

Co-Occurring Disorder Series 2019

Beaver Valley Intermediate Unit
147 Poplar Drive
Monaca, Pa 15061

1/11/2019	Becoming a Competent Co-Occurring Clinician: An Overview
1/25/2019	The Importance of Co-Occurring Screening & Assessment in All Settings
2/8/2019	Moving Co-Occurring Clients Through the Stages of Change
2/14/2019	Cultures Co-Occurring Disorders Do Not Discriminate: A Look at Special Populations
3/8/2019	Effective Group Approaches for Co-Occurring Clients
3/22/2019	Helping Co-Occurring Clients Manage Medication
3/29/2019	Engaging Families to Improve Co-Occurring Outcomes
4/5/2019	Documentation: Assessment, Treatment Plans & Progress Notes
4/12/2019	Suicide & Violence in the Mental Health & Addiction Cultures
4/26/2019	Self-Care as an Ethical Priority

Presented by Jill Perry

Counselor, MS, NCC, LPC, CAADC, SAP

All courses are approved for:

- Social Workers through the University of Pittsburgh School of Social Work
- CEUs for Mental Health Professionals

This training series is **FREE** and open to Beaver County providers, consumers and family members. Pre-registration is **required**. Please use registration form at the end of this flyer.

Sponsored by Beaver County Behavioral Health

Becoming a Competent Co-Occurring Clinician: An Overview

January 11, 2019

9am – 4pm

This introductory session is an overview of the Co-Occurring Disorder Series. The training focuses on evidence-based models that treat mental health issues and substance abuse disorders concurrently and collaboratively.

The Importance of Co-Occurring Screening & Assessment in All Settings

January 25, 2019

9am – 4pm

Screening and assessment for co-occurring disorders is essential for quality treatment in various settings. Participants will learn how to use accurate diagnoses as tools to make treatment efforts more successful.

Moving Co-Occurring Clients Through the Stages of Change

February 8, 2019

9am – 4pm

Prochaska and DiClemente's Stage Theory is a highly-researched model that is helpful when working with clients with mental health issues and substance use disorders. This training will review the various processes of change, as well as techniques to help clients move forward in their overall recovery.

Co-Occurring Disorders Do Not Discriminate: A Look at Special Populations

February 14, 2019

9am – 4pm

Understanding the generalities of co-occurring disorders is not enough. Clinicians must also be aware of how various sub-cultures are impacted in different ways. This training will cover a review of the following special populations: adolescents, older adults, military & vets, LGBTQ.

Effective Group Approaches for Co-Occurring Clients

March 8, 2019

9am – 4pm

There are significant advantages to using group approaches when working with clients with mental health and substance use disorders. This training will review the ideal group dynamics, as well as the reality of the groups clinicians are required to conduct. In addition, the benefit of self-help groups, such as 12-step groups, will be discussed.

Helping Co-Occurring Clients Manage Medication

March 22, 2019

9am – 4pm

Medications are often a helpful, and sometimes necessary, tool when working with co-occurring clients. This training will educate clinicians about the basics of medications for mental health issues, as well as substance use disorders. A review of how to help clients navigate their medication disclosure, including in a 12-step environment, will also be discussed.

Engaging Families to Improve Co-Occurring Outcomes

March 29, 2019

9am – 4pm

Family dynamics have a significant impact on the success of treatment and recovery for individuals dealing with co-occurring disorders. This training will review methods to positively engage families and help them strengthen and grow. In addition, we will focus on relapse issues that can be impacted by dysfunction in the family and how to teach skills to clients to cope with dynamics they cannot change.

Documentation: Assessment, Treatment Plans, & Progress Notes

April 5, 2019

9am – 4pm

Accurate and thorough documentation of client mental status, planning and progress is an important part of any clinician's role. This training will focus on integrating these documents efficiently in order to provide ease of collaboration, as well as protection for staff.

Suicide & Violence in the Mental Health & Addiction Cultures

April 12, 2019

9am – 4pm

Mental Health and substance use issues can be precursors to suicide and violence. This training will look at this connection and help clinicians examine their own views. In addition, participants will review the importance of on-going screening and assessment regarding suicide and violence while treating clients with dignity.

Self-Care as an Ethical Priority

April 26, 2019

9am – 4pm

How we deal with our own lives impacts how we work with clients. Behaviors from clients with mental health issues and substance use disorders can trigger our unhealed wounds. This training will look at the importance of self-care in regards to ethics.

All courses are approved for 6 credit hours, this includes:

- **Social Workers through the University of Pittsburgh School of Social Work**
- **Continuing Education Units (CEU) for Mental Health Professionals**

Registration form for the COD Series 2019

@ BVIU

This Beaver County training series is free of charge, but pre-registration is required, as space is limited.

Last FIVE digits of social security number: (For credits only) _____

First Name: _____ Last Name: _____

Agency: _____

Address: _____

City: _____ Zip: _____

Email: _____

Supervisor Name & Email: _____

Please indicate which training(s) you would like to attend:

- a) 1/11/19 _____ Becoming a Competent Co-Occurring Clinician: An Overview
- b) 1/25/19 _____ The Importance of Co-Occurring Screening & Assessments in All Settings
- c) 2/8/19 _____ Moving Co-Occurring Clients Through the Stages of Change
- d) 2/14/19 _____ Co-Occurring Disorders Do Not Discriminate: A Look at Special Populations
- e) 3/8/19 _____ Effective Group Approaches for Co-Occurring Clients
- f) 3/22/19 _____ Helping Co-Occurring Clients Manage Medication
- g) 3/29/19 _____ Engaging Families to Improve Co-Occurring Outcomes
- h) 4/5/19 _____ Documentation: Assessment, Treatment Plans & Progress Notes
- i) 4/12/19 _____ Suicide & Violence in the Mental Health & Addiction Cultures
- j) 4/26/19 _____ Self-Care as an Ethical Priority

Please indicate what type of credit you are requesting:

_____ Social Work

_____ CEU

If you have any questions regarding the training series

Please contact Jennifer Boeringer

412-244-1244

Please return completed registration form to:

Jennifer@etc-pa.com

Or by fax: 412-244-1244