

Medicare Wellness Visit (female form)

Patient's name: _____ D.O. B ____/____/____ Exam Date: _____

Primary Care Provider: _____

Allergies & Reactions: _____

| | Never | Former | Current | If yes, how much per day? | How many years of Tobacco Use? |
|---------------------|-------|--------|---------|---------------------------|--------------------------------|
| Tobacco Use-Smoking | | | | | |
| Tobacco Use-Chewing | | | | | |
| Alcohol Use | | | | | |
| Drug Use | | | | | |

Current list of providers/specialists and suppliers

| Name | Specialty | Reason |
|------|-----------|--------|
| | | |
| | | |
| | | |

Family History: Particularly Parents, Grandparents, Siblings (check those that apply)

| Condition: | X | Relative: |
|-------------------------|---|-----------|
| Alcoholism | | |
| Arthritis | | |
| Cancer | | |
| Diabetes | | |
| Heart Disease | | |
| High Cholesterol | | |
| High Blood Pressure | | |
| Liver or Kidney Disease | | |
| Obesity | | |
| Stroke | | |
| Thyroid Disease | | |
| OTHER: | | |

Immunizations: Please give dates and locations of Immunizations/Vaccines:

| VACCINE: | DATE: | FACILITY: |
|--------------------------------------|-------|-----------|
| Tetanus | | |
| Pneumonia (Pneumovax 23, Prevnar 13) | | |
| Shingles (Zostavax) | | |
| Flu (Influenza) | | |

Surgical History: List any surgeries you have had performed:

| SURGERY: | PROVIDER/FACILITY: | DATE: |
|----------|--------------------|-------|
| | | |
| | | |
| | | |
| | | |

Screens/Tests: Please give dates and locations of Screens/Testing

| TEST: | PROVIDER/FACILITY: | DATE LAST DONE: |
|------------------------|--------------------|-----------------|
| Colonoscopy | | |
| Eye Test for Glaucoma | | |
| Pap Test | | |
| Mammogram | | |
| Lab: Cholesterol Panel | | |
| Lab: Glucose | | |

| If you are Diabetic: | | |
|-----------------------------|--|--|
| Retinal Eye Exam | | |
| Urine Microalbumin | | |
| Lab: Hemoglobin A1c | | |

How would you rate your overall health? **Poor Fair Good Very Good Excellent**

Are you on a Special Diet? **YES NO** If "Yes", what type?

How many times/week do you exercise? _____ Duration? _____ Type? _____

Circle any Assistive Devices you use: **Glasses Contacts Hearing Aides Cane Walker Wheel chair
Dentures Upper Dentures Lower**

Memory:

1. Do you have trouble remembering what month or day it is? **YES NO**
2. Do you have trouble remembering appointments? **YES NO**

Hearing loss screen

1. Do you have trouble hearing the TV or radio when others don't? **YES NO**
2. Do you have to strain or struggle to hear/understand conversations? **YES NO**

Function screen

1. Do you need help with preparing meals, housekeeping, transportation, shopping, taking your meds, managing finances, or other activities of daily living? **YES NO**
2. Do you need help with dressing, bathing, or walking? **YES NO**
3. Do you live alone? **YES NO**

Fall Screen

1. Have you had more than one fall in the last year? **YES NO**
2. Have you had an injury from a fall in the last year? **YES NO**

Home safety screen

1. Does your home have rugs, poor lighting, or a slippery bathtub/shower? **YES NO**
2. Does your home have grab bars in bathrooms, handrails on stairs or steps? **YES NO**
3. Does your home have functioning smoke alarms? **YES NO**

Do you have an Advanced Care Plan such as a Living Will or POST? YES NO

If "no", would you like to discuss a plan today? **YES NO**

Advanced Care Planning Consent: "I consent to discuss end-of-life issues with my healthcare provider."

Patient/Guardian Signature

Date