



MBCA LUNCH MENU

JAN

MON \$500-K \$550-G1-6	TUE \$500-K \$550-G1-6	WED \$250=1 \$400=2 \$550=3	THU \$500-K \$550-G1-6	FRI \$250=1 \$400=2 \$150 BREAD
9 FRIED CHICKEN WITH RICE & PEAS & VEG	10 Sweet & Sour Chicken Rice and Veg	11 CHEESE OR PEPPERONI PIZZA	12 BBQ CHICKEN WITH RICE & PEAS & VEG	13 BEEF OR CHICKEN PATTY OR COCO BREAD
16 Curried Chicken Rice and Veg	17 BAR-B-FRY CHICKEN WITH RICE & PEAS & VEG	18 CHEESE OR PEPPERONI PIZZA	19 BAKED CHICKEN WITH RICE & PEAS & VEG	20 BEEF OR CHICKEN PATTY OR COCO BREAD
23 FRIED CHICKEN WITH RICE & PEAS & VEG	24 Sweet & Sour Chicken Rice and Veg	25 CHEESE OR PEPPERONI PIZZA	26 BBQ CHICKEN WITH RICE & PEAS & VEG	27 BEEF OR CHICKEN PATTY OR COCO BREAD
30 Curried Chicken Rice and Veg	31 BAR-B-FRY CHICKEN WITH RICE & PEAS & VEG	1 CHEESE OR PEPPERONI PIZZA	2 BAKED CHICKEN WITH RICE & PEAS & VEG	3 BEEF OR CHICKEN PATTY OR COCO BREAD