

Friday, May 18, 2018

Competition Schedule 2018 SSI



There will be two sets of equipment, except floor. Teams will warm up and compete on the same set of equipment. Flight (equipment) A will warm up first and while Flight A is competing, Flight (equipment) B will warm up. Each round will be split in half. The judges will move from A to B with the next group of 5-8 gymnasts, which will keep the meet moving. Example: Bars: NJ(6) warms up- compete; as NJ(6) is competing, IL (5) will be warming up then compete, while IL(5) is competing NJ(6) will be warming up.

Warm Up Procedures:

Vault: Gymnasts will have 3 attempts to go over the vault table. Included in this is any touch of the vault table, even if only standing on the table and jumping off.

Uneven Bars and Balance Beam will have a warm up block of 90 seconds per gymnast.

Floor: There will be a tumble strip for the floor competitors to warm up on prior to their rotation. There will be 3 minutes blocked for the first 3 gymnasts that will be competing in the entire meet (not round) and after that there will be a continuous bump touch for next 5 floor competitors in the remainder of the meet. Each athlete needs to be ready and watching to see when they will be bump touching so as to not miss their bump in. If a gymnast does not feel she has received proper amount of warm up time in the bump touch she may ask the judge for an additional time not to exceed 10 seconds per athlete.

Teams on Flight (Equipment)A= WI, NJ, MI, MA

Teams on Flight (Equipment) B=WA, TX, IN, VA, CT, IL

	FLIGHT A					FLIGHT B			
	VAULT	BARS	BEAM	FLOOR		VAULT	BARS	BEAM	FLOOR
Round 1	WI 7	NJ6	MI 7	MA8	R1	WA 5	IL 5	CT 5	TX7
	WI 7	NJ6	MI 6	MA7		WA5	IL 5	CT 5	IN3/VA3
Round 2	MA8	WI 7	NJ6	MI 7	R2	TX7	WA 5	IL 5	CT 5
	MA7	WI 7	NJ6	MI 6		IN3/VA3	WA5	IL 5	CT 5
Round 3	MI 7	MA8	WI 7	NJ6	R3	CT 5	TX7	WA 5	IL 5
	MI 6	MA7	WI 7	NJ6		CT 5	IN3/VA3	WA5	IL 5
Round 4	NJ6	MI 7	MA8	WI 7	R4	IL 5	CT 5	TX7	WA 5
	NJ6	MI 6	MA7	WI 7		IL 5	CT 5	IN3/VA3	WA5

Floor competition order will be as follows:

MA(15), TX(7), IN(3), VA(3), MI(13), CT(10), NJ(12), IL(10), WI(14), WA(10)

Updated-5/7/18 8:55am

5/7/18