

# 2019

# November

## Hampshire Township Seniors on the Go

Call Trudy for a ride or to RSVP for an event. 224-828-0303

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	01 Elgin Senior Center Bingo W/Breakfast P/U's 9:15am	02
03	04 Crafty Seniors 11:00-1:00 Township Bldg	05 LRC at the Township 11am, P/U 10:30am Restorative Sr. Yoga 4pm Twnship Bldg	06 Walmart Run P/U begins at 9:15am	07 Sr. (Chair) Yoga Township Bldg 10am Grand Victoria Casino Departs P/O 10:30	08 Hampshire Bingo at Township - Sack lunch 11am PU begins at 10:30am	09
10	11	12 Elgin Township Bingo Brkfst 1st P/U 9:15 am Restorative Sr Yoga 4pm Twnship Bldg	13 Walmart Run P/U begins at 9:15am Hampshire/Burlington Luncheon 12pm	14 Sr. (Chair) Yoga Township Bldg 10-10:45am	15 Elgin Senior Center Bingo W/Breakfast P/U's 9:15 am	16
17	18 Alzheimer Support Group 2-4 Twsp Bldg Functional Fitness - Twsp Bldg 10:00am	19 Algonquin Shopping P/U 9:30am Restorative Sr. Yoga 4pm Twnship Bldg	20 Walmart Run P/U begins at 9:15am	21 Sr. (Chair) Yoga Township Bldg 10-10:45am	22 Odeum Craft Fair Depart P/O 10am	23
24	25 LRC Township 11am, P/U 10:30am	26 Walmart Run P/U begins at 9:15am Restorative Sr. Yoga 4pm Twnship Bldg	27	28 HAPPY THANKSGIVING	29	30

01	02	<p><b>EVENT TRANSPORTATION</b> - Contact Trudy at 224-828-0303 <b>MEDICAL TRANSPORT</b> - Contact Maureen at 224-828-0446</p> <p><b>SPECIAL EVENTS:</b> <b>Nov 4 Crafty Seniors</b> 11:00-1:00 We are making Fall Homemade Treats RSVP 11/1</p> <p><b>Nov 7th - Grand Victoria Casino</b> Give lady luck a try. \$5.00 Departs P/O 10:30 RSVP 11/1</p> <p><b>Nov 18th Functional Fitness -Presented by a</b> Sharon Araneta from Maxicare physical therapy will teach the essential types of exercises for optimal aging, RSVP 11/3 .</p> <p><b>Nov 22 - Odeum Craft Fair</b> Where else can you shop from Hundreds of Artists &amp; Crafters from 30 states? This is one incredible event you won't want to miss. Depart P/O at 10am. Cost is \$15</p> <p><b>UPCOMING EVENTS - December 4th Ornament Exchange Pot Luck</b> 11:00 bring a \$10 ornament and dish to pass. Watch for the ornament thieves!</p>
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