



Coach: John Von Klopp
Club: Academy
Role: Coach
Qualf: USSF Youth (United States)

2V2 "And 2"



Date: 14/May/2020

Measurement: 10 x 10

Time: N/A:N/A

Players: 6

Duration: N/A

Level: U8 - U18

Objective: Win the ball - Hit the target - Keep the ball

Description: Make a side by side grid depending on the skill of your players. This area shown is one large area of 20X15 with a line splitting the 20 yards into two areas of 10X15. There are two neutral targets. Basically a 3V2 activity. Each area is designated to a particular team. The teams want to connect passes. Create a method of scoring. The objective for the defending team is to win the ball and get the ball to the target as quickly as possible. Then go to their area to keep possession. Change targets after some time or a particular score.

Coaching Points: Offense: Once winning the ball, hit that target quickly. Pass and Move. Take advantage of the extra player (target). Crisp/accurate passes. Defense: Pressure the player with the ball. When the player with the ball makes a pass, be sure to run with that player to prevent the return pass. "Win the ball and find the target on opposite side"

Progression: 1.) Have both targets used for both teams of 2. 2.) Make a particular number of passes required inside an area before being able to hit the ball to the furthest target. 3.) Play same game side by side then combine the two areas and groups (This game can be played with any number of players)