

Tips gleaned from *Entwined by Adoption: Our
Our Story of Infertility, Teen Pregnancy and Faith*

Seven Tips to Navigating the Infertility Delay

1. Avoid the blame game.

We are all sinners. Satan is a liar and thrives on causing guilt and division. Don't listen to thoughts that blame anyone for infertility or thoughts that rob you of your hope and joy.

2. Keep an open mind.

God often uses the delay in infertility to prepare us for something unique. Sometimes His perfect plan for us lies in adoption.

3. It is wise for husbands to pray often for their wives.

You have no idea what a blessing your prayers are to your wife. It tells her she is not in this trial alone. It gives her the feeling that you are in this together. But most of all, guys, your prayers may be the very thing that moves the hand of God!

4. Keep the faith.

Develop an unshakeable faith in God. He knows His plans for you. Often, He uses infertility to announce a special calling upon the child.

5. Pray.

Don't just pray for a child. Develop an active prayer life that enhances your relationship with the Lord. He is truly on your side. Keep your antennae up for those who need prayer and keep your focus outward by praying often for them.

6. Have a ministering heart.

Focus your energy on ministering to others needs. It is a good habit to get into anyway. Besides that, our joy can be drained away by an inward focus. Much of the pain of infertility can be lessened by winning the battle of the mind. We have the choice whether to dwell on thoughts that bring us down or to choose to think about the needs of others. Also, build plans for a bright future with or without a child. Don't allow your life to stagnate while you wait for a child.

7. Keep in mind Gen 18:14, always.

"Nothing is too difficult for the Lord." Abraham was 100 years old and Sarah 90 when Isaac was born. Now that's delay!