

NASHVILLE ACADEMY OF REFLEXOLOGY
Professional Reflexology Certification Program
FASTRAC SCHEDULE – 200 Hours
2019 CALENDAR – SPRING SESSION
March 19 – May 23

MARCH		Hours
T - March 19	9a-1p CPR/ First Aid for those who are not certified already	(4) not counted in the 200
W – March 20	10:00a –4:00p Orientation Intro to Reflexology	2 3
R - March 21	8:00a – 4:30p	7.5
T - March 26	8:00a – 4:30p	7.5
W – March 27	8:00a – 4:30 p	7.5
R – March 28	8:00a – 4:30 p	3 4.5 C
APRIL		
T – April 2	8:00a – 4:30p	3 4.5 C
W – April 3	8:00a – 4:30p	7.5
R – April 4	8:00a – 4:30p	3 4.5 C
T – April 9	8:00a – 4:30p	3 4.5 C
W – April 10	8:00a – 4:30p	7.5
R – April 11	8:00a – 4:30p	3 4.5 C
T – April 16	8:00a – 4:30p	3 4.5 C
W – April 17	8:00a – 4:30p	7.5
R – April 18	8:00a – 4:30p	3 4.5 C
T – April 23	8:00a – 4:30p	3 4.5 C
W – April 24	8:00a – 4:30p	7.5
R – April 25	8:00a – 4:30p	3 4.5 C
T - April 30	8:00a – 4:30p	3 4.5 C
MAY		
W – May 1	8:00a – 4:30p	7.5
R – May 2	8:00a – 4:30p	3 4.5 C
T – May 7	8:00a – 4:40p	3 4.5 C
W – May 8	8:00a – 4:30p	7.5
R – May 9	8:00a – 4:30p	3 4.5 C
T – May 14	8:00a – 4:30p	3 4.5 C
W – May 15	12:00p –4:30p	4.5
R – May 16	8:00p –4:30p	3 4.5 C
T - May 21	12:00p –4:30p	4.5 C
W – May 22	8:00 – 11:00a Testing	3
R – May 23	12:00 - 3:00p	3 C
Total Hours		
Orientation		2
CPR/First Aid		(4)
Classroom		123
Clinic Hours		75
TOTAL HOURS		200