reduces ailments by 80 %+.



Rehabilitators that receive limited healthcare are billed. Rehabilitators cannot go on life-support.  
Rehabilitators don't receive cosmetic surgery.

People with self inflicted health issues pay for health- care: Alcoholics, Dare-devils', Thrillseekers', Druggies', Fasters', Mutilators' (body piercing, circumcision, cosmetic surgery, tattoos, transfusions, transplants) , Smokers, ... People that don't care about their health are held accountable.



**The Community owes GOOD people, FREE MEDICAL**

## Privilege 12 :

Free education!



Free Education is a **1 GOD** given right to good people.

Free Education is the 1<sup>st</sup> step of fulfilling Scroll 1 Belief 4, "Humankind is to seek, gain knowledge then apply it".

Custodian Guardian Free Education is available from cradle to cremation. Children, juvenile with mental, physical, sexual disability don't attend Free education. They are looked after & live in specialized provincial compounds.

**SmeC** ( **Shire medical & education Complex**) beginning and end of Free Education. HE from age '0-9', SHE from age '0-16' & Seniors from age '63 onwards until end.



SmeC is a careerpath for only SHE (mothers) ! Every SmeC has a 'Gathering'.

Free Education at **SmeC** : Children attend 6 days a week from 1 hour after Sunrise to 1 hour before Sunset. Children are provided with cover all, footwear, educational material, food and drink. They rest, have a bath (**New born club**) , the rest have a shower.

Mothers attend 6 days a week from 1 hour after Sunrise to 1 hour before Sunset (they get 3 hour break) . Mothers are provided with cover all, foot wear, food, drink and get paid ( **1x wmw** ) . Can shower. **Note!** When leaving, Mothers and Children change. Everything provided stays. There is no home work.

**Age 0–2:** a newborn attends with his mother a '**SmeC: Newborn club**' 6 days a week. Newborn on completing year 2 receive '**New- born club Diploma**' Mothers completing 280 hours club learning and teaching receive: '**Year 1 Apprenticeship 'SmeC' Certificate** '

**Age 3–9:** boys & girls (**Scholars**) attend 6 days a week mixed classes (co-ed) **SmeC: Basic-School** ' Scholars on completing year 9 receive '**Basic-School Diploma**' . Mothers completing 140 hours Basic School learning & teaching receive: '**Year 2 apprenticeship 'SmeC' Certificate** '

**Age 10–14:** girls (**Scholars**) attend 6 days a week girls only classes at '**SmeC: Girl's only School**' . Scholars on completing year 14 receive



' **Girl only School Diploma** ' Mothers completing 140 hours Girl only School learning & teaching receive: ' **Medical & Education Trade- Certificate** ' .

**Age 15–16:** girls (**Scholars**) attend 6 days a week paid (**1x wmw**) classes at ' **SmeC: Family-College** ' . Scholars on completing year 16 receive ' **Family-College Diploma** '

**62 year old SHE teach:** SHE passes on Life Experiences to next generation (**paid 3x wmw**) at **Family College** .

**Age 63 or over senior (co-ed)** education is available at ' **SmeC: Senior Activity Club** ' .



**PHeC** ( **Provincial Hospital & education Complex**)

provides continous Free Education. HE from age '10- 18' ' **Boy's only school** ' , & ' **Apprentice-College** ' .

HE & SHE further education: **Technical-College**, **Leadership-College**, **Leadership-Camp**.

**Age 10 – 14:** boy's (**Scholars**) attend 6 days a week boys only classes at, ' **PHeC Boy's only school** ' . In groups of 14, they learn through watch, listen, try, understand & teach (**wltut**) . After completing year 14 receive a ' **Boy School Diploma** ' . **Fathers on 1 day a week roster- duty** are trained and operate as teachers aid.

**Age 15 – 18:** boy's start a 3 year rewarded (**1 wmw**) apprenticeship at ' **PHeC Apprentice College** ' . In groups of 14, they learn through watch, listen, try, understand & teach (**wltut**) .

**Year 1** they attend College 3 days & work at a **CROn** 3 days.

**Year 2** they attend College 2 days & work at a **CROn** 4 days.

**Year 3** they attend College 1 day & work at a **CROn** 5 days.

After completion earned: ' **Trade-Certificate** ' .

**62 year old HE teach:** HE passes on Life Experiences to next generation (**paid 3x wmw**) at **Apprentice College** .

**Age 63 or over senior (co-ed)** education is available at ' **SmeC: Senior Activity Club** ' .

Further Education is available for HE, SHE at ' **Technical-College** ' . They hold 1 month fullday Supervisor courses. This is a 1 hour after

Sunrise to 1 hour before Sunset 6-days a week 4 week course. **Daily- routine:** prayers, exercises, psychology, communication, delegation, leadership, com -mittees,.. After successful completion earned ' **Supervisor-Certificate** '

' **Leadership-College** ' provides for HE, SHE 2, 1 month fullday courses '**Leader-Diploma**' & '**Manager-Diploma**'. Leadership course daily-routine is similar to Supervisor course + emergency-service obligations. After completion receive ' **Leader-Diploma** '.

Manager course involves starting setting up a ' **CROn** ' + emergency- service obligations. Completion earn's ' **Manager-Diploma** '. '**Leadership-Camp**' 2 month full day administration course for HE, SHE. Course sets up a ' **Cluster-CRON**

and deals with an emergency (**PDEc training**) .  
Completion earn's ' **Administrator-Degree** '.



**PDEc** ( **Provincial Defence & Emergency center**) operates '**CE** (**Community Emergency service**)'. **CE** operates 1 year compulsive '**Community Emergency** ' service' training by 17 year old SHE & 18 year old HE. It retrains reservist.

PHeC & PDEc share 'Leadership-Camp training. Everyone who received 'CE' training becomes a reservist. Every HE that completed 'CE' becomes a reservist on standby, until age 49. SHE after completing '**H-MC (Holly-Matrimony Contract)** ' becomes a reservist on standby, until age 49.

Provincial Government provides 'Free-Education' from unborn to including Seniors. Non Government education is not supported and closed. **Education (free, public)** is provided by the Province & Shire.



**SmeC** ' Shire medical & education Complex'.

**PHeC** ' Provincial Hospital & education Complex'.

**PDEc** ' Provincial Defense & Emergency center'.

**CE** ' Community Emergency service'

Education is a collaboration between Parents, Educators and medics.  
It involves Free-education, Free-health and Apprenticeships.  
No, homework! No, non government education! No, Universities!

1<sup>st</sup> Learn, when comprehending, start teaching. In free education fast learners teach slow learners. At work the experienced worker trains new-comers. At home, grandparents teach children, grand children. Parents teach children.

### 1 GOD is waiting to hear from you !

#### Education Prayer

Celebrate Education Day 6.1.7 .

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1<sup>st</sup> name)

Promises to seek, gain, apply Knowledge all life long To Learn & Teach via Free Education To support public Free-education Pass on Life Experiences to next generation For the Glory of 1 GOD and the Good of Humankind



This prayer is used in class and on Education Day



**Plagiarize** to build on and advance new ideas. Why rewrite some- thing that is well written. A good piece of writing should be cherished not be mutilated by rewriting. **Plagiarize a good piece of writing and then expand on it** . Evolution (**good enough for 1 GOD**) progresses by building on existing and then creating new. Reading a good piece of writing encourages the mind to lift one's intellect to the high standard of the original. **Stopping this thinking to concentrate on rewriting is mediocre time-wasting education. Be smart, 'Plagiarize'.**



Plagiarism does not only apply to writing. Plagarism applies to all 'IP' (**Intellectual Property**) . The Community gives people the means and opportunity to develop Intellectual Property. Therefore all 'IP' is community property to be used by all! Profiteering from 'IP' is plundering the Community a **Crime: ' MS R6 '**

All 'Intellectual Property' belongs to the community for the benefit of all. In corrupt, greed, profit driven Anti-1 **GOD** countries, plagiariz- ing may infringe copyright. **Claiming Copyright is stealing from the**

community, criminal behavior: ' **MS R6** '

**Homework** is the most dishonest and useless form of learning or teaching. A Scholar is under pressure from distractions, ignorance, friends, parents, timeline... Most homework is not done by the scholar who is being assessed and graded. Homework because of its dishonest nature is useless and misleading for assessment. Parents and Educators supporting homework, support cheating, dishonesty.

Educators have moral issues when marking. They suspect that the scholar didn't do the assignment. Because of this uncertainty any marks given are useless. Homework as tool of



assessment of comprehension is misleading. Therefore Homework is fake, a waste of time and resources. **NO HOMEWORK**

**Assessment** : Is needed to make Teach & Learn useful and effective.

**Note !** There is: 'NO Homework' !!!

Scholars are assessed for comprehension assignments completed in class. Whenever a study-module is completed, Scholars get assignments to assess comprehension. The comprehension assignments are completed in class. **Note !** There is: ' **NO Homework** ' !!!

There are 2 assessment: **Pass** or **Fail**.

**70** Pass rate is 70% comprehension. A fail and the scholar has to repeat the study-module until a pass. **Note !** Only the module needs repeating not the whole year.  
**%**

There is no final year Assessment or final examinations (**useless activity**) . Assessment is only for each module, not for accumulated modules. When a Scholar has passed all set modules a Course Certificate is issued.

Educators are assessed for work competence, dedication to 'Learn & Teach' and pupil comprehension. A teacher needs to be able to 'self assess' their teaching performance. A class pupil comprehension-rate of 90% plus is acceptable. **90**  
**%**

Anything less, educator (**Teacher**) is removed, retrained.

Before each teaching term all study-module comprehension assign-

ments for the term must be 'successfully' completed by the relevant educator. The Educator needs a Pass rate of at least 90%. Failure, the educator does not teach this subject that term. An assessment is made if that person is suitable to be involved with Education. **Note:**

C-G do not support multi skilling. Knowing a little bit of everything and nothing well. Makes a person mediocre, not suitable for education. Educators are to be knowledgeable specialists'.

**80 %** A School pupil comprehension rate of 80% plus is acceptable. Less, Principal-Educator is removed. Returns to teaching.

A school year is divided into 3 terms. Term 1, the 1<sup>st</sup>, 5 months. Term 2, the next 4 months. Term 3, the last 5 months of the Custodian Guardian Kalender. There are no school holidays. Educators, scholars are entitled to 2, 1 week holidays. Taken separate, 1 week at a time. At least 3 months' apart. Must apply at least 4 weeks in advance. Parents apply for scholars.

**Note:** Free education providers have field trips (day or longer) in every term. Field trips are free, mandatory. Educators, scholars and some parents (as needed) participate.

## Exercise

Scholars, Educators daily (mandatory) participate in indoor exercises (use LGM as guide) . Gym's, Oval's are closed (mandatory) . Contact sport, fight-sport, elite-sport (1 winner, many losers) are banned

Any headmaster, educator deviating is removed from Education.

## Sexual-Disability

Scholars that show signs of, 'Sexual-Disability' (child-molesting, same gender, confused gender) . Are evaluated by a committee (educators, medics, parents) . If found afflicted are transferred to, 'SDQC' (Sexual- Disability Quarantine Compound) . For their own protection and protect the other children.

## Mental-Disability

Scholars that show signs of, 'Mental-Disability' . Are evaluated by a committee (educators, medics, parents) . If found afflicted are transferred to, 'MDQC' (Mental-Disability Quarantine Compound) . For

their own protection and protect the other children.

## Physical-Disability

Scholars that show signs of, 'Physical-Disability' . Are evaluated by a committee (educators, medics, parents) . If found afflicted are trans-ferred to, 'PDQC' (Physical-Disability Quarantine Compound) . For their own protection and protect the other children.

Seek > gain > apply knowledge via  
Free Education <Learn & Teach

## Privilege 13 :

Rewarded work !

Every person has a **1 GOD** given right to be useful and have rewarded work. Unemployment is not acceptable. A burden to the community. A useless life.

Rewarded work is divided into wage earner and volunteer. Wage earner looks after the needs for the physical side of life, receiving monetary reward. Volunteering is good for the Soul. **1 GOD** loves volunteers! **1 GOD** is watching!

For economic management, wages and conditions (**wmw**) are set by Provincial Government. '**wmw**' are set annually. **wmw** may stay the same, or go up, or go down as economic conditions require.

To set wages and conditions they are standardized. For best economic management everyone's a wage earner. Private, State ownership are abolished and replaced by **CROn** . Unions are deregistered. Govern-ment sets wages and conditions. There are 7 pay grades.

Pay is based on a 'weekly minimum wage ' (**wmw**) and a multiplier.

**Payscale starts wmw x1 (minimum) to wmw x7 (maximum) :**

wmw x 1	unskilled, apprentice	wmw x 5	Leader Manager
wmw x 2	skilled, Trady	wmw x 6	Administrator
wmw x 3	Master-Trady	wmw x 7	
wmw x 4	Supervisor		(maximum)

**wmw** 6 days, 7 \* hours a day, 42 hour workweek, no work on day 7

(Fun-Day) . Daily work-hour span (Time-Triangle) : 1 hour after Sunrise to 1 hour before Sunset. Outside this time only emergency services work (Night-Curfew) . Weekly no more then 18 hours (3 hours a day) of part-time work. No casual work.

\* C.G. Klock, New-Age time-management is used

## Conditions for all 7 pay grades:

Expecting SHE' s receive 7 weeks paternity leave,

**wmw 1** then **SmeC** rules apply ~

**HE'** s receive 1 week maternity leave, **wmw 1** ~



Sick-pay for all pay-grades, **wmw 1** ~

There is 3 day grievance leave, **wmw 1** ~



There are 2, 1 week (14 days)

annual-leave pay-grade, **wmw 1**

~ There is no annual-leave loading, nor long-service leave ~

Work gear, Food, Drink, hygiene are provided.

**Work conditions:** A workplace is to be healthy, safe, with protective gear and footwear worn as needed. Push- ing people to do more work in less time is unsafe, unheal- thy and decreases quality. There are breaks every 3 hours. Total hours worked (includes overtime, 10% loading) a day must not exceed 10 hours .



**Career path!** Apprenticeship, when there is an opening, promoted by work experience, seniority. Further study after qualifying ( **HE, SHE** ) . When there is an opening, promoted by work experience, seniority. Further study after qualifying. When there is an opening, promoted by work experience, seniority. ...

**Tax for income up to wmw7 : 0% ~ Tax for income above wmw7 : 100% ~ Tax for fringe benefits : 100% !**

Workers who cannot find full or part-time work.

Are usefully employed (Good-doers') by the ' Shire ' on **wmw x1** . Having Good-doers eliminates unemployed !



## 1 GOD is waiting to hear from you !

### Workers Prayer

Celebrate Workers Day 5.1.7 .

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1<sup>st</sup> name)

Asks for help so I may be a useful worker May my efforts be appreciated & rewarded fairly I endeavour to do my best at all times I will make my community proud of me For the Glory of 1 GOD & the Good of Humankind



This prayer is used on Workers Day



### Privilege 14 :

Receive respect !

Custodian Guardian give 'Respect' they in return want to be respected Receiving respect is part of a harmonies family, workplace, communi- ty. Receiving respect is a privilege. C.G. show respect to other C.G., to Elders and members of the 1 Church ( UCG1) . They also show respect to other deserving people.

Receiving Respect is showing admiration for virtue or achievement . It may take time and effort to become aware of good qualities. When aware and where appropriate, honor those qualities with Respect.

Parents receive respect from their children. In return parents respect their children's growing pains. Elderly receiving respect from younger show respect via knowledge-continuity. People show respect to elect- ed leaders. Workers show respect to CROn committee members.

Respect is not a Freebie. Respect is earned! People who have not earned respect. Do not receive respect. They need to improve.

Are you receiving respect, 'Yes, Good'! Not receiving respect, 'Why Not'! Self evaluate, ask others. You may need to change. Others may need reprimanding.

## Respect ! A worthwhile Goal !



**Privilege 15 :**

Receive justice !

Receiving Justice is a **1 GOD** given human right! The greatest threats to Justice are Hereditary-Tyrants, Political-Tyrants and Wealth apartheid. Denying this **1 GOD** given privilege is insulting **1 GOD** and a commu- nity crime **MS R6-7**



A threat to Justice is In-justice, Elitism, Corruption,.. (Chain of Evil) . Injustices are the result of estate and arrogant, selfish and power addicted Hereditary and Political Tyrants. Hereditary-Tyrant's abdicate or are caged, **MS R7** . Political-Tyrant's are caged, **MS R7** . Wealth-Apartheid, estate, ends. Corrupt, Parasitic, Predatory, Profiteer's are asset stripped, caged, **MS R6** . Replaced by **CRON** and **wmw**.

Custodian-Guardian support a just, democratic society. That is based on, or behaving to what is morally right, fair and written in the, **Law-Giver Manifest** .



To receive justice. There are enforced Laws. Upheld by a non-combatting Judiciary (Sheriff Lawyer Pool, Marshall Barrister Pool) . Who collaborate to find, 'Truth'. Proclaim, 'Guilty' or 'not Guilty'. Hand out, accumulated 'Mandatory Sentence', Rehabilitation'

and compensation as warranted. **Note!** There are no juries. There is no civil litigation.

**1 GOD's Justice**



**Judgment-Day > Purity-Scales**  
 (Scroll 7) Relive Prayers

**JUST I CE a HUMAN-R I GHT**



## Privilege 16 :

End with dignity !

Custodian Guardian believe **1 GOD** has the right to decide who lives or dies. People have a **1 GOD** given right to end their life with as much dignity as events allow. That entails ending an unlivable life by putting the life and death decision in **1 GOD's** hands.

A Person on life-support have it turned of (by medical staff) after 3 day's (mandatory) . **1 GOD** then decides if that person lives or dies. Leaving a person longer on life-support is torture, a crime, **MS R7** .



A Person is told they have a life threatening illness. 1<sup>st</sup> their body is butchered (surgery) . Still alive the person is burned (screaming in agony) with radiation. Still alive the person is now poisoned (Pharm- aceuticals) . Still alive you may be cured for now. Or you are not cured, after the torture you are left to die a slow and agonizing death. It is cruel inhuman. Not an end with dignity.

Custodian-Guardian support preventive health consisting of diet, exercise and immunization. Surgery is a last resort medical procedure. Radiation treatment is torture not to be administered. Pharmaceuticals' are to be avoided, they are an unhealthy ripp-off. They all have side effects and are a great health risk to be avoided.

A Person unable to make a sandwich and eat it now or in the foreseeable future. May want to invoke the **1 GOD** decision making process (live or die) . Every person has the right to deny: treatment, food and drink (no liqued intake your dead in 2 day's) . Denying a person this right is torture, a crime, **MS R7** .

**1 GOD's** design is that everything in the Physical Universe has a beginning and end, including the human-body. Human compassion demands putting an end to suffering. Not 'artificially prolong' life. Artificially prolonging life is interfering with **1 GOD** 's design (the Soul's mission) .

To avoid being buried alive, cremation is a must. Cremation also frees the Soul. **Note!**  
Graveyards are a health-risk, a waste of land.



**Self inflicted killing (euthanasia, suicide) is a sign of a weak mind, a weak spirit. It is a Life-experience for the Soul. Other humans should not interfere unless there is a danger to others. 1 GOD will handle this on Judgment-Day. Helping a person to a self-inflicted killing is acceptable as long as the relevant court accepts that there is a death-wish. Severe suffering is torture. End it!! Note! Humans end it (compassion) for suffering animals. However they lack the same compassion for their own kind.**

## Ending life with dignity is a human right.

**1 GOD is waiting to hear from you !**

### Soul Prayer

Dear 1 GOD , Creator of the most beautiful Universe Please Welcome a member of our community A humble custodian guardian who struggled to be good A much loved person who fulfilled their mission Fire frees this Soul for Judgment-Day A unique Soul missed For the Glory of 1 GOD and the Good of Humankind



This prayer is used after a person died or any time. Is used at a End-Portal Ceromony of a Crematorium.



### Privilege 17 :

Have freely elected government !

Humans are social creatures. They like to belong.  
Freely elected committees fulfill this need. Leadership by 1 is Tyranny. Leadership by committee is fair.



Hereditary and Political-Tyranny are replaced with multi choice freely elected (1<sup>st</sup> past the post) governance. Governance represents HE, SHE with equal representation. Elected officials use the ' Law-Giver Manifest' as guide.

People are supporting freely elected Government by voting in elections. Not voting may result in radicals taking over Government and establishing a Tyranny (hereditary or political). Tyrants are removed caged, **MS R7**. 'Universe Custodian Guardians' support only 2 types of government, 'Province' (provincial) and 'Shire' (local).

After establishing a Province it is divided into 35 political districts. Each district elect 1 HE, 1 SHE to Parliament for a term of 4 years (Quattro years). The candidate (HE, SHE) with the most votes is elected. The 70 elected are known as Rulers. Custodian Guardian support independent's not parties.



The **7 Provinces** are governed by Central Committee (Parliament). This Parliament is made up of 70 Rulers. 36 Rulers form a Government. The Government Rulers are known as **Legislators** and non-Government Rulers are called **Checkers**. Checkers supply a Ruler-Umpire who Chairs' Parliament.

Rulers elect by secret vote a committee of 7 Legislators and 1 Ruler-Umpire. The Rulers 1<sup>st</sup> elect 1 HE, 1 SHE. Between them the 1 with the higher vote becomes 'Chief' Legislator. The other 'Checker Ruler-Umpire' (E.g. SHE is Chief, HE is Ruler-Umpire). Same amount of votes the more senior becomes Chief.

Next the Rulers elect 3 HE, 3 SHE Legislators. Same amount of votes the more senior become Legislators. The Chief disburses the 5 Commander's (Environment, Exterior, Interior, Knowledge, Shires) and 1 Auditor portfolios. The Province is now governed.

**Note!** Parliament's Ruler-Umpire is also auditing the Auditor. Parliament Accountability is paramount !

The Province creates a 'Shire'. The Province offers 3 'Advisers' to the 'Shire'. The 'Shire' council is made up of 3 'Advisers' and 2 'Kalifs' (1 HE, 1 SHE) 'Kalifs' are elected every 4 years on the 1st Day of Passover-Month, Quattro-Year \* by the 1st past the post system.

\* New-Age time-management, C-G Kalender



Custodian Guardian vote in all elections that they are eligible for.

## HOW to VOTE

The candidate to vote for:

A HE or SHE no younger than 28 or older than 70. Is or has been a parent.

Is an employee or volunteer or retired. Is mentally and physically fit. Has no University education.

Has not completed any caged Rehabilitation. Has no sexual disability (same gender, confused gender, child molesting) . Uses the 'Law-Giver Manifest' as their guide. Is a Custodian Guardian

## NOTE !

Custodian Guardian Supporters and Klan Elders may nominate, support, endorse and SHUN candidates in elections. Custodian Guardian Members (Zenturion, Praytorian, Proclaimer) cannot support, nominate or endorse candidates outside the 1Church administration.



**Voting is a civil-duty.**

**Freely elected Government is a human-right.**

After receiving earned 'Privileges'. It is time to learn about 'Failings'.

**AS it is WRITTEN It Shall BE**

**For the Glory of 1 GOD and the Good of Humankind!**

End