

Memory Care Program

Clarendon is a participating agency with the **NJ Adult Day Services Program for Persons with Alzheimer's Disease or Related Disorders (AADSP)**. Clarendon was selected for participation in the AADSP based on excellence in programming as well as outstanding training and certification of staff members.

Our memory care program is designed to help our members succeed. We don't require our participants to engage in activities or perform tasks that require skills that they no longer have. Instead, we focus on what they are capable of accomplishing, and build their days around those skill sets.

In addition to cognitive exercises and physical fitness programs, Clarendon focuses on socialization. Socialization is important in preventing or slowing the progression of dementia. More importantly, socialization can also help prevent isolation and depression. Alzheimer's and dementia patients may not be able to interact as well as they used to, but they can sense the attention and feelings they get from others as they socialize.

Our team members also undergo constant training on the many facets of caring for those with progressive dementias. Training includes topics such as managing behavior patterns, redirection techniques, medical issues and nutrition.

Finally, Clarendon provides a wide array of supports and services to family care givers. We offer services such as individual and family counseling, connections to community resources, and a formal family caregiver training program. We believe that each family is unique and we work to address each family's needs so that they can get access to the most support possible.

