



Weekly Specials!



Available Week Ending 3/16/19

1449 Yamato Rd, Boca Raton
Lifetime Fitness/Hampton Inn Plaza

(561) 998-GOOD (4663)

Fast Free Delivery! \$10 Minimum

www.frescofoodworks.com

Large Orders? Save time Fax them in! 995-8339

Hand Crafted Perfection!

Breakfast Specials!

Available 7am-10:30am

- #A St. Paddy's Breakfast Panini** \$6.79
Corned Beef, Eggs, Swiss, touch of mustard, on grilled Ciabatta
- #B Sausage, Ham, Egg, & Cheddar Melt** \$6.39
Eggs, Sausage, Vermont Cheddar, Black Forest Ham on a Grilled Multi-grain
- #C Chicken Florentine Breakfast Pita** \$6.69
Chicken, Pesto, Sauteed Spinach, Tomato, eggs, Provolone on Pita
- #D Roast Beef, Cheddar Breakfast Wrap** \$6.29
Roast Beef, Eggs, Peppers, Sauteed Onion, Cheddar on Wrap

Natalie's Fresh Orange Juice — **Martinelli Apple**

Tropicana Cranberry — **Monster Energy**

Lunch Specials!

- #1 St. Paddy's Cornedbeef Panini** \$8.99
Classic Traditional Ciabatta
Boar's Head Deli Mustard
Boar's Head Corned Beef
Boar's Head Swiss
Boar's Head Sauerkraut
- #2 Chicken Parmesan Sub Baguette** \$8.79
Traditional Baked on Premise Sub Baguette
Or own Recipe Marinara
Breaded Chicken Cutlets
Boar's Head Mozzarella
Shredded Parmesan
- #3 Chicken Florentine Flatbread** \$8.69
Fresh Naan Flatbread Pita
Our famous Pesto infused Mayo
Fresh cooked on premise all natural Chicken Breast
Sautéed Baby Spinach **served Hot & Delicious!**
Sliced Tomato
Boar's Head Provolone
- #4 The Ultimate Roast Beef Wrap** \$8.69
Fresh Traditional Wrap
Our creamy Horseradish Mayo
Fresh Mixed Greens
Sliced Tomatoes
Sweet Peppers & Red Onions
Sliced Boar's Head Roast Beef
Boar's Head Vermont Cheddar

- #5 Mediterranean Tuna Salad** \$9.49
Fresh Mixed Greens (*delivered FRESH DAILY as always!*)
Grape Tomatoes
Cucumbers
Red Onions **served with side of Mediterranean Vinaigrette**
Our Famous made on Premise daily 100% Albacore Tuna Salad
Feta
Kalamata Olives, Roasted Red Peppers, Pepperoncini

100% Idaho Russet Stuffed Baked Potatoes

- Bacon & Cheese Spud** - Applewood Smoked Bacon & Cheddar \$5.99
- Chili Cheese Spud** - Beef & Black Bean Chili smothered with Cheddar \$6.99
- The Plain Jane Spud** - served with a side of Sour Cream & Butter \$3.99
- Chicken Florentine Spud** - Chicken, Baby Spinach, Provolone \$6.99

ALL Natural Smoothies!

- Tropical Passion** - Passion Fruit, Pineapple, Coconut, & Banana
- Trade Winds** - Mango, Pineapple and Coconut
- Banana Berry Blast** - Banana, Strawberry, Mixed Berries
- Straw-nana** - Strawberry, Banana
- Maui Breeze** - Pineapple, Coconut, Banana
- Key West Sunset** - Mango, Banana, Passion Fruit
- Verry Berry** - Strawberry, Raspberry, Mixed Berries

Add Shot Protein .99

Add Spinach .99

Add Peanut Butter .99

Add Kale .99



Our Website is now Mobile!
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Smart Phone to Go to our
Website!

Fresh Soups!



Boar's Head

Fresco Foodworks will Professionally Cater your Corporate Meeting or Event!

www.frescofoodworks.com

N.Y. Bagel & Cream Cheese Platter **\$24.99**
Assortment of Fresh Warm Bagels served with sides
of Plain, Chive & Onion, Whipped Butter & Assorted Jellies *serves 12*

Deluxe Continental Platter **\$36.99**
Assortment of Bagels, fresh Baked Danish,
Croissant, Turnovers, & Muffins *serves 8-10*

Sweet Tooth Platter **\$24.99** **\$36.99**
Assortment of fresh baked *serves 8-10* *serves 16-20*
Danish, Brownies, Blondies,
Cookies & Muffins

Gourmet Muffin Platter **\$15.99** **\$34.99**
Assortment of fresh warm Muffins *serves 7-8* *serves 15-17*

Homemade Danish Platter **\$32.99** **\$53.99**
Assortment of freshly Baked Warm Danishes *serves 8-10* *serves 16-20*

Breakfast Wrap Platter **\$46.99**
Assortment of Breakfast Wraps filled with fresh scrambled eggs, assorted
Cheeses, Boar's Head Ham, Applewood Bacon, & Sausage

Croissant Sandwich Platter **\$44.99**
All Butter Croissants filled with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Applewood Bacon, Ham, Sausage & Cheese

Bagel Sandwich Platter **\$42.99**
Fresh Toasted Bagels with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Cheese, Sausage, Ham & Applewood Bacon

Multi-Grain Sandwich Platter **\$45.99**
Fresh Multi-Grain Sandwich Bread, Eggs *serves 8-10*
American, and an assortment of Cheese,
Ham, Sausage & Applewood Bacon

Breakfast Combo Platter **\$49.99**
A combination of fresh Breakfast Wraps, *serves 8-10*
Croissants, Panini's, & Bagel Sandwiches

Fresh Tropical Fruit Salad Platter **\$39.99** **\$69.99**
Assortment of Hand cut Pineapple, Melons, *serves 8-12* *serves 18-22*
Grapes, Oranges, etc

Scrambled Egg Platter *serves 15-20* *serves 30-40*
\$39.99 **\$69.99**

Breakfast Sausage Platter **\$29.99** **\$59.99**

Applewood Bacon Platter **\$28.95** **\$57.95**

Breakfast Potato Platter **\$29.99** **\$59.99**



Salad Platters

	<u>Bowl</u> <i>serves 8-10</i>	<u>Full Tray</u> <i>serves 16-20</i>
• Mediterranean Chicken Salad	\$39.99	\$75.99
• Mandarin Chicken Salad		
• Santa Fe Ranch Salad		
• Chef Salad		
• Antipasto Salad		
• Caprese Salad		
• Tuna/Chicken Salad/Chicken Fresco		
• Caesar Classico		
• Baby Spinach & Gorgonzola		
• Garden Salad	\$33.99	\$65.99
• The "Cobb" Salad	\$44.99	\$79.99

Sandwich Platters

Sub Baguette Platter **\$56.99**
Assortment of overstuffed cut Sub Baguettes *Serves 8-10*
on our Famous cooked on premise
Sub Baguettes Traditional & Wheat

Gourmet Wrap Platter **\$56.99**
Assortment of our tasty Wraps on Spinach, *Serves 8-10*
Whole Wheat & Traditional Wraps

Sandwich Platter **\$57.99**
Assortment of overstuffed Sandwiches *Serves 8-10*
on mixed Artisan Breads

Hot Gourmet Panini Platter **\$59.99**
Assortment of Panini on Traditional *Serves 8-10*
& Multi-Grain Ciabatta

Croissant Sandwich Platter **\$57.99**
Assortment of Buttery Croissant *Serves 8-10*
Sandwiches

Combination Platter **\$60.99**
Assortment of overstuffed Sandwiches, *Serves 8-10*
Wraps, & Sub Baguettes on one Delicious Platter

Breakfast & Lunch Catering Available

Please allow 24 hour notice for us to professionally prepare your order
Call after 3:00 for details

561-998-4663

Soups

Our Delicious Homemade Soups delivered in an insulated Container

\$28.99
1/2 Gallon Serves 6-10

\$54.99
1 Full Gallon Serves 12-20