

Special needs affect the entire family.



**When a child has special needs,
families adjust their focus.**

Parents, Siblings, Grandparents, Friends, Caregivers

Who is supporting that support system?

The challenges of autism are real for the entire family. Autism support can be physically and emotionally exhausting, anxiety-filled and overwhelming. Family members even feel guilty for needing time away, or expressing their feelings. It's okay.

**Our psychological team understands
and is here to help.**

Support Groups and Individual Counseling

734.454.0866

www.bridgestherapy.com

