# "BIKER DOWN BIKER DOWN"

MOTORCYCLE PREPAREDNESS IN CASE OF MOTORCYCLE ACCIDENT OCCURRING DURING AN ORGANIZED RIDE NO MATTER HOW SMALL OR LARGE.

During any organized ride or a small group of riders running the roads, there is always the possibility of a traffic accident. Something that none of us ever want to have to experience while we are out enjoying our fellowship with fellow riders and their families. Unfortunately, it happens and we all need to be prepared how to handle the situation until both Law Enforcement and/or Medical help arrives to take over the scene.

I and some of the members of GA XVI have put together a presentation to assist in securing a scene of an accident prior to the arrival of help.

#### 1) Secure the scene.

- Designate one person to be Lead and in charge of the accident.
- (This person is to keep all notes, information to be given to the LEO that arrives, and be point of contact for all other riders assisting in the accident, as well as giving instructions for riders on what to do to assist.
- Set up a parameter around the vehicles protecting the full scene in itself.
- Have two designated riders handling/directing traffic safely around the vehicles and/or getting bystander vehicles safely off the roadway and out of the accident scene itself.
- Two people need to assist the drivers of vehicles and secure them away from each other as well as all other riders and any dangers from the road.

### 2) Person in charge at the scene should:

- Assess/secure the scene.
- Call 911.
- Designate riders on what to do and instruct them to do the following things and report back to him.
- Direct and clear Traffic.
- Locate all drivers of vehicles.
- Check for injuries (Minor/Major).
- Have drivers/witnesses separated.
- Obtain info on Drivers/Injured Persons/Witnesses.
- Take immediate photos.

There's also an initiative called First Bike On Scene which is a long-standing training course designed for bikers. Just Google for FBOS to find a course in your area.

We suggest you look at the Roadguardians site to learn how to deal with serious motorcycle accidents and injuries.

One life-saving medical kit is on <u>motosport.com</u>. This kit supplies for those who have had professional first aid training.

If involved in the accident DO NOT say anything that could put you at fault.

Follow up with your physician. ...

Do not talk about the accident with anyone, including your doctor.

Contact an Experienced Motorcycle Accident Attorney

If you have the space in your carrying case it's a good idea to carry a small tool kit and flares.

If you find yourself on the side of the road with mechanical issues, you'll want to increase your visibility to oncoming motorists.

Biker Down

RoadGuardians.org

First Bike On Scene (FBOS)

motosport.com

- Take pictures of the scene and be prepared to get information from the officer to send him the photographs.
- If there are any road signs, take pictures of signs or any other signs/visuals/or other identifying markers to place the vehicles back in position for the officer if there were any questions on the location of the vehilces.

#### 7) Lead Road Captain

- Contact 911 and advise them of details of accident.
- Location/time/how many vehicles/injuries/fatalities.
- Instruct riders on what you need them to do.
- Make an overall assessment of the accident to include how many vehicles/location/level of injuries and be prepared to give to the dispatcher while talking to them.
- When LEO/Medical personnel arrive, give them the full information you have obtained. To include location of drivers/witnesses/injuries/and any other pertinent information that LEO/Medical personnel will need.
- If any of the injured are from your group and will be transported to the hospital, notify any immediate relative that they request of what is going on.
- After LEO/Medical personnel release you from the scene then re-assemble your riders and leave the area.
- Make sure if it's one of your riders that is being transported for medical help designate someone to go to the hospital and keep updates as well as assisting family members arriving at the hospital. (Preferably your Chapter Chaplain)

Create and specify your own chapter or group Accident Scene Persons. There are many classes that can be taken with different organizations. The majority of us are all either active or retired LEO'S and have worked accidents on many occasions.

• Keep copious notes to turn over to LEO.

#### 3) Riders directing traffic:

- Secure the scene. Set out road markers at both sides of the accident and around vehicles that are involved.
- Move all unnecessary vehicles out of the roadway and out of any traffic hazards and safety.
- One rider at each side of the accident to direct traffic in a safe manner.
- Help to assist LEO and Medical Personnel up to the scene of the accident
- Assist LEO to direct traffic.

### 4) Riders locating drivers

- Locate the driver/s of each vehicle.
- Make sure they are not injured/if they are render first aid.
- If possible move them to a safe place and get them separated.
- If possible get their names and give to lead road captain.
- Help calm them down have them waiting for the LEO who arrives to handle accident.
- Keep drivers and witnesses separated from each other.

### 5) First aid riders

- Locate injured parties/assess injuries/ and move them to a safe location if possible.
- Identify which vehicle the injured is from.
- Be prepared to render first aid to all to also include if any injured are going in to shock.
- Treat serious injuries to minor injuries. ( treat more serious injuries first)
- Designate (if needed) other riders what to do to help you
- As soon as possible notify Lead Road Captain of what injuries so that he can update the dispatch of how serious or minor the injuries are.

## 6) **Photographer**

Blue Knights - Motorcycle Accident Prepardness

If you were to group motorcycle injuries together, you would find they differ from other outdoor sports or recreational activities. Motorcycling covers a wide range of environments and conditions. Here are a few of some of the most common motorcycle injuries followed by a brief description.

Common Injury/Common Cause

Sunburn Not wearing sunscreen or protection from the sun.

Heat Burn Not covering your body or touching a hot part of the motorcycle

Eye InjuryNot wearing eye protection

Cuts and AbrasionsMultiple causes of cuts from a motorcycle

Fractures Crashing a motorcycle

Sprained WristTrying to catch a falling motorcycle

Sprained Ankles Dropping the bike and using your legs to stand it back up

Road Rash Not wearing proper gear and wrecking the motorcycle

The following are the most common injuries riders face:

Burns

Eye injuries

Cuts, abrasions and scrapes

**Factures** 

Trauma to the head, neck, spine, chest and abdomen.

There are many additional injuries not listed here. It is meant it to give you an idea of what may happen. If it makes you think of other injuries, add them to your list. Make sure you have supplies in your first aid kit to help with these and other treatments.

Motorcycle Accident Checklist: What to Do After the Crash

Road Captain Should Take Charge and Deligate Other Members Actions.

\*The Road Captain or their designee should become the Primary Contact With arriving LEO

Call 911

Render first aid

Two (Minimum with Traffic Vest) to direct traffic

Deploy LED Road Flairs

Secure scene (UNTIL First Responders Arrival). Take charge of "Securing the Scene", to preserve evidence.

Check drivers

Photographer (Take Initial Scene Photos)

Video Scene

(Also ATL others that may have video of the accident)

Assist "Other" Driver (Stay With)

Locate witnesses ( Keep eye witnesses to stay and speak with LEO. Get contact info for others).

Keep ALL Non Involved Bikes and other vehicles away from Traffic lanes (Park Out of Accident Scene.)

Use Caution in Speaking to the Other Driver.

Keep a log of who did what upon your arrival and subsequent activities

First Aid Kit

"Biker Down" and other on-line websites Offer Ready-Made Motorcycle Trauma Kits

Contents should include:

Rubber gloves.

Scissors (for cutting through chaps, jeans and other clothing)

Bottle of saline to wash wounds.

Burn cream.

Cold compresses. Neosporin. Bandages, wraps and tape. CPR mouth cover. You should pack the absolute minimum to manage your risk. The list below includes advice from RoadGuardians.org. They said that, in order to prepare a helpful emergency kit for motorcycles, riders need to think about the types of injuries they may face after an accident. They suggest the following for a motorcycle emergency kit: Small Flashlights Two Coned Flashlights Small first aid book Nitrile gloves (like a doctor's gloves) Antimicrobial hand cleaner Sting relief/burn gel Band-Aids Antibiotic ointment Large (4"x4") sterile gauze pads Emergency blanket/Compact "Space Blankets" for Cover Sterile saline (with a squirt tip for irrigating) Instant cold pack(s) Glow stick(s) Trauma shears 1 or 2 rolls of 2" or 3" roll gauze Medical tape

**Tweezers** 

A power bank like the one in the car emergency kit

Cell phone adapter and cord

Jacket or rain poncho (These also come in very compact packaging.)

Water

Tourniquets (Minimum of 2)

A compact first aid kit easily fits in motorcycle storage compartments for quick access in the event of accident.

Kit Contents Include:

1pr Nitrile Gloves

1ea SWAT-T Tourniquet

1ea Emergency Pressure Dressing

1ea Compressed Gauze

1ea EMT Shears

1ea 18" SAM Splint

1ea Cohesive Wrap

1ea Triangular Bandage

1ea Waterjel Burn Dressing, 4" x 4"

2ea Light stick, Red

4ea 2" x 4" Adhesive Bandage

3ea Gauze Pad, 3" x 3", 2 per package

1ea Infectious Waste Bag

1ea Anti-Microbial Hand Wipe

Dimensions: 8" H x 9" W x 3" D

(Weight: 1 lb 2 oz)

We need to be prepared to help each other on the road, whether it's a friend who was burned on a pipe, someone with road rash, or worse. These supplies and skills are extremely important to render aid until emergency services arrive at the scene.

BikerDown has offered accident scene management classes in the past and will be offering more in the future.

The classes will cover everything from how to roll a body properly, how to remove a helmet from an unconscious rider, how to protect the scene, and more.