

Holli-Hills January 2019 Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
December 31 - January 4	AM Snack:			Biscuits	Cinnamon Toast	Toasted Oats
	Lunch:	CLOSED	CLOSED	Chicken Nuggets Brown rice Carrots Pineapple Milk	Bean and cheese on Corn tortilla Mixed Vegetables Pears	Turkey and cheese on Wheat bread Spinach Apples
	PM Snack:			Gold fish Milk	Graham crackers Milk	Animal Crackers Milk
January 7-11	AM Snack:	Waffles	Oatmeal	Nutrigrain Bar	Toasted Oats	Cinnamon Toast
	Lunch:	Bean and cheese on Corn tortilla Green beans Pears	Chicken Nuggets Macaroni and cheese Corn Apples	Turkey and cheese on Wheat bread Spinach Oranges	Pinto Beans Corn Tortilla and cheese quesadilla Carrots Fruit Cocktail	Fish sticks Garlic bread Baked tater tots Bananas Milk
	PM Snack:	Cheese Crackers Milk	Grilled Cheese	Graham crackers Milk	Animal Crackers Milk	Gold fish Milk
January 14-18	AM Snack:	Oatmeal	Toasted Oats	Biscuits	Cinnamon Toast	Waffles
	Lunch:	Bean and cheese on Corn tortilla Green beans Pears	Turkey and cheese on Wheat bread Spinach Apples	Chicken Nuggets Brown rice Carrots Pineapple Milk	Bean and cheese on Corn tortilla Mixed Vegetables Pears	Fish sticks Garlic bread Baked Cut Fries Bananas Milk
	PM Snack:	Animal Crackers Milk	Pretzels Milk	Gold fish Milk	Graham crackers Milk	Grilled Cheese
January 21-25	AM Snack:		Oatmeal	Nutrigrain Bar	Toasted Oats	Cinnamon Toast
	Lunch:	CLOSED	Chicken Nuggets Macaroni and cheese Corn Apples	Turkey and cheese on Wheat bread Spinach Oranges	Pinto Beans Corn Tortilla and cheese quesadilla Carrots Fruit Cocktail	Fish sticks Garlic bread Baked tater tots Bananas Milk
	PM Snack:		Grilled Cheese	Graham crackers Milk	Animal Crackers Milk	Gold fish Milk
January 28 - February 1	AM Snack:	Oatmeal	Toasted Oats	Biscuits	Cinnamon Toast	Waffles
	Lunch:	Meatballs Spaghetti Green beans Peaches Milk	Turkey and cheese on Wheat bread Spinach Apples	Chicken Nuggets Brown rice Carrots Pineapple Milk	Bean and cheese on Corn tortilla Mixed Vegetables Pears	Fish sticks Garlic bread Baked Cut Fries Bananas Milk
	PM Snack:	Animal Crackers Milk	Pretzels Milk	Gold fish Milk	Graham crackers Milk	Grilled Cheese

Food Group Key:

Milk Lean Meat/ Meat Alternative Vegetable Fruit Whole Grains

Note: Water is available with every meal and throughout the day