

AUGUST 2019

	Mon 5	Tues 6	Wed 7	Thurs. 8	Fri. 9
A.M. Snack 8:00-8:45	Cereal Milk	Fruit Graham Cracker Water	Cinnamon Bar Milk	Nutri Grain Bar Milk	Cereal Milk
Lunch 11:00-12:00	Tomato Soup Crackers Cheese Stick Carrots/Celery Oranges Milk	Sausage Chunks Butter Bread Peas and Carrots Apple/Applesauce Milk	Salisbury Steak Mashed Potatoes Dinner Roll Peaches Milk	Scrambled Eggs Pancake Cubed Potatoes Strawberries Milk	Chicken Noodle Soup Crackers Green Beans Assorted Fruit Milk
P.M. Snack 2:45-3:30	Mini Rice Cakes Milk	Brownies or Cookies Milk	Muffin Juice	Chips & Salsa Milk	Cracker Mix Juice
	Mon 12	Tues 13	Wed 14	Thurs 15	Fri 16
A.M. Snack 8:00-8:45	Pop Tart Milk	Waffles Milk	Granola Bar Juice	Bagels/Cr. Cheese Milk	Yogurt w/ Fruit Water
Lunch 11:00-12:00	Chicken Patty Bun Broccoli Cheese Sauce Banana Milk	Chicken and Rice Bake Peas Strawberries Milk	Grilled Cheese Sandwiches Tator Tots Blueberries Milk	Spagetti with Meat Sauce Green Beans Peaches Milk	Hot Dog with a Bun Hash Browns Assorted Fruit Milk
P.M. Snack 2:45-3:30	Pretzels Milk	Vanilla Wafers Milk	Cheese Apple Slices Water	Goldfish Juice	Cinnamon Bar Milk
	Mon 19	Tues 20	Wed 21	Thurs 22	Fri 23
A.M. Snack 8:00-8:45	Cereal Milk	French Toast Milk	Jelly Bread Milk	Cinnamon Rolls Milk	Oranges Milk
Lunch 11:00-12:00	Sausage Link Cubed Potatoes Biscuit Applesauce Milk	Cold Meat Slices Macaroni and Cheese California Blend Peaches Milk	Sloppy Joe with a Bun Corn Fruited Jello Milk	Beef Vegetable Soup Crackers Cheese Cubes Pineapple Milk	Cream of Chicken Mashed Potato Butter Bread Melon Milk
P.M. Snack 2:45-3:30	Cheese It's Juice	Graham Crackers Milk	Celery/Carrot Stick Crackers Water	Pudding Juice	Apples w/ Caramel Milk
	Mon 26	Tues 27	Wed 28	Thurs 29	Fri 30
A.M. Snack 8:00-8:45	Granola Bars Milk	Pop Tart Milk	Cereal Milk	Muffin Juice	Donuts Milk
Lunch 11:00-12:00	Fish Sticks French Fries Dinner Roll Fruit Cocktail Milk	Cold Meat Sandwich Assorted Veggies Oranges Milk	Hot Dogs with Baked Beans Butter Bread Melon Milk	Grilled Chicken Noodles Broccoli/Cheese Sauce Pears Milk	Meatloaf Pasta Salad with Veggies Assorted Fruit Milk
P.M. Snack 2:45-3:30	Animal Crackers Juice	Townhouse Crackers Milk	Cheese Slice Crackers Water	Pretzels Milk	Banana Milk

* Snacks include 2 of the food groups

*Lunch includes at least 1 serving of each of the food groups

*All Juice is 100% Juice

*1% or Vit. D. Milk always served with Lunch