

The main cause of **COPD** in developed countries is tobacco smoking. In the developing world, **COPD** often occurs in people exposed to fumes from burning fuel for cooking and heating in poorly ventilated homes. **COPD** symptoms often don't appear until significant lung damage has occurred, and they usually worsen over time, particularly if smoking exposure continues.

**Horizon Health Network** will work with your doctor to find the medications right for you to treat the symptoms and complications of **COPD**. Getting on a regular schedule of medications can help manage your symptoms.